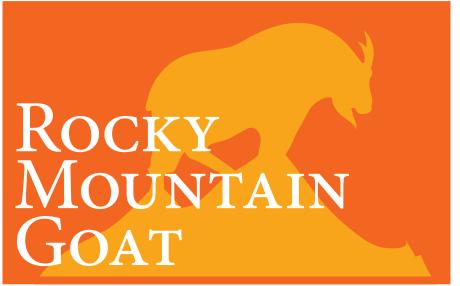


Local play hits the stage



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Tete Jaune fires More passing lanes needed Rainbow Pass rock arch P6 Brighter lights for McBride's Main

> Thursday May 25th 2023 Volume 28 Issue 19 PM42164515

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# **Ancient Forest/** Chun T'oh Whudujut Park in need of trail repair

By Andrea Arnold

The Ancient Forest/Chun T'oh Whudujut Park trail system is in need of clean up and maintenance after winter. As of Mother's Day, there were several spots along the trail that had either been shattered by fallen trees or completely blocked by tree trunks and debris.

The 450-metre boardwalk that was created to be an accessible way to access the park has been broken, the rails shattered where a tree landed across it. The tree has been removed, but the damage is extensive enough that getting a wheelchair or even a stroller across the area would be difficult. The damaged area is beyond the bridge at the first creek crossing, but prevents complete access to the end of the boardwalk and the smaller of the park's two waterfalls.

Several more damaged spots along the rest of the carefully constructed boardwalk covering 2.3km around the park also may limit the number of visitors. Some of these areas, visitors can navigate as there are branches covering the walkway, or a smaller fallen tree that needs to be climbed over, or navigated around. However, near the trailhead opposite to the accessible boardwalk, there is a large tree, approximately four

to five feet in diameter laying across the trail with no easy

CONT'D ON P2

# **Anglican-United** church looks to the future

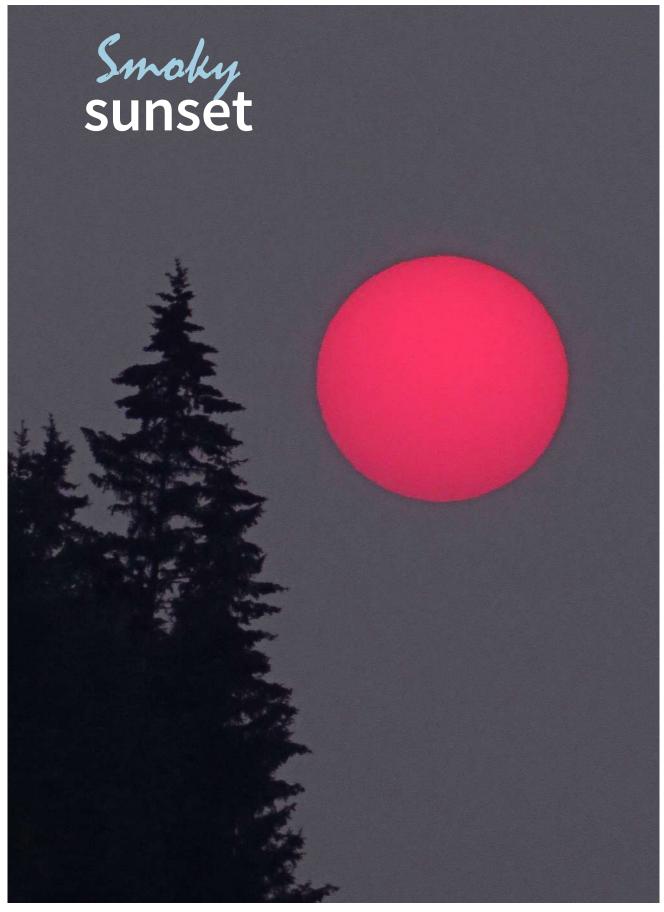
By Laura Keil

Just over a year ago, when they were about to restart in-person services after the COVID-19 pandemic, the Valemount Anglican-United Church congregation got

They knew the beams holding up the sanctuary portion of their building — an A-frame built in the 1960s — had some rot, but the repair work they'd planned was put on ice when Valemount's building inspector declared the building should not be occupied.

"We were all set to go ahead with a repair," says Kim McNaughton, Minister for the the church which is part of the

CONT'D ON P8



Tuesday evening, the sun gave off an eerie glow as it sank deeper into the smoke on its descent behind the horizon in McBride. /ANDREA ARNOLD

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#### 2

# Ancient Forest trail repair...cont'd FROM P1

detour.

The Ministry of Environment says that once the snowpack has melted, and the top of the root mass is visible it is critical to assess tree hazards.

"Staff do an annual danger tree assessment along the trail once it is snow free and follow guidelines in the Provincial Danger Tree Program," said David Karn, spokesperson for the Ministry. "Trees that have a high value and identified as a danger tree will have a treatment prescribed by a certified arborist."

The MInistry says it is aware of the damaged accessible boardwalk, and has plans to install a temporary repair. Its staff will also conduct an initial assessment of any other downed trees.

Karn says maintenance contractors started work on Monday, May 15th, and that clean up will be

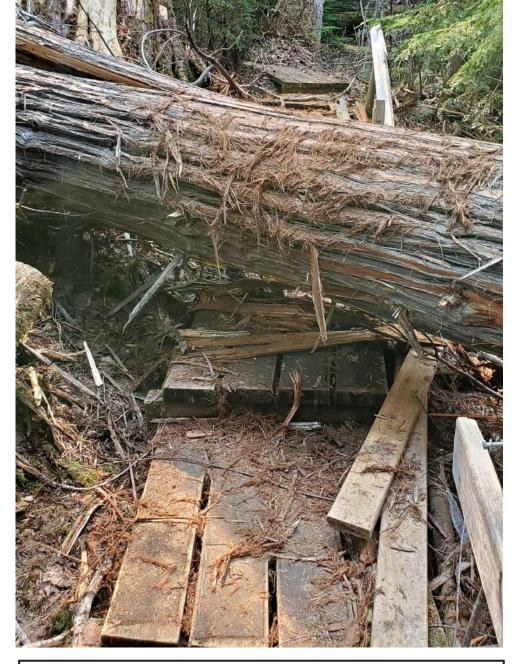
scheduled as time allows. However, due to increasing wildfire activity within the Omineca Peace Region, Parks may delay staff in conducting some of the repair work.

BC Parks relies on reports from park users as well as occasional staff patrols to help them keep trails maintained. Following the discovery of a situation, problems are evaluated in regards to risk to the general public and overall business priorities.

Ancient Forest/Chun T'oh Whudujut Provincial Park is located along Highway 16 approximately halfway between McBride and Prince George. The park is in the traditional territory of the Lheidli T'enneh and protects a portion of the only inland temperate rainforest in the world.

These three photos are just a sample of the damage that the Ancient Forest/ Chun T'oh Whudujut trails sustained over the winter. /ANDREA ARNOLD







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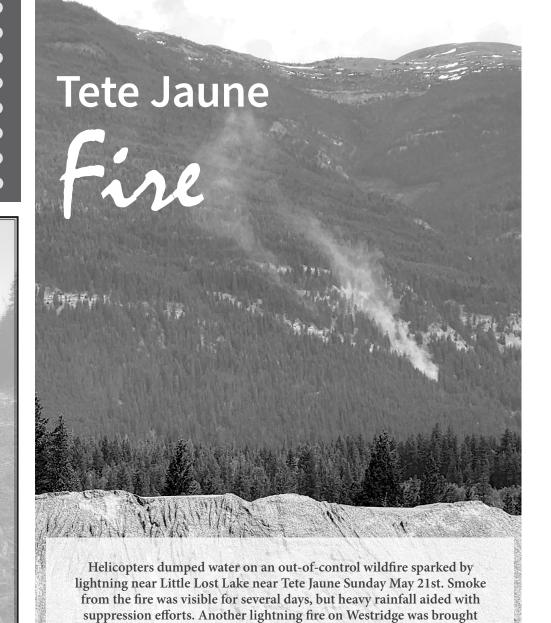
Residents of Tete Jaune Cache and surrounding area:

The Tete Jaune Community Association, in collaboration with the RDFFG is planning to offer FREE HOME FIRE PROTECTION SPRINKLER KITS to all residents who complete a self-directed firesmart home assessment which can be found at:

http://firesmartbc.ca/resource/cri-firesmart-home-assessment-score-card

Complete assessments should be sent to tetejaunefiresmart@gmail.com

We anticipate sprinkler delivery in early June. Planning for similar programs is underway in Valemount, McBride, Dunster.



under control after thunderstorms rolled through the valley. A campfire ban was in effect since May 19th due to a high fire danger rating in

much of the region before the weekend. /LAURA KEIL

# **Editorial**



Laura Keil Publisher / Editor goatnewspaper@gmail.com

## More passing lanes — not just rest stops — needed in the north

As the tourist season kicked off with May Long last weekend, the Province announced upgrades to rest stops along several major highways in the name of making it easier for people to stop and rest on long road journeys, including for commercial truck drivers. Noticeably missing were any upgrades for the upper North Thompson or Robson Valley, despite the million-plus drivers that travel this route every year, and despite the lack of trucker amenities close to Valemount that would ease the parking woes and gridlock that have been plaguing its frontage road.

But instead of arguing for better rest stops (or ones that stay open in the winter), which are definitely needed, I'm going to pivot to a bigger issue. What's really needed - before more charging stations or playground upgrades - are more passing lanes in the stretch of highway between Clearwater and the Alberta border.

ICBC has an online map of collisions between 2017 and 2021. The downside is you can't search along highways, only municipalities or their close vicinity - an odd oversight, given that many collisions occur along highways. Even with these incomplete stats, there have been four collisions at Moose Lake/ Mt. Robson, two at the Tete Jaune junction, six collisions near Valemount, half a dozen

on Hwy 16 near McBride, Dome Creek and Crescent Spur, 10 in and around Blue River and seven near Avola. That's not including untold highway collisions between these communities.

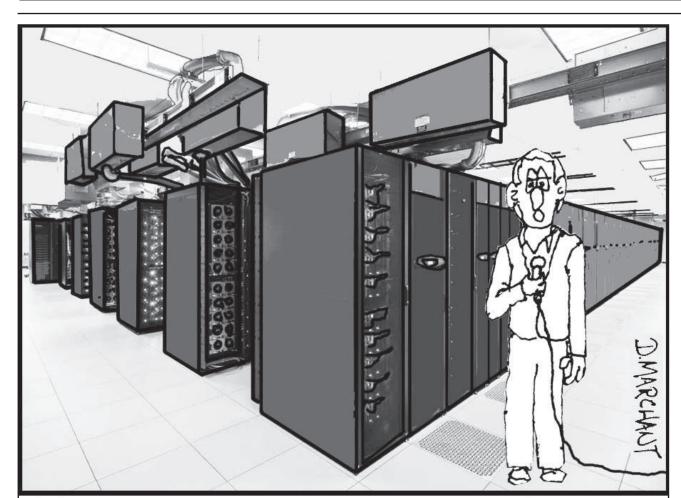
According to ICBC stats, an average of 264 people have died each year in the last five years in B.C. due to fatal crashes. 90 people a year died in the Lower Mainland, and 48 in the North Central region (an area starting with the Cariboo and Fraser Fort-George regional districts and including all regional districts further north). The number of motorists in northern BC pales in comparison to the Lower Mainland, yet collisions are high.

Driving Hwy 5 between Tete Jaune and Clearwater and Hwy 16 in Mt. Robson Park in the summertime often feels like you're taking your life into your hands. You have commercial truck drivers, RVs driven by tourists, long-distance workers booking it home, and everything in between. Often these driving styles are incompatible.

It's been many years since we've had new passing lanes added on this important stretch of highway. It's about time we had more. I hope ICBC keeps better stats in its own records about where collisions occur. These are useful details when it comes to improving road safety and saving lives.

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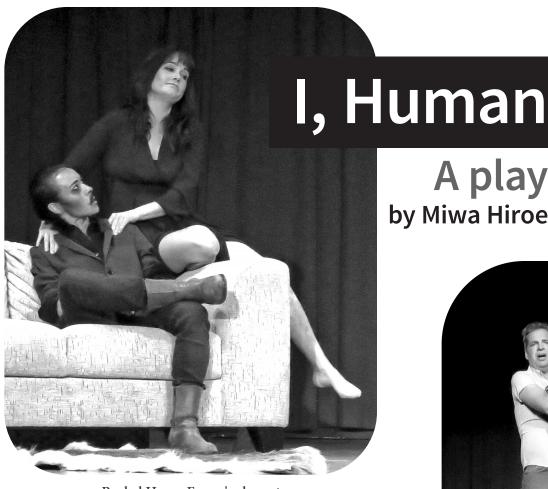
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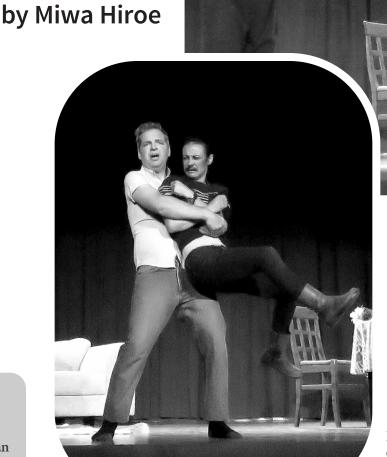


Deanna Mickelow Feature Sales dmickelow@gmail.com



Rachel Hayes-Fraser's character Don gently brings up the topic of having a baby with husband Gabe, played by Miwa Hiroe.

Audiences in both Valemount and McBride were treated to another locally written and produced theatre production. I, human was written by Miwa Hiroe and produced by Sharon Stearns. Behind the scenes support came from Rashmi Narayan and Isis Hiroe on sound and lights, Monica Zieper as stage and prop manager and cast and production support Catherine Hiroe and Page Norton. /PHOTOS BY ANDREA ARNOLD



Don jumps to the defense of Andru McCracken's robot companion character Rob as Cleo, played by Laura Keil, tries to understand his appearance.

Rob and Gabe face off as Gabe comes to the relization he is jealous of Rob.

# Global Thoughts

BY GWYNNE DYER

# The Baby Bonus Doesn't Work Any More

I was one of five children - not seen as a particularly big family in Newfoundland at the time - and there was one year when we allegedly beat Guatemala to have the highest birth rate in the world. Then we joined Canada, and got access to what Newfoundlanders called the 'Baby Bonus'.

The 'family allowance', as Canadians called it, was a serious amount of untaxed cash on the table for a great many families, for Newfoundland was then probably the poorest place north of Mexico. In fact, many believe the Baby Bonus was the main reason Newfoundland voted to join Canada. You would have expected the birth rate to go even higher after that, because children meant cash. But instead the birth

rate started to fall, slowly at first, and then faster. Girls got better educations, women had more choices, and people moved to the bigger towns and the one large city. By now the average woman in Newfoundland has only 1.36

children in a lifetime, and the population is falling steadily. So I wouldn't hold out much hope for China, Japan and most European countries to stop the steep fall in their populations with cash bribes either. It doesn't work that way.

Leading the way are South Korea, Japan, Spain and Italy, all of which will see their populations fall by more than half in this century. China is just getting started, with a fall of almost one million in its population announced in January, but it will also end up dropping by half by the end of the century: from 1.41 billion now to only 732 million in 2100.

A play

In February Japan declared it will double the country's child-rearing subsidies to 4% of GDP -\$150 billion a year but even that's unlikely to get the birth rate up. The only way to keep the population stable or even growing in a developed country is mass immigration – which means you have to be attractive to potential immigrants.

The English-speaking countries do that best. Canada, with 40 million people, is the world leader in proportional terms, bringing in another half-million a year. Australia is doing almost as well, and the United Kingdom, New Zealand, and the United States are all managing around half that rate.

The great benefit they get from doing this is that they keep the ratio of younger people in the work force to dependent older people high enough to afford a state that takes care



countries. of all its people. So why don't all the other industrialised

published in more than 175 papers in 45

Gwynne Dyer is a Canadian-born independent journalist whose column is

countries, including China, Korea and Japan, do the same? They will probably have to, in the end, although they have no long experience of multi-ethnic cultures and they're anxious about losing their 'identity'. Where will the mass immigration come from? Mostly from Africa, the one continent whose population will go on growing rapidly until the 2060s.

That high population growth rate will keep many Africans poor, but they will be in high demand elsewhere as potential immigrants. Even the East Asian countries will have to swallow their racism and open their doors, or their economies will wither for lack of people to fill the jobs and care for the elderly.

There's no harm in having a smaller population, but getting there can entail several generations of economic hardship. The only way to soften the transition is mass immigration, so that will happen even in the unlikeliest places. The day will come when black Chinese are no longer a rarity.



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of approximately 5,000 residents from Valemount to McBride to Dome Creek and Blue River. It is 100% locally

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# Sentinels of the Pass

By Lloyd Jeck

Nestled between the two summits lies a restful flat surface covered by a shallow pool of water. This reflective surface stretches its boundaries to the encroaching mountain slopes, to blanket more than one surface acre. From its southern end trickles a small stream of water, emitting the tinkling sound of water over rocks on a downward journey. This serene setting is Rainbow Pass and marks the beginning of Rainbow Creek. The melodic sound of rushing water amplifies as the track steepens and water volume increases. This is the water source for upper and lower Rainbow Falls at the north-side edge of Robson Valley near McBride. To the north of this Pass the south fork of McKale River, more commonly referred to as Blackwater River, slopes gently away.

The east-side sentinel, at Rainbow Pass, is 2,180 metre (7,150 ft) Mount Teare. When someone names a mountain, using a person's name, as in this case (the Teare brothers), they would spell the word "Mountain" out, and it would show preceding the person's name. When someone names a mountain after something other than a person, it could be Mt. preceding the word or Mountain or Peak following the word. Other naming examples in the McBride area are Beaver Mountain, Mount Lucille and Mount Quanstrom.

On the west side of the Pass, 2,269 metre (7,446 ft) McBride Peak tends to cast the evening shadow on the bubble of water at the head of Rainbow Creek. On the south facing slope of this mountain is where the BC Forest Service built the upper lookout structure. The Forest Service constructed the first shelter in 1930, or a bit earlier. Later, the Forest Service then built the shelter currently on the mountain. Fred Koeneman, the tower attendant in the 1940s, told me the trail up McBride Peak was seven miles long and built at 7 per cent grade. The Forest Service may not yet have built this trail when they constructed the current tower. Jack Long, later in the 1950s, carved the road along the trail alignment. There used to be a horse trail up Mount Teare, east of Rainbow Creek. The Teare trail left the valley floor where Ann Schwartz now has her doggie business.

There is an interesting escarpment at the top of the ridge extending northward from McBride Peak. To access this rock arch, you would have to follow the ridge top in a way that allows a view down into the valley of the south fork of McKale River. One may access the rock arch from the McKale river valley about one kilometre north of Rainbow Pass. There was an old camping site where the first trees offer shelter and a bit of wood for a campfire. Just downstream from the camping area there is a meadow on the west side of the stream, suitable for horse feed. The rock arch is above that meadow, at the



top of the ridge.

The rock arch photo was taken on a fall trip when my brother and I were on a short hunting trip. We had two pack horses hoping to load them with some fresh meat. On our second night, at the McKale River campsite, it snowed a bunch. A couple hours after daylight the snow was more than knee height on the horses. We broke camp and started out. As the trail would be difficult to follow over the shoulder of McBride Peak, and we were concerned with the horses having difficulty in loose rock, we decided to go through Rainbow Pass and down Mount Teare. A bit of the old trail was visible as we travelled through the White-bark Pine area, but below that no visible trail. No meat to carry so the horses travelled well.



The arch can be seen from the McKale River Valley 1km north of Rainbow Pass. /LLOYD JECK



A horse pack trip taken by Lloyd around 1950. /LLOYD JECK

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#### Fire Bans

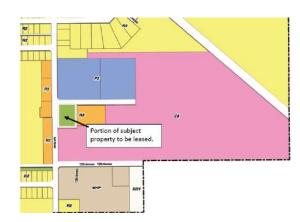
To find out about current fire bans in our area, please visit BCWildfire.ca



## Notice Disposition of Land: Valemount Senior Citizens Housing Society

Pursuant to the Community Charter, notice is hereby given that the Village of Valemount intends to provide assistance to the **Valemount Senior Citizens Housing Society** by disposing of land (leasing) for less than market value at a rate of \$10.00, for a term of 60 years.

The proposed lease area is situated on a portion of the property located at Ash Street and 13<sup>th</sup> Avenue south of the high school. The property described as Parcel D (R22478) of the South 1/2 of the North East 1/4 of District Lot 7355 Cariboo District Except: Part Subdivided by Plan BCP1223.



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Notice of Disposition continued...
For more information, please contact:

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(T) 250.566.4435

(E) <u>cao@valemount.ca</u>

#### 2023 Tax Notices

2023 tax notices have been mailed out. If you have not received your bill by June 15th, please call the Village office at 250-566- 4435 or email adminservices@valemount.ca

Tax payments must be received in the Municipal office on or before July 4, 2023 to avoid penalties.

## Stage 1 Water Restrictions June 1st – September 30th

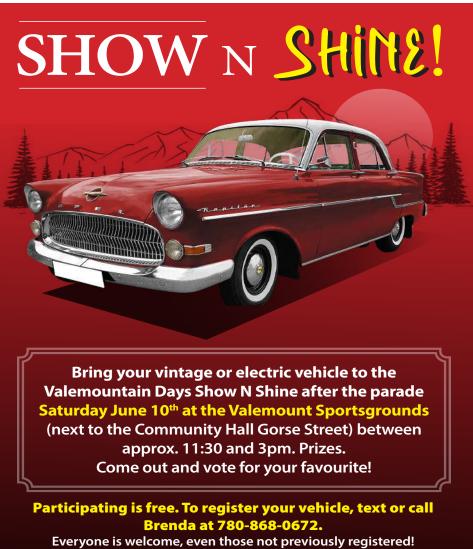
Watering will be permitted between the hours of 7am-10am and 7pm-10pm on any day of the week. Use of a micro-irrigation / drip-irrigation system to water or a garden hose with a handheld automatic shut-off device is permitted at any time on any day.





# Slow down

The corner of Dominion and 2nd in McBride has been changed to a four way stop. Council approved the change at a meeting on December 13, 2022. During the discussion at the meeting, they agreed that they hope that the change will slow drivers down as they travel both directions on second, towards main street and the park or towards the high school. / ANDREA ARNOLD





McBride's main street lighting got an oldfashioned upgrade this past week, almost exactly a year after the Village got news that their grant application to Northern **Development Initiative** Trust had been approved. Through the Main Street Revitalization – Capital Program the grant of \$199,269 allowed for the purchase of 30 lights. The new lamp posts will use LED lights directed downwards, reducing the amount of light pollution. /ANDREA ARNOLD





#### Thursday May 25th 2023

..CONT'D FROM P1

Church's

future

Robson Valley Shared Ministry, but Dean Schneider, the building inspector, informed them they would need to have any work approved by a structural

It was a blow during an already difficult time

"Almost like a loss or a death, there was a lot of grief, there was some shock about how serious it was and confusion about what would be next, because we know that an engineer will cost a lot of money, we know that the repair will likely cost a lot of money," McNaughton says. "We just needed some time to let it all sink in."

During the first years of the pandemic, the church had pivoted their work to a thrift store located in the hall portion of the building. The thrift store was deemed an essential service, and provided important revenue for the church.

With the news they couldn't occupy the sanctuary, the congregation decided to

In fact, they didn't necessarily need to be in a building at all.

The church hired local facilitator Rashmi Narayan to help them answer those questions with strategic planning. Having a person from outside the church trained as a facilitator was invaluable McNaughton says, as their conversations prior to that had not led to the progress or visioning they wanted.

"It actually feels like we're in quite a positive place."

She says some of the values they've identified are social justice, the environment, and addressing social marginalisation.

McNaughton says they want to hear from the community about what the needs are and how

they might meet them, both in a spiritual



Minister Kim McNaughton says the United-Anglican church congregation is hoping to partner with local groups and provide more services to the community at large. Inclusivity and social justice are two key values the congregation has agreed on. /LAURA KEIL

and secular way.

"We're looking to possibly create a multi-faith centre. We're just kind of open to anything at this point. We're open to ideas and looking for places where we might connect with shared values."

She says some people do want to maintain a quiet, sacred space for the spiritual, and that will inform their decisions going forward. They are looking into the cost of repairing the beams, thanks to money earned from the sale of the Manse (the former accommodations provided for the Minister), but at this point they are still open to all options.

"We feel like we have assets, we feel like we have something we can contribute to the conversation or to a partnership in the wider community," McNaughton says.

They are open to partnering with the LGBTQ community, with the Indigenous community and other groups working on social justice. They are especially hoping to hear from youth.

McNaughton says this conversation fits well with their faith. And instead of this being the beginning of the end, it is a new beginning.

"Our understanding of the Christian faith is all about resurrection. So life after death, and what could have been a real dying moment for us when we got the news about the building, it feels like a new life is emerging. And we don't exactly know where that is, but that's okay. That's part of our faith journey that we trust, we trust that all shall be revealed. It actually feels quite exciting at this point."

Anyone wishing to connect with the church can contact McNaughton at 250-968-4467.



The church is awaiting engineering quotes on what it would take to repair the A-frame sanctuary. In the meantime they are considering how to make the building more inclusive, including an idea to create a multi-faith centre. /LAURA KEIL

hold services in the church hall, pushing back the clothing racks and tables of the thrift store.

"We still found a way to be together, to support each other and to share our faith together." Some wondered whether this was the beginning of the end, as the congregation was already small. But as they worshipped in the hall among the thrift store items and saw the positive impact the store was having, some clarity arrived.

"What became really obvious for us was that our ministry — the main part of our ministry and mission — became the thrift store," McNaughton says. "It became really clear to us that this was a service to the community that was necessary with inflation and new people coming to town."

Since then, the congregation has dug deep.

"The question became, 'What is our ministry and mission? What is our service to the community? And what space do we need to do that in? Do we actually need that church building, the sanctuary part of the building?'"

She says they realized services didn't have to be in a sanctuary.

"We needed to really look at who we were in this moment, and what our mission is, and what's the need in the community. So that's the place we're at."



The church hall has been used as a thrift store for the past few years.

McNaughton says they are very grateful for the support of the community.

Current store hours are Saturdays 10am-1pm. /LAURA KEIL

### **NOW HIRING**

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Rocky Mountain Goat Media Inc. is looking for someone to join our team in Valemount. The part-time Office and Production Assistant helps manage customer inquiries and the Goat's weekly production work at our Valemount office.

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McBride's plaid ice cream shop on the frontage road next to the RCMP station, Crazy Cones, has reopened under new management. Karla Fitzgerald and her daughter Alisha opened the shop over the long weekend. The pair were looking for something they could do together over the summer, when they found this opportunity. They are continuing the ice cream service as well as including some meal items to their menu. Hot Dogs, pizza dogs, and chili dogs, have joined the ice cream based treats like milkshakes and floats. They plan to be open daily 11am-7pm, weather permitting, and are hoping to hire some summer help. /SUBMITTED



Construction of the Trans Mountain Expansion Project is nearing completion in the Valemount area. Workforce numbers will continue to decrease as we close out our final kilometres of pipeline construction. The remaining work is taking place in various technically challenging areas. In addition, smaller work crews will remain in the region throughout 2023 to complete right-of-way cleanup and reclamation. The camp in Valemount will be closed at the end of May with remaining crews moving south to other Trans Mountain workforce accommodations.

Thank you for hosting our Trans Mountain workforce in this region and for your patience during construction.

For information on construction progress in other regions and to learn more about reclamation, visit transmountain.com.

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You may notice:

- Fewer workers living and working in the area
- Decreased use of local stores and services
- Closure and removal of our camp community
- Reduced vehicles and traffic control on local roads and Highway 5A
- Ongoing use of the Valemount yard





# Books of the week!



WATERFALL HIKES IN THE CANADIAN ROCKIES
Waterfall Hikes in the Canadian Rockies — Volume 1 is the ultimate guide to discovering more than a hundred amazing cascades in the Rocky Mountains. Highlighted by stunning photography, this is the one must-have book to take along on your explorations.

BY STEVE TERSMETTE



SELF-HELP

#### THE POWER OF DREAMS

The story of a couple, already in their 40's, who leave the urban life to follow their dreams of living in the wilderness. They settle in a remote place called Precipice Valley. Starting from scratch this story has all the adventure.

THE 5AM CLUB

Handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of

BY ROBIN SHARMA

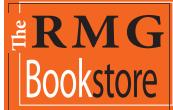


#### IT'S OKAY TO MAKE MISTAKES

Showing that everyone makes mistakes and that's how we learn through kid friendly illustrations.



ROBIN SHARMA



VALEMOUNT HOURS: MCBRIDE HOURS: MON 10am-4pm **TUES 10am-11:30am** WED-FRI 10am-4pm

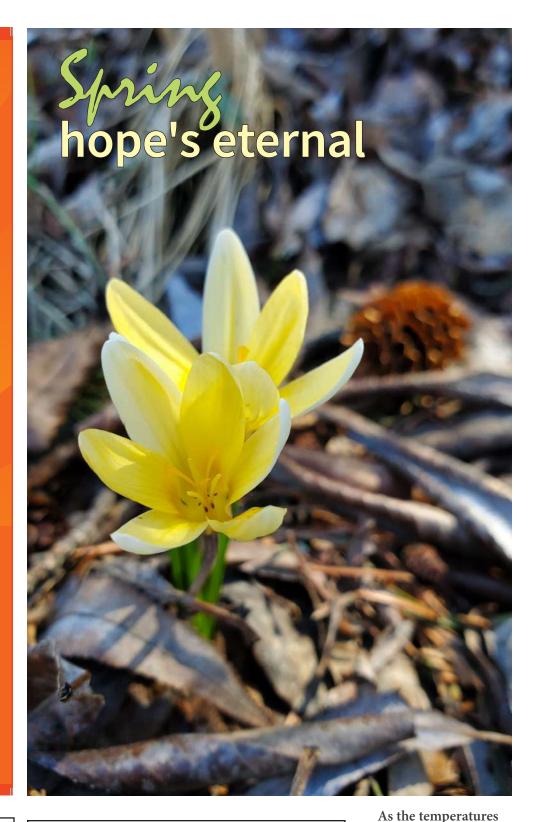
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We accept used books by donation or for store credit! \$2.50 from each used book sale goes to **Meals on Wheels**, which provides seniors with hot meals several times a week and helps them live independently for longer.

**McBride office:** some titles may not be available for browsing and must be preordered. Titles by local authors are available at both offices.





This is a waistlist callout for our new facility called the **Roots of Life Childcare Centre** 

The centre is anticipated to open for September 2023 for children ages 0-12. Priority enrollement will be given to those on the waitlist, however, spots are not guaranteed.

To express interest in a spot for your child, please contact childcare@rvcsbc.org or call 844-324-2004



climb, so do early blooms as flowers push through dead grass, bark and leaves to share bright spots of beauty. These yellow crocuses were a bright spot next to last year's vegetation. /ANDREA **ARNOLD** 



Valemount Community Forest Co. Ltd. Valemount Industrial Park Co. Ltd.

**Annual General Meeting** 

#### **Annual General Meeting**

- Date: Tuesday, May 29th, 2023
- **Location: Valemount Community Hall** 201 Gorse St.
- Time: AGM starts at 6:30pm
- Refreshments provided

- **Tour at the Sawmill**
- · Before the AGM come for a tour of the sawmill!
- Meet at the Community Hall at 4:30pm
- Personal vehicle convoy to 555 Cedarside Road





## ROSSWORD

Answers on P13

#### Across

- 1 Not quite on-point
- 4 Of a newspaper page
- 8 Weekend getaway, maybe 11 "Is that
- 12 Feel the \_\_\_
- 13 Maximum rating, often
- 14 Darjeeling or oolong
- 15 Plane, e.g.
- 16 Relieve
- 17 Arrangement
- 19 Rocks
- 21 Unshakable 24 Due
- 27 College V.I.P.
- 30 Caboose locale 31 Epitaph opener
- 32 The wash
- 34 Upper hand
- 35 Whistler's whistle
- 36 Book's final word
- 38 Grind down 42 A Bobbsev twin
- 44 Thing that can't be copy-written
- 47 Saloon
- 48 Curve
- 49 Comes down with
- 50 Georgian, for one
- 51 Attention grabber

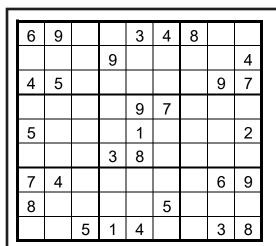
52 Influence

#### 53 "Amen!"

- Down 1 Feedbag fill
- 2 Turn tail 3 Road trip
- delayer 4 Yield
- 5 Country club
- figure
- 6 Id counterpart 7 Where to find
- a hero
- 8 Scattered, as
- seeds 9 JFK Library
- architect I.M.
- 10 Common
- connection
- 18 Invisible 20 Where two lines meet
- 22 Dissolve
- 23 Mr. Bridges
- 25 Musical ability
- 26 Like some wine
- 27 Definite article
- 28 Blood\_
- 29 Imperativeness

# 14 15 40 44 48 49 50

- 33 Apprehensive
- 37 Makes a hole in the ground
- 39 Tow the line
- 40 Playground provocation
- 41 Times
- 42 "I don't think so"
- 43 "\_\_\_ you kidding?"
- 45 Condensation
- 46 LAX posting



Answers on P13

# SUDOKU

#### **HOW TO PLAY**

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember. You must not repeat the numbers 1 through 9 in the samee line, column or 3x3 box.

## The Toughie

by Myles Mellor

Answers on P13

#### Across

- 1. Archaeological find
- 5. A cause of ruin
- 9. Less exciting
- 14. On \_\_\_\_ with (equal to) 15. Not round
- 16. Bear with patience
- 17. Superman's love
- 18. Literary plantation
- 19. Early time
- 20. Italian wine
- 23. Pledge of Allegiance ender
- 24. "I didn't know that!"
- 25. Make secret
- \_ interrupted at her music"

37. Highly prized bottles from NAPA

- 31. Long-term investment, for short 34. Garlicky sauce
- 35. Wind instrument
- 36. French for islands
- 40. Cartoon cries 41. Latvian Seaport
- 42. Lordly
- 43. A.M.A. members
- 44. Sluggers' stats 45. Female monster
- 46. Arles assent
- 47. Belligerence 48. California whites
- 57. First name in late-night TV 58. Case
- 59. Llama land
- 60. Couple
- 61. Toiling away 62. Sail before the wind

- 63. Distributed 64. Kitties
- 65. Manages, with

#### Down

- 1. Freshener 2. Eel-like fish
- 3. Gershwin's "The Love"
- 4. Spanish tar
- Message carrier
- 6. Be of use 7. Stoolie user
- 8. Mideast carrier
- 9. Hanging strand 10. Invective
- 11. Skirt type
- 12. Cabinet dept.
- 13. Bank take-back
- 21. "American Pie"
- beauty 22. Side with
- 25. Relieved
- 26. More upscale 27. Stoppers
- 28. Bullfight cheers
- 29. The Jets and the Sharks
- 30. Swenson of "Benson" 31. "Well, \_\_\_!"
- 32. Staggers
- 33. Mule relatives
- 35. Roman numeral on a watch dial 36. Stravinsky or Sikorsky
- 38. "Live and Let Die" villain
- 39. Sweetheart

- - 46. Egg-shaped
  - 48. Dross
  - 50. The U of "Law & Order: SVU"
  - 51. Tide type 52. Beetle Bailey dog

  - 56. Foam

- - 44. Devastated
  - 45. Elliptical paths
  - 47. Greenland native
  - 49. Top-grade
  - 53. Cathedral recess 54. Head connection
  - 55. Rock's Motley \_\_\_\_

**HOROSCOPES** BY HOLIDAY MATHIS **Fathers and Sons** FOR THE WEEK OF May 21st, 2023 you the opportunity to collect the

The main tension is a stressed angle between Mars, the son, and Jupiter, the father. The themes of the week circle around expectation and, hopefully, the processes and tools to get a person to the level they will need to be to make their plans come alive. "A father is a man who expects his son to be as good a man as he meant to be." -- Frank A. Clark

ARIES (March 21-April 19). You're a wild card this week in that you're versatile in how you can fit into a situation, and it's totally up to you how you want to play it. Maybe you're not trying to be an enigmatic and captivating presence in the lives of others, but that's how it's turning out. Be sure to wield your charisma responsibly.

TAURUS (April 20-May 20). Reciprocal relationships boost your resources and badly matched relationships drain it. For optimum vitality, consider the transactions occurring. What exactly is being exchanged and in what quantity? Consider that the commodity might be something different than it seems.

GEMINI (May 21-June 21). The problem with coming up with achievable goals is that they are entirely subjective. What's doable for you is impossible for another and much too easy for someone else. Sharing with a mentor or group will give you ideas about what sounds reasonable and attainable.

CANCER (June 22-July 22). Qualities like resilience, determination and grit are not comfortably attained, but you're glad when the game gets a little harder. You know that trials are like flint to a blade. They sharpen character to the razor's edge that will slice through challenges and take obstacles down to a manageable

LEO (July 23-Aug. 22). It's a day to be enchanted by the masks people wear, which includes posturing, social presentation, online persona and more. These performances require intelligence, creativity and discipline. Instead of writing everything off as "fake," you'll take a moment to appreciate the effort before returning to your quest for authenticity.

VIRGO (Aug. 23-Sept. 22). This is not a time for striving. You're already being challenged enough. Concentrate on doing what you do well. And look into the archives to see what resources you've been overlooking. There is something that worked well for you in the past that could help you again in the future. Aries and Sagittarius are allies.

LIBRA (Sept. 23-Oct. 23). This week, you will generously circulate your smile. It lifts and comforts people. Your smile gives a sense of warmth, safety and belonging. It works on loved ones and strangers alike. But most of all, it works on you, both improving your mood and giving reciprocal warmth of others.

SCORPIO (Oct. 24-Nov. 21). Sudden change happens but is more unusual than the kind of transformation you are in this week, which will unfold in stages. You could say that the first stage is sensing a happier and improved you in a parallel universe. The next stage is finding your way to

SAGITTARIUS (Nov. 22-Dec. 21). One way to have more energy is to avoid relationships that keep you dancing out of fear of upsetting anyone. If you're going to dance this week, it should be for fun. If you find yourself working hard to win someone, step back and make sure it's really worth it. It's not selfish to ask, "What's in it

CAPRICORN (Dec. 22-Jan. 19). You'll come at the main issue with a holistic approach. You've already thought enough about the problem. Now it's time to feel it out. You'll ask casual questions aimed at finding common ground. If you can identify shared interests, building together becomes a joy.

AQUARIUS (Jan. 20-Feb. 18). Compassion is not something that is mysteriously bestowed in fixed amounts. Rather, it's a quality that develops both consciously and unconsciously as it is modeled, observed, copied and practiced. It is easy to have compassion for loved ones, but this week, you will offer it to strangers and to those you wish

PISCES (Feb. 19-March 20). Whether the outcome you want is in the physical world or the emotional world, action will get you there. Work things out by cleaning, clearing, fixing, beautifying and building. It is much easier to change your thoughts while moving through a different environment than you were in when those thoughts took

THIS WEEK'S BIRTHDAYS: You have standards! Expectations! Whatever they may be, they will be far exceeded due to your open mind and roll-with-it attitude. Life has a way of landing you in better circumstances than you dreamed of. A teacher will figure prominently. More highlights: getting to celebrate a cherished friend and enjoying reciprocity, the enchantment of a truly magical entertainment experience and the satisfaction of working toward a physical goal and achieving it.

Holiday Mathis' debut novel, "How To Fail Epically in Hollywood," is out now! This fast-paced romp about achieving Hollywood stardom is available as a paperback and e-book. Visit http://www. creatorspublishing.com more information. Write Holiday Mathis at HolidayMathis.com. COPYRIGHT 2023 CREATORS.COM



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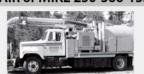
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#### **TOUGHIE ANSWERS**

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## 00! Lots of pictures, will meet. Call John 604-530-9295 or Paul 250-678-5300. The **ROCKY**

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# Community Events

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#### **VALEMOUNT**

SUN MAY 28 4:30pm Tour of Honour at the Valemount Legion. Come help support the Honour House

SUN MAY 28 Kiyooka Land Trust open house 9am-3pm 14717 Old Tete Jaune Road. Learn more about the protected land that forms this trust.

June 9th-11th Valemountain Days is back! Friday night street party, Saturday morning parade, bouncy castles and clown, slo-pitch tournament, logger sports and more! Watch for posters and more details in the coming weeks.

#### **Ongoing Valemount Events**

MONs **Family Place Drop-In** is on Mondays from 9am-noon with Hannah. Come for the connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS (99 Gorse St). This month:

MAY 29- The Seven Teachings colouring and stories at Centennial Park

JUNE 5 – Introduction to baby sign language at Centennial park

WEDs at 7pm The Old Timers band play live music in the Golden Years Lodge.

WEDs Seniors are invited to Wellness Wednesdays at the Valemount Secondary School (201 Ash Street). Visit with the students as we knit/crochet or battle over a game of crib! Registration NOT required.

WEDs Join the Valemount Garden Club where you can discuss weekly topics such as Garden Planning, Seed Starting, Growing Flowers, Sprouts in a Jar. From 2-3:30pm at the Valemount office. Registration NOT required contact the office for more info. This program made possible with funding from Community Adult Literacy Program.

THURS Free Drop-In/Coffee House at the Golden Years Lodge the 1st & 3rd Thursdays of the month from 10 am until 2 pm. It's open to everyone regardless of your age. If you currently have any 'mobility issues' call Derek 250-613-6905 for a ride in the accessibility bus. The next Drop in Coffee House is

Most SATs 10am-11:15am Creative writing group. Join us for writing and friendly conversation. Everyone welcome. Contact Laura to confirm dates and times at lauraishere@gmail.com.

SATs 1-3 pm Crafty Stitchers meet downstairs at the Valemount Public Library everyone welcome! 250-566-4367 for more information.

Sat 3pm Cribbage tournament followed by dinner at the legion and kitchen party music 6-8pm. Bring your acoustic instrument and take part in some laid-back sing-a-longs.

SUNs Pancake breakfast at the Valemount Legion Sundays 8 to 11am. By donation!.

MON through FRIs the **Valemount Seed Library** is available in our lobby during business hours at RVCS Valemount (99 Gorse St). Office hours: Monday to Wednesday 8am-4pm, Thursday 10am-6pm and Friday 8am-4pm Come take free seeds to grow in your garden this summer. By saving

seeds, we can maintain genetic diversity, adapt to changing environmental conditions, and save money by not having to purchase new seeds every year.

MON through FRI Contact the Valemount RVCS Office to book your Community Garden Plot. Cost \$25/year, Volunteer 8hr/year, tools provided. Contact us at 250-566-9107 or email events@rvcsbc.org for more information or to sign up.

MON through FRIs the Free Food Farm Stand and Pantry are available for anyone who would like some free, fresh produce. We accept donations of unprocessed fruits and veggies also. The stand is accessible in the front lobby at RVCS Valemount (99 Gorse St) and is available to everyonejust help yourself! Emergency top-up food is accessible to our clients and anyone who walks through the door.

#### **MCBRIDE**

MONs Family Place Drop-In is on Mondays from 9am-noon at RVCS (942 3rd Ave) and 1pm-4pm. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required.

May 29 – Seven teachings and paper bag puppets

June 5 – Supporting Pride month with Froot loop Necklaces/Bracelets and Rainbow pasta sensory bin

FRI MAY 26 Collage visual arts for adults 6pm at the McBride Library. Supplies provided. To register all 250-569-2411 or email library@mcbridebc.org.

SUN MAY 28 12:00pm Tour of Honour at the Fire Hall. Come help support the Honour House

TUE MAY 30th Seniors you are invited to Join us for a Bird Sanctuary Walk, from 1-3pm. Meet at RVCS and then join us for a walk in nature & identification of local water fowl. Come for the exercise, socialization & learning. This program is funded by the New Horizons for Seniors Grant funding.

June 2-4 Pioneer Days Parade, Logger Sports, Pancake breakfast, slowpitch and so much more fun. Watch for posters and more details next week.

#### **Ongoing McBride Events**

MON through THURs, McBride RVCS now has a FREE FOOD PANTRY that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. Contact RVCS at 250-569-2266 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

MONs Family Place Drop-In is on Mondays from 9am-noon at RVCS (942 3rd Ave) and 1pm-4pm. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. Call 250-569-

TUEs Come Learn Sign Language with us at 942 3rd Ave McBride. 11-12pm Increase our ability to communicate and teach your children and family. Stimulate your brain and

learn about Deaf Culture. Registration is NOT required. Contact 250-569-2266 or email events@rvcsbc.org for more information. Brought to you by the McBride Community Adult & Family Literacy Program.

TUESs Chess Club - 5-6pm at the library. All ages and abilities welcome.

TUEs Starting May 2nd Dance Exercise For Seniors with Jodi in McBride. Seniors are invited to come try seated/ low impact dance moves and exercise with Jodi at the McBride RVCS office 942 3rd Ave From May 2 to 30th from 3:15-4:00pm. No Registration is require. Contact the office for more information. Supported by the New Horizon's for Seniors Grant

WEDs Everyone is invited to join the McBride Gardening Club where you can discuss weekly topics such as Creative Garden Spaces, Garden Planning, and so much more from 1-2pm. Registration NOT required. Contact us for more info. This program made possible with funding from Community Adult Literacy Program.

THURs & FRIs Weekly Adults' Programs at the McBride Library: Fibre Artists (Thurs, 10:30am), Writing Group (Fri, 1.30pm). Call 569 2411 for details.

MONs & WEDs it's time to Dance during Community Fitness with Jodie at the Elks Hall. Twice weekly from 7:15pm-8pm this drop-in program offers free admission to seniors and youth. Other age groups are invited to pay by donation or pay what you can. Call 250-230-8035 for info.



# Welcome to our Interim General Manager

McBride Community Forest Board is pleased to announce Dorian Dereshkovich RPF will be joining our team as Interim General Manager. Dorian has over 20 years of experience as a senior manager in the forest industry. Working together with Dorian, the Board is committed to ensuring McBride's Community Forest operations are being managed on sustainable basis for future generations. We look forward to meeting with McBride community members in the near future and sharing the results of an operational audit completed this past winter. This is your community forest. We need your input on developing a new community forest management strategy.

> Mike Monroe Chairman



Pete Amyoony has lived, worked and gardened in the Dunster area for 43 years. He tries to deal with the "down to earth nuts" and bolts of organic gardening" in his columns.

## Water in the Garden

to take an in depth look at water in the garden. a good time to prepare our gardens to insure more We all seem to know that nutrients in the soil are

absolutely necessary for out plants to grow, but sometimes seem to forget that the nutrients can only get to the plants if there is water around their roots. When the soil around the roots dries out, the plant stops growing, the leaves get tough and they try to produce blossoms by bolting and sending up seed stalks. If allowed to continue, the plant will shed some leaves and some of the feeder roots will die. Plants under stress like this are also much more attractive to pests and diseases.

We sometimes forget that plants (as well as humans!) are made up of a very large percentage of water. A tomato is about 95% water, a potato is about 80% and many leafy greens are in the 90% range! On a warm day, the plants give off water from their leaves to help keep cool, and if they cannot replace it very quickly, they will go into "crisis mode". The greatest cause of growth interruption is water interruption!

Many forecasts on the radio and T.V. lately are that

Garden planting time is upon us and it may be good we could have a hot, dry summer ahead. This may be water is available to our plants.

> By adding lots of compost and well-rotted manure before we plant, we make the soil more like a sponge. It can hold more moisture and retain it for longer periods. Compost can hold six times its own weight in

By planting in beds where we don't walk on the soil and compact it we allow the soil to absorb and retain more moisture. Loose soil also gives more space between the particles for water storage.

This might also be a good time to gather up mulching materials and have them ready to place around the plants once they are up and the soil is warm. Old straw, grass clippings (don't use any that have been sprayed with a weed killer!), rotting leaves, rotting sawdust or shavings, or any other decomposing organic materials all make useful mulches. Remember not to apply the mulch too early in the season, as it will keep the soil cool.

Most plants will require about 1 inch (2.5cm) of



water a week either from rain or from the hose. Make it a habit to pick up a handful of soil from the beds or row and feel for moisture. If the top inch or so is dry, it is time to water!

Be sure you have all the root crops in by now – carrots, turnips, radishes, beets, potatoes, etc. It is also a good time to plant greens such as chard, spinach, Chinese and Japanese greens, kale. These crops germinate and do well in the cool spring weather. Don't forget those cool weather peas too! As difficult as it is, try to wait until after the first week of June to put out any bedding plants - especially the tender ones like squash, pumpkin, cucumbers etc. It is such a shock for plants that have been grown in a greenhouse or on a warm window ledge to be put out when the night temperatures are just above freezing. If they are not root-bound in their containers, you are better off to wait a few weeks. Also wait until then to plant any seeds of the "heat lovers" like beans, pumpkins or zucchini. They germinate much better in warmer soil.

Northern flickers



The Red-breasted Nuthatch is the most widely distributed and abundant of the three nuthatch species found in British Columbia Its reddish belly and white eye-stripe readily distinguish it from the other two species. Redbreasted Nuthatches move quickly over trunks and branches probing for food in crevices and under flakes of bark. They creep up, down, and sideways without regard for which way is up, and they don't lean against their tail the way woodpeckers do. Their flight is short and bouncy. It is believed when the Nuthatch flutters into your awareness, it bears a message of keeping the faith and trusting what you know within, even if you can't see it with your natural eyes. /SANDRA JAMES

# **GONE** to the BIRDS

A Cormorant sitting on a log in the middle of the Fraser is not a common sight in the Robson Valley. Local bird enthusiast Elsie Stanley said she has only seen one many years ago. They usually keep close to the coast, especially during breeding season. /ANDREA ARNOLD

are one of the only woodpecker species in North America that isn't black and white. The main difference to identify between a male and female is in the facial markings. In males ( like this one ) there is a red or black facial stripe that runs from the bill to the throat and which

**Public Notice Proposed Tower Site** near Valemount BC

Rogers Communication Inc.

Killdeer are often seen scurrying across the ground. This little guy seemed to stop and pose for his moment in the limelight. /ANDREA ARNOLD

Site Plan - Location of Proposal:

Coordinates:

N 52.802778, W -119.250833

Legal Address:

PID 003-865-941 BLOCK C OF THE NORTH EAST 1/4 OF DISTRICT LOT 7365 CARIBOO DISTRICT **EXCEPT THE NORTH 66 FEET** 

**Municipal Address:** 

555 Cedarside Road, Valemount BC V0E 2Z0

Email:

comments@coreoneconsulting.com

Rogers Communication Inc C/O Core One Consulting Ltd 229- 18525 53rd Ave Surrey, BC, V3S 7A4 Attention: W2141 Valemount

Please Reference: W2141 Valemount in the subject line

As part of the public consultation process required by Innovation, Science and **Economic Development Canada's** (ISED) policy for Radiocommunication and Broadcasting Antenna Systems (CPC-2-0-03), Rogers is engaging the public for comments on a proposed telecommunication tower and equipment compound in the Valemount area.

is absent in females. /LEON LORENZ

The purpose of the telecommunications tower is to elevate the quality of highspeed wireless services in the Valemount area, and increase service along the Yellowhead Highway.

The public is welcome to comment on the proposal up to the end of the business day, June 1 2023, with respect to this matter.











Custom Details Throughout! Perfect Vacation Rental plus zoned for 2 dwellings. Looking to be wowed by this super unique home then you must take a look! Potential 3 bdrm 2.5 bath home packs a lot of punch in 1.5 stories, over 2000 sq ft of completely finished space. Gorgeous Master Suite or another living space boasts floor to ceiling windows, fireplace, 30ft vaulted ceilings and more. The studio/loft can be utilized as another bedroom or study and leads onto a private deck with glorious mountain views! Skylit open concept kitchen has new counters and pantries. .69 acre lot is beautifully landscaped and truly is like your own park! 16'x 24' garage with 200 amp service & 2pc bath.



**ROYAL LEPAGE** 

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# Shelly **Battensby** REALTOR



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This large family home sits on an oversized lot in a desirable area of town and is move-in ready. Three bedrooms, 2.5 baths, with a family friendly layout, this one has you all over it.

#### 9509 Dunster Croydon Rd

**DUNSTER** 



If you want a log home in the country, here it is. On 25 acres, with a mix of pasture and wooded areas, this 3 bedroom home with Quonset and barn is waiting for you and your herd.

1196 6th Avenue

**VALEMOUNT** 



Steps away from amenities and services, this one-level, 3 bedroom home is a great investment. Situated on a corner lot with alley access to the garage, you can't get much better.

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