



Climbing Club progress

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ROCKY MOUNTAIN GOAT

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Lucille logging pits residents against community forest

BY LAURA KEIL

A proposed logging block on Lucille Mountain is pitting landowners against the McBride Community Forest due to concerns over their drinking water.

The community forest is planning to log on Lucille Mountain, a partial cut in a dying Balsam stand. They also plan to clear-cut ski runs and restore areas harmed by previous logging practices. The ski runs would be sled-assisted or ski touring only. A community forest map shows the logging block immediately adjacent to the Martinson Creek watershed with a small buffer.

Linda Fry, an area resident and member of the Lucille Mountain Water Users Community, says there are 37 water licenses in the Martinson Creek and Dore River watersheds, both homes and ranches, and the risk of the logging near their watershed is simply too high.

"With things like climate change and the weather events that we're having, the potential for disaster and thinking how many people can be affected by this scares me. I'm a low-risk gambler."

Her biggest concerns are the lack of community consultation and the unforeseen, unintended consequences that could occur.

The three dozen properties located on Westlund road, Westlund West road, Pool road, Museum Road, Red Tail Road, and Dyke Road aren't designated a community watershed since they aren't a town, she says, but it doesn't change the fact many people would be affected should something go wrong.

"They don't recognize Lucille mountain water users as being a community watershed because each one of us has an individual license, whereas the Village of McBride has got the water license so they become a community watershed."

Patrick Penner, the current manager of the McBride Community Forest, says the organization paid for two independent studies to ensure the logging block was not a risk to nearby watershed users. He says most of the block, originally sketched out in 2019, will retain 50 per cent of the trees, and it's only the ski runs that will be clear cut.

Both the watershed study as well as a geotechnical study came back indicating a low-risk to watershed users from the proposed logging.

Valemount IGA sold... Story on P3



Time traveller

Travellers between McBride and Tete Jaune can't miss this bright red 1950s GMC visible from the highway. Against new fallen snow, the colour jumps out and icicles give it a festive feel. /SANDRA JAMES

"We just wanted to make sure we had done our due diligence," Penner says.

Quoting from the watershed study, he says "it is not likely that proposed CP3 Block 65 will result in an increased risk or hazard to the Dore River or Martinson Creek watersheds."

He says the studies were independent from the community forest and the watershed study was completed by a watershed hydrologist with a company out of Prince George.

The geotechnical assessment, completed by Firth Hollin Resource Science, says any logging roads should be deactivated afterwards, and the old skid roads built in the 50s and 60s should also be deactivated, as they have diverted seasonal streams.

"They are contributing to potential unstableness," Penner says. "When the old skid trails got built, they siphoned in water."

They plan to recontour the landscape back to a natural state, based on old maps and the flow of the streams.

He says retaining trees in much of the block will also help avoid instability.

"One of the reasons why we had decided on that partial cut is (because) the trees are still going to be there to keep everything intact."

The ski runs would be accessed from the existing road that leads to a snowmobiling area further up the mountain. As far as the timing of the logging, Penner says the recreation trails have certain rights under the tenure system and logging trucks would also pose a safety threat to visiting sledders.

"Because of this, we can't just go log in winter and disrupt other tenures."

In summer they can also clean up the stand so it can be more productive going forward.

"There's a lot of brush up there doing nothing," he says. "There's no understory coming up."

Ronald Westlund, manager of the Lucille Mountain Water Users group, says there's only a 120m buffer between the logging and Martinson Creek. None of the landowners present at the meeting with the Community Forest were in favour of logging.

"We are asking for the proposed activities to be put on hold until a more in-depth environmental assessment and management plan, as well as a monitoring and enforcement plan, is presented to the public for consideration and comment."

Westlund and his wife run a third generation beef farm, and like the other water users, get their

CONT'D ON P2

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In the Robson Valley multi-material recycling bins are available at the Dunster, McBride and Valemount Regional Transfer Stations.

What is accepted in these recycling bins?

Containers, cans, jugs and drink cups, as well as boxes, envelopes, flyers, magazines and printed paper are all accepted.

Not all plastics are accepted – like Tupperware, garden hoses or toys. Containers for motor oil, vehicle lubricant or antifreeze are only collected as part of the used oil recycling program at the McBride and Valemount Regional Transfer Stations.

Empty and Clean Containers

Empty containers and give them a quick rinse. Residual food can cause an entire bin to be rejected as the material is no longer suitable for recycling and may attract animals and pests. It can also be a health concern for workers sorting the recycling.

Corrugated Cardboard

McBride and Valemount Regional Transfer Stations have compactors to maximize the amount of corrugated cardboard that can be collected. Ensure there is no Styrofoam, plastic wrapping or bubblewrap mixed in with the cardboard before it is loaded into the compactor. Waxed produce boxes and soiled cardboard are not accepted as it impacts the recycling process down the line.

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- Flexible plastic packaging like stand up and zipper pouches, crinkly wrappers, woven plastic bags and non-food protective packaging (but not kitchen wrap, garbage bags, or biodegradable or compostable bags)
- Styrofoam containers for meat, produce and take-out food, and packaging from electronics and small appliances

Visit recyclebc.ca for more information. Locations in Prince George include PG Recycling and Return-It Centre at 2614 Peterson Road, and Hart Return-It Centre at 6665 Hart Highway.

Lucille Logging... CONT'D FROM P1

drinking water from a pipe in Martinson Creek, located to one side of the logging block.

Westlund is concerned that logging could loosen the topsoil which could then flow into mountain streams and affect their water quality.

“For the amount our community water users have invested compared to what they’re going to make or for that block, I don’t believe it’s worth it to take that chance,” he says.

Many of the homes on the line were built because of the water system, he says.

“If there’s anywhere they want to preserve something, it should be (the source of) our drinking water.”

He adds that it’s pretty hard to fix once it’s been compromised.

Tanya Blixrud owns an acreage on Westlund West Road.

“I’m very opposed to it,” she says.

“They’re talking about logging 120m from our actual watershed. That’s concerning because there’s over 30 of us on that water line. It’s good water, it’s consistent water, and we want it to stay that way.”

She says she’s not against logging, but putting logging and recreational users ahead of local drinking water isn’t right.

“They need to take into consideration our concerns as users of the waterline, our concerns should be primary, not the sledders that come into town a few months a year.”

She says with climate change wreaking havoc with the environment, there has to be a better way.

An information package containing the geo-technical report, preliminary watershed assessment, draft site plan and draft site plan map were mailed in September 2022 to watershed user members.

The watershed report says climate change analysis done using the Plan2Adapt tool (developed by the Pacific Climate Impacts

Consortium) predicts the McBride area will see a 6.4 per cent increase in annual precipitation over the next 60 years, with as much as 42 per cent less precipitation as snow during the winter months. A 5.2 degree celsius temperature increase is also predicted.

“The predicted increase in precipitation may result in greater runoff,” the report reads. “However, it is not great enough to be expected to increase erosion potential. The predicted precipitation as snowfall may also result in lessened severity or shifted timing of freshet.”

The report also said there is minimal evidence of slope instability throughout the Dore River watershed. “No signs of landslide or erosion were identified along Martinson Creek or within the proposed block. It is not expected that the proposed block will have significant impact on slopes and landslides.”

Fry says when they ran the numbers with the community forest, it appeared the community forest would only make about 500,000 in profit - an amount not worth putting dozens of properties at risk.

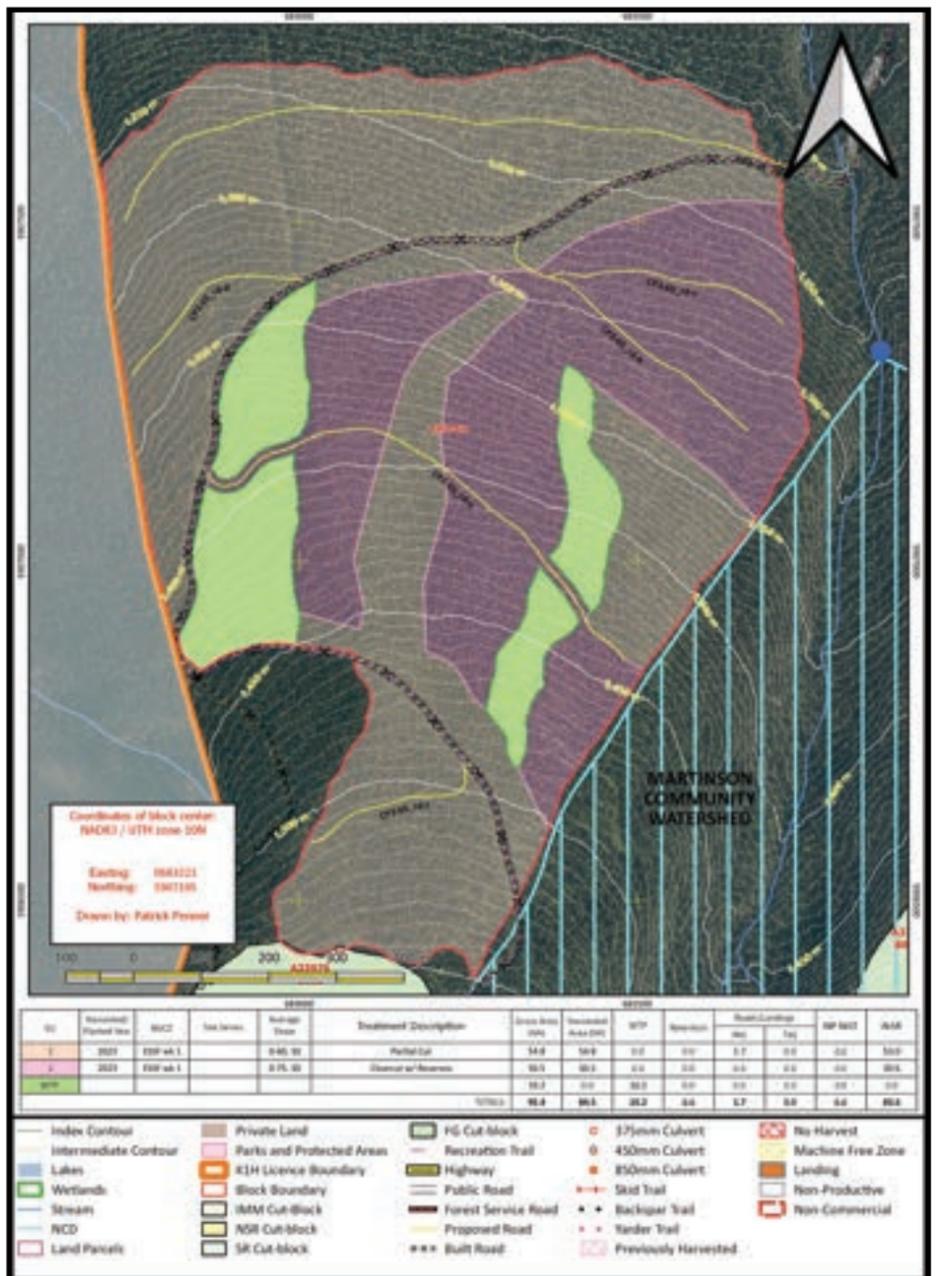
“We have to deal with the fallout, and they get to make the decision,” she says. “They don’t have to resell their property if there’s no waterline.”

She would like to see more community engagement before plans get to an advanced stage.

“We are asking for more consultation, and, you know, how could we mitigate any potential fallout from this?”

McBride Community Forest board chair Harold Edwards says because this is an operational matter, it wouldn’t come to the board. The board sets the policy and direction for the community forest, and if people have specific concerns about logging plans they should speak to Penner.

Westlund says right now he’s waiting for a reply from the Community Forest.



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Valemount Climbing Club update



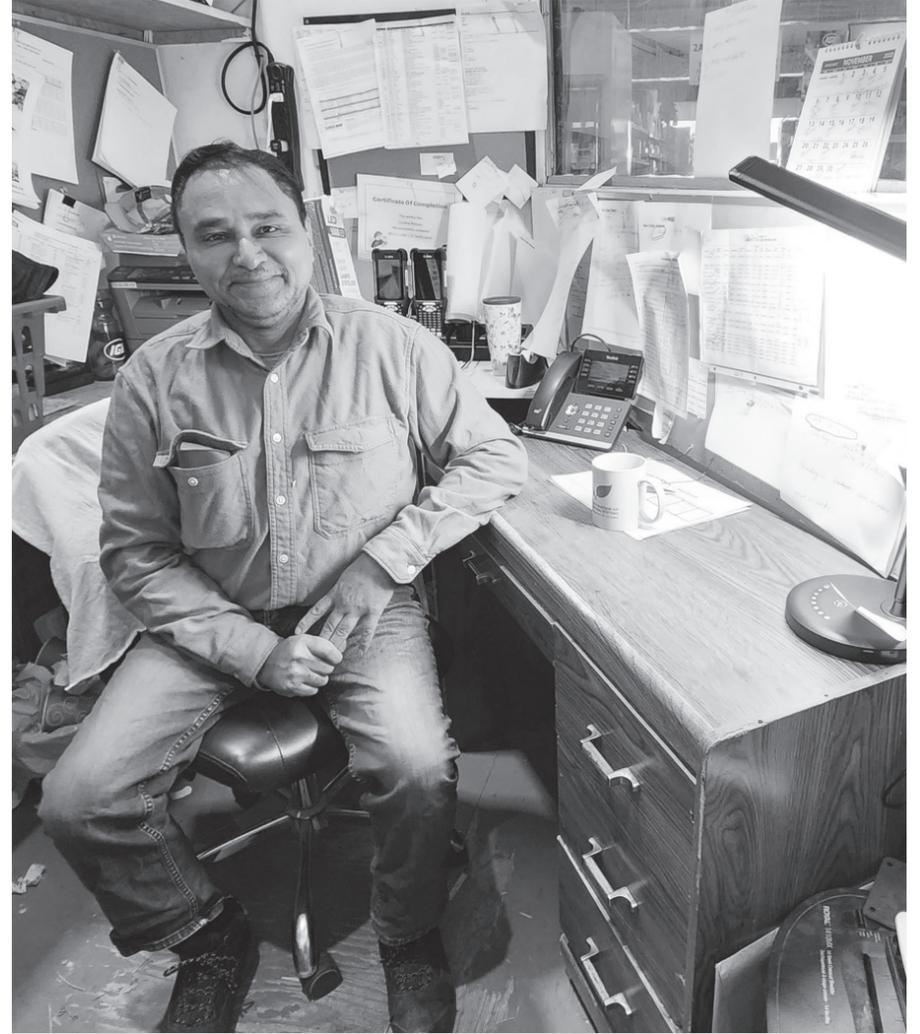
The Valemount Climbing Club is making good progress on their new bouldering gym, the first of its kind in the community. They are still waiting for the crash mats and some of the holds from suppliers but hope to open their doors in early December. Bouldering is ropeless climbing. Proponents say it is both a physical and mental workout and good for kids and adults alike. /LAURA KEIL



Valemount Climbing Club board member Rebecca Wylie tests out a hold in the future kids climbing area. Upstairs is a room that will be available for birthday parties. /LAURA KEIL

“The community is my top-most priority”

Tempo gas owner buys Valemount IGA



Sona Mann, the new owner of Valemount IGA, says the community is at the centre of his business philosophy. /LAURA KEIL

BY LAURA KEIL

Valemount’s IGA is back to being locally-owned after Sona Mann purchased the franchise last week. Already, he has new team members training to fully staff the store with department managers and deputies.

“We have specialized people coming in to assist us, hard-working people, so that we can serve the society at large,” he said.

The new ownership is a turning point for the store, which has struggled for the past few years with a lack of staffing, rotating managers and distribution problems.

Mann recently sold six gas stations from a total of seven that he owned. The gas stations had grocery sections in them, so the business isn’t new to him.

“We had a very rich experience in running the grocery stores for all the gas

stations we possessed.”

For him, the community is at the heart of IGA and his business philosophy.

“The community is my top-most priority,” he said. “People are looking to us with great hopes and we intend to live up to their expectations.”

He plans to have customer specials, Christmas sales and improve the diversity and quality of food offered in the store.

He said the IGA head office at Georgia Main Food Group provided him with lots of support in purchasing the store and he credits them for helping it go smoothly.

Mann will be on site most days, but also has a manager in place. He says the roll-out to the new team is happening quickly, including additional staff.

“Para-commandos are coming,” he said, laughing.

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Editorial



Supporting local at Christmas

BY ANDREA ARNOLD, ASSOCIATE EDITOR/ REPORTER

In spite of the illusion that the recent mild weather is creating, December 25 is fast approaching. As Christmas nears, I am exploring the valley and discovering the many hidden talents and amazing products that residents have to offer in our Local Makers series.

Pottery, woodworking, fibre arts, leather work, aromatherapy, jewelry making and painting are all marketable skills. For some of these niches, there may be several artists, but each artist has their own unique style, providing a wide variety of local products.

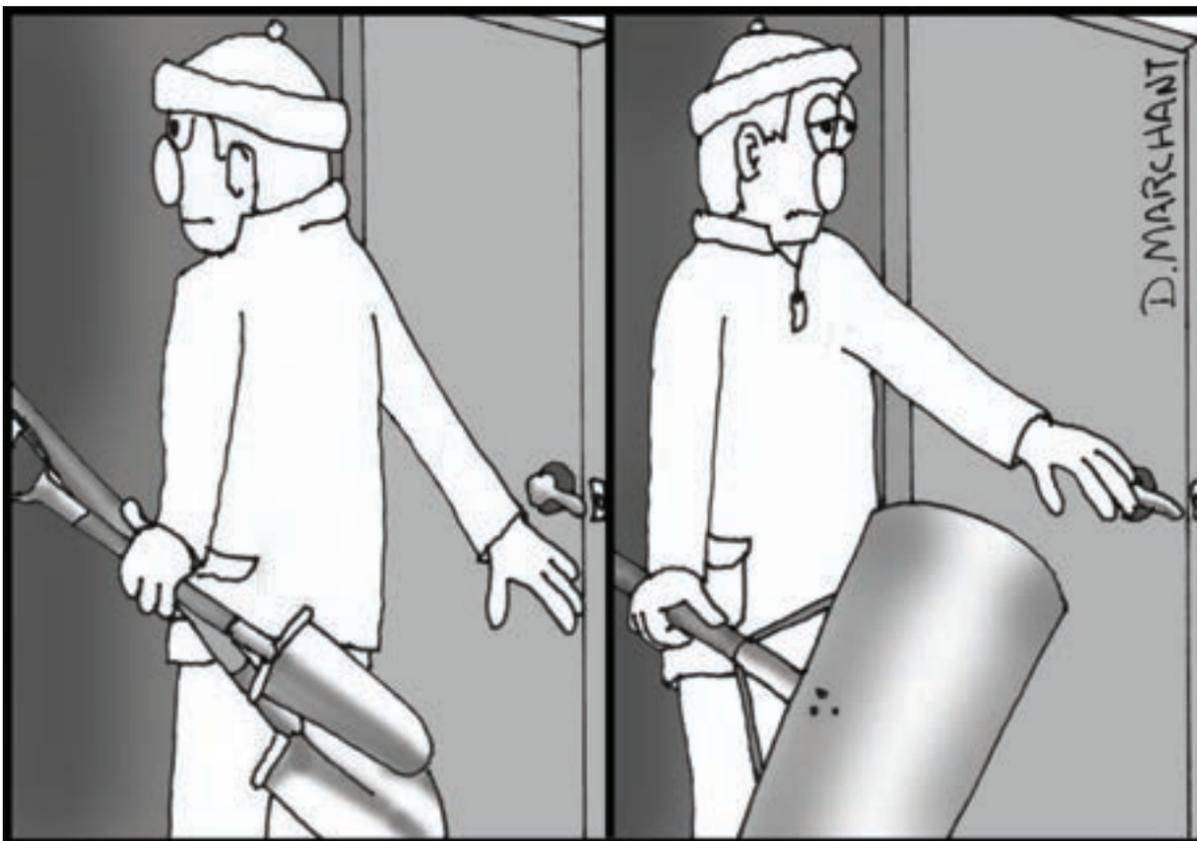
I have always loved the atmosphere at Christmas Markets. I make it a habit to attend as many of the local Christmas and craft markets as I can, to see what the valley has to offer. Sometimes I don't even know I'm looking for a specific item until I see it. This year between Valemount and Dome Creek, I believe there are five markets, starting with Valemount this Saturday on Nov 19. Dome Creek and the Valemount Legion are both on Nov 26th, McBride on Nov 27th and Dunster Dec 3rd. The vendors I have spoken with so far are working hard to make sure they have

enough stock for these events. Most of the ones I have interviewed welcome the challenge of a custom order, as long as it is a reasonable request and is received with enough time to complete.

Some items may come with a slight jolt of sticker shock. It is important to remember these artists and makers spend hours on each item. Time spent away from family and friends. They spend their own money sourcing and purchasing supplies. With our rural setting, sometimes acquiring the needed items can come at a cost. I believe that while pricing their products, our local makers aim to find a fair price that allows them to make a bit of a profit while also providing buyers with a locally-made product.

I think it is important to always support local when you can. I feel like Christmas time is an opportunity to have your dollar reach further than the regular shopping locations and help support the small home-based businesses and entrepreneurs as well.

Check out the Local Maker section of the Goat each week for possible gift ideas as well as our craft fairs.



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Letters / Op-Ed



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 The Goat welcomes all letters to the editor and values diverse opinions in our newspaper. Letters should address something that appeared in the newspaper or a current event. Recommended letter length is 400 words or less due to space constraints. Longer letters may be rejected or the author asked to reduce the length. The Goat formats letters and grammar according to Canadian Press style. No substantive changes are made without the author's approval. All letters are fact-checked and reviewed for clarity and libel. Letters must be submitted with a phone number for verification purposes and the location of the author, but only the name of the author and location will be published. We do not publish anonymous letters. Write to us! goatnewspaper@gmail.com. We ALWAYS confirm receipt of letters. If you have not received a reply from us, please call us at 250-566-4606 so we can make sure we receive it. Our letters deadline is Sunday 5pm the week of publication. Letters received after our deadline may still be included if space is available, otherwise they will be bumped to the following week.



Remembrance Thank You

The Royal Canadian Legion Branch #75 (McBride) would like to thank everyone for the great community support of the 2022 wreath and poppy campaign and for the show of support at the parade and ceremony at the cenotaph in Steve Kolida Park.

Special acknowledgement to MLA Shirley Bond, MP Bob Zimmer, Regional District, C.U.P.E., and B.C.G.E.U. and to others who purchased and laid wreaths. Proceeds from the poppy fund support veterans and their families.

Thanks to all those individuals who contributed to our Remembrance Day ceremony including Bob Balcean (school program and mobile sound system), Dave Hruby (parade marshal), Keith Berg (horn playing), Beth Fredrick (leading in our songs), and Rev. Andriy Antypov (scripture reading).

Thanks to the Beanery 2 (Donna, Andy, and staff) for the great roast beef luncheon and to TGP for their donation towards the meal. Thanks also to Margaret, Corrine, and any other helpers at the luncheon at the Legion Hall.

Finally, thanks to the Village outside staff (street sanding), Advantage Insurance (printing the pamphlets), the Little McBride Paper and the Goat Newspaper (advertising).

The Royal Canadian Legion Branch #75 (McBride) looks forward to continuing our contribution to the community in a variety of ways.

Dennis Rejman
*On behalf of Royal Canadian Legion Branch #75
 McBride BC*



Global Thoughts

BY GWYNNE DYER



Gwynne Dyer is a Canadian-born independent journalist whose column is published in more than 175 papers in 45 countries.

Ukraine: Where Next?

The recovery of the city of Kherson is the third big victory for the Ukrainian armed forces in three months: first, the reconquest of all of Kharkiv province in September, then the partial destruction of the Kerch Strait bridge linking Crimea with Russia in October, and now the liberation of Kherson. So where next?

The decisive factor in shaping this war has been the relatively small numbers of troops engaged. When the Nazi and Soviet armies were waging their titanic battles back and forth across Ukraine in 1941-43, there were several million soldiers fighting on each side, with tanks, planes and artillery to match.

Once a breakthrough occurred, in those conditions, the front could move hundreds of kilometres before it settled down again. Many cities changed hands not once or twice but four times. But now the armies have got small again.

The Russians invaded last February with fewer than 200,000 men. Even now, after considerable reinforcements but also large losses, their army in Ukraine is 250,000 at most. Ukraine's army has grown at least as fast, and probably now has about the same number at the front.

The problem is that the 'front', the line of contact between Ukrainian and Russian troops, is about one thousand kilometres long. Each side therefore has an average of only 250 soldiers per kilometre, or one for every four metres.

In reality, more than half these soldiers will be behind the front manning artillery, driving trucks with supplies, staffing field hospitals and so on, so the men at the actual line of contact are spread out to around one every ten metres.

This determines the way the current war is fought. The front is manned so sparsely that it is fairly easy to get a breakthrough – but the attacking forces are also much smaller, so they can only hope to hold the new ground they have gained if they stop their advance fairly soon.

In their northern offensive in September, the Ukrainians quickly advanced about 75 km. on a broad front – and then they stopped, although the Russian troops in front of them were still fleeing. They were spreading themselves too thin, and making themselves too vulnerable to a Russian counter-attack.

They are cautious and methodical, and they will continue to take regular modest bites out of the Russian

positions. No drama, but steady advances.

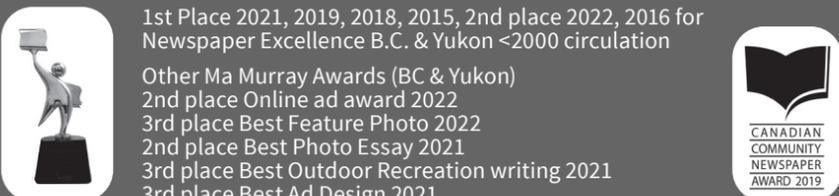
So where will they attack next? Certainly not from newly liberated Kherson: it would cost too many lives to cross the Dnipro river under fire. In the east, the Donbas bristles with field fortifications, and an offensive there would also be a slow and painful business.

Ukraine's next step will almost certainly be an advance from the region of Zaporizhzhyye south to the Black Sea coast. That would leave all the Russian forces in what's left of Kherson province and Crimea totally dependent on supplies coming across the badly damaged Kerch Strait Bridge from Russia.

Starve them out, and Ukraine will have recaptured almost all of its pre-February territory. That's the point at which negotiations would finally become possible. Many different peace deals would then be available.

If the Russian army has actually collapsed, then the borders all go back to the pre-2014 map. If it's still standing, then maybe Ukraine gives up the Donbas in return for recovering Crimea, or the other way around, or perhaps it has to accept merely a return to the pre-February 2022 status quo.

The course of the fighting will decide which option actually materialises.



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Flagging crew adds medical treatment unit

By ANDREA ARNOLD

Robson Valley Traffic Control has added a new specialized truck to its fleet of vehicles. The Medical Treatment unit allows them to provide some medical treatment on site. The unit will mostly be used on moderate to high risk jobs that are either at a remote location or too far from a medical centre.

"In some of the jobs we get called out on, especially those involving BC Hydro, a medical treatment vehicle may be required to be on site," said company owner Leah Peterson. "Being able to provide this service may allow for a faster resolution in some situations."

Currently, Peterson's son and staff member Wyatt Milligan has completed the two week course required for certification in Level 3 Occupational First Aid.

"We plan to have more staff certified in the future," said Peterson.

The truck and medical unit were purchased, combined and fully stocked with new supplies including an AED and oxygen. The shell of the medical unit is a hard shell, rollover protection style.

Robson Valley Traffic Control was started when son Cole Peterson took a flagging course during high school. It was his idea to start the business in 2016.

"We supported him, and then when he moved back to Alberta, Leah (mom) stepped in and took on the responsibility," said Peterson.

Robson Valley Traffic Control has continued to be a family business. Although some of their crew are not genetically related, the Petersons consider them all family. They get called out at all hours to work in all kinds of weather and situations. Most often, flaggers are called spur of the moment following an accident.

"It takes a special kind of person who wants to help keep the community safe in all conditions,"

said Peterson. "We are extremely fortunate to have the staff we have, and we are looking for more dedicated individuals."

A few years ago, Petersons were asked if they would consider a contract working with the pipeline. They decided that no, they would stay in McBride and continue to serve the community here. They have continued to build their fleet and inventory in order to better serve the

valley.

Currently the crew has three fully stocked flagging trucks as well as several support trucks when more than one is needed on a site. They have upgraded their lighting systems used to help keep flaggers safe at night and are planning to purchase some automatic flaggers.

"Our hope is to continue to invest in the community through increased service," said Peterson.



Wyatt Milligan is the first Robson Valley Traffic Control employee to be certified with Level 3 Occupational First Aid. He will be manning the unit on calls that are remote or too far from a medical centre. /SUBMITTED

www.valemount.ca



CBT CIP/AAP Adjudication Committee -

Call for Members

The Village of Valemount is seeking volunteers to fill vacancies on the Columbia Basin Trust Community Initiatives and Affected Areas Program Adjudication Committee (CBT CIP/AAP). The Adjudication Committee's role is to make recommendations to Council regarding which community organizations should receive funding from the CBT CIP/AAP.

There are 4 positions available, each for a 2-year term.

Committee applications are available on the village website at: www.valemount.ca or at the Village Office, 735 Cranberry Lake Road.

Contact Tracey Dennis at 250.566.4435 or email grantclerk@valemount.ca for further information.

The application deadline is December 6th at 12:00 pm.

Council Inaugural Meeting

Congratulations and welcome to the Village of Valemount Mayor and Council for the 2022-2026 term.

It was a historic moment as for the first time in our community's history an Inaugural meeting occurred where some Council seats remained vacant.

An appointment process, legislated under the Local Government Act, is ongoing and two Councillors are expected to join Council later in November 2022 through this appointment process.

Valemount Visitor Centre

Fall and Winter Hours

Open Monday – Friday, 8:30 am – 4:30 pm. (Closed for lunch 12:30 pm – 1:30 pm). Closed Statutory Holidays

Plaid Friday – November 25th

Check out the Love Valemount and Village of Valemount Facebook pages for store promotions and contest details.



Call Out for Clean Air Task Force Volunteers –

November 2022

The Village of Valemount Council is currently seeking Expressions of Interest from community members who wish to serve on the Clean Air Task Force.

The Clean Air Task Force is a Select Committee of Council whose mandate is to explore all options to improve air quality in the Village of Valemount, and to make recommendations to authorities having jurisdiction to take positive actions to reduce negative influences on air quality in the valley.

The task force currently consists of Council members and resource persons from affected public sectors. The Village wishes to add up to two members from the public to provide input to the Committee.

For further details of the committee's mandate and composition, please read the complete Terms of Reference, available on the village website at www.valemount.ca

To apply for a position on the Clean Air Task Force, please forward a brief letter outlining your relevant interest and experience by email to corporate@valemount.ca, or by mail to Village of Valemount, PO Box 168, Valemount BC, V0E 2Z0. **The deadline for applications is Monday, December 5th at 4 PM.**



735 Cranberry Lake Road
250-566-4435 PO Box 168



A lot of bull

Bull moose with large antlers make for an impressive sight. In winter they feed mostly on brush tips as this one is doing. Moose is an Algonquin term meaning twig eater. / LEON LORENZ

MCBRIDE COUNCIL NOTES

Bung Bung beer garden, and election declaration

BY ANDREA ARNOLD

The first McBride Council meeting of the 2022-2026 term was called to order at Mayor Gene Runtz by 7:02pm. All new members of council were present: Councillor Glen Frear, Councillor Diane Smith, Councillor Peter Caputo and Councillor Joe Kolida.

Beer garden application

Council passed the motion approving the McBride Elks & Royal Purple's Application for Beer Garden Endorsement for Bung Bung Mixer on November 25, 2022.

Election declaration

Council voted to receive the 2022 General Local Election Declaration of Election by Voting and Ballot Account Reconciliations for the offices of Mayor and Council

In Camera

Council moved to an in-camera meeting for consideration of matters of the Community Charter related to Section 90 (1) (i) the receipt of advice that is subject to solicitor-client privilege including communications necessary for that purpose.

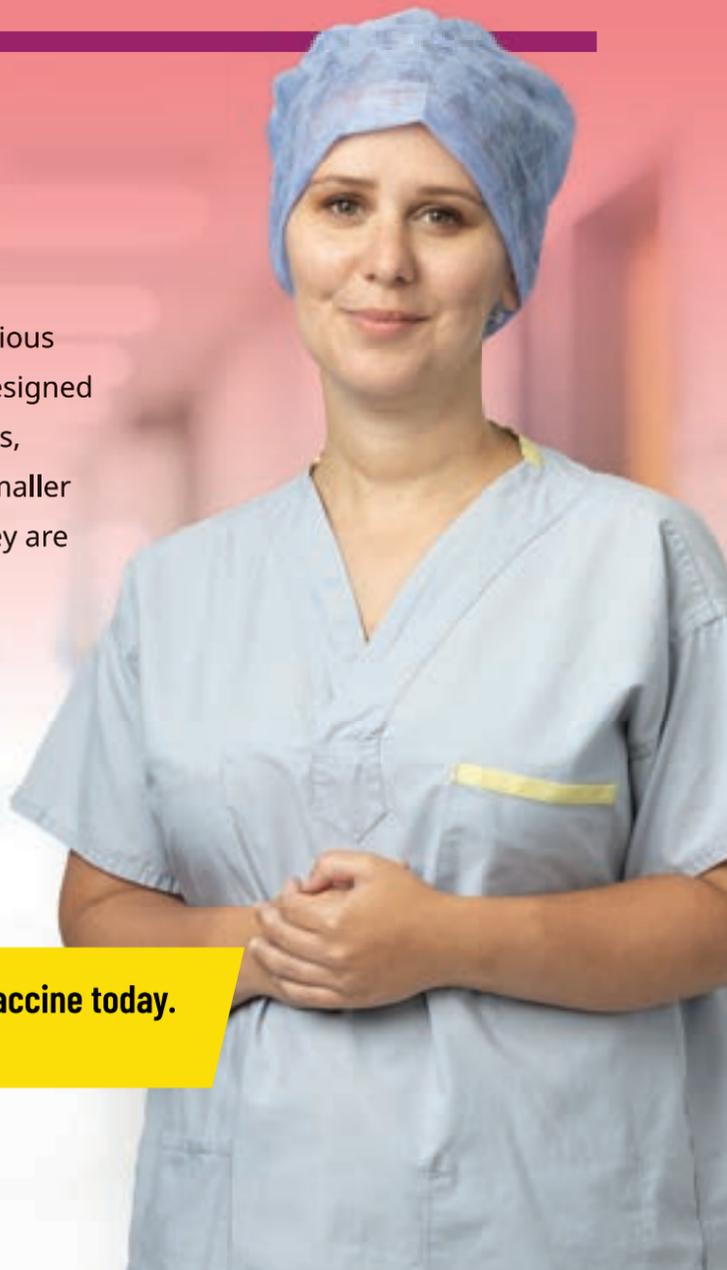
The regular meeting was adjourned at 7:18pm.

COVID-19 IN BC

“While most kids get mild COVID, some become seriously ill.”

Vanja Ryan
Registered Nurse,
Pediatric Operating Room

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Friday November 18th, 2022**

Local Makers

In the weeks leading up to Christmas we will be highlighting local makers. If you or someone you know create and sell prod



Ashley Chuipka has a variety of colour combinations available in her knitted toques, ear warmers, neck warmers and mitts. /SUBMITTED



Even though her focus has shifted to knitted products Ashley Chuipka continues to make and sell genuine gemstone bracelets. /SUBMITTED

Owl Light Creations Eco-Friendly Knits

BY ANDREA ARNOLD

Dome Creek resident Ashley Chuipka wanted a toque that would, at the end of its useful life, not lay in a landfill. So she made herself one. She realized there is a market for eco-friendly, reusable, biodegradable and sustainable products.

“My goal is to provide a product that is as natural as possible,” said Chuipka.

These toques along with other knitted items and some jewelry are available through her business Owl Light Creations.

“My toques are safe to wear and safe for the planet,” she said. “I try to use all natural materials.”

Chuiyka knits using hand-dyed merino wool that she buys 50 per cent from suppliers in BC and Alberta. The other half comes from outside of Canada. She hand makes the pompoms that top her toques out of real fur. Much of this fur comes from animals she and partner Daniel get through their trapline. They hand tan lynx and coyote fur. Other fur, like the silver and red fox she likes to use, she gets through an online order. The pompoms are attached to the toque top with waxed linen or cotton thread and a handmade wooden button.

Chuiyka cuts small pieces of wood, drills the holes and sands the buttons smooth before attaching them.

The stamped leather tags that adorn the products come from a maker in Alberta.

“I have made ear warmers, neck warmers and gloves as well,” said Chuipka.

She chose merino wool because she was looking for a warm, non itchy and hypo-allergenic option and she is sensitive to regular wool. It is a material that regulates temperature, and is naturally fire, stain, and odor resistant.

“Merino wool is a renewable and sustainable material, and it is durable, soft and squishy,” she said.

When she needs to order in supplies to make her products, Chuipka tries to source from small business owners, helping to support other entrepreneurs.

Chuiyka dabbled in knitting about eight years ago, and started selling her products two years ago.

Creating products that are eco-friendly is very important to Chuipka. Her choice to use real fur over faux fur was for her a no-brainer.

“I read a study where real fur and faux fur was buried, then dug back up some time later,” she said. “The real fur had completely decomposed, and the faux fur looked the same as when it had gone in.”

She understands that some people feel strongly against the use of real fur. She is an animal lover herself, but also sees the long term value in using the real fur. Fur is a material that has been used all through history.

“I use fur from animals that we trap,” she said. “These are predatory animals, and their numbers are really high right now. We use 100% of the animals we trap.”

Chuiyka also makes genuine gemstone bracelets. She is regretful that she has not been able to find an eco-friendly option for the form of the bracelets.

“I am careful to source the genuine stones,” she said. “There are lots of look-alikes out there.”

Each bracelet comes with a tag that lists the properties of the stones.

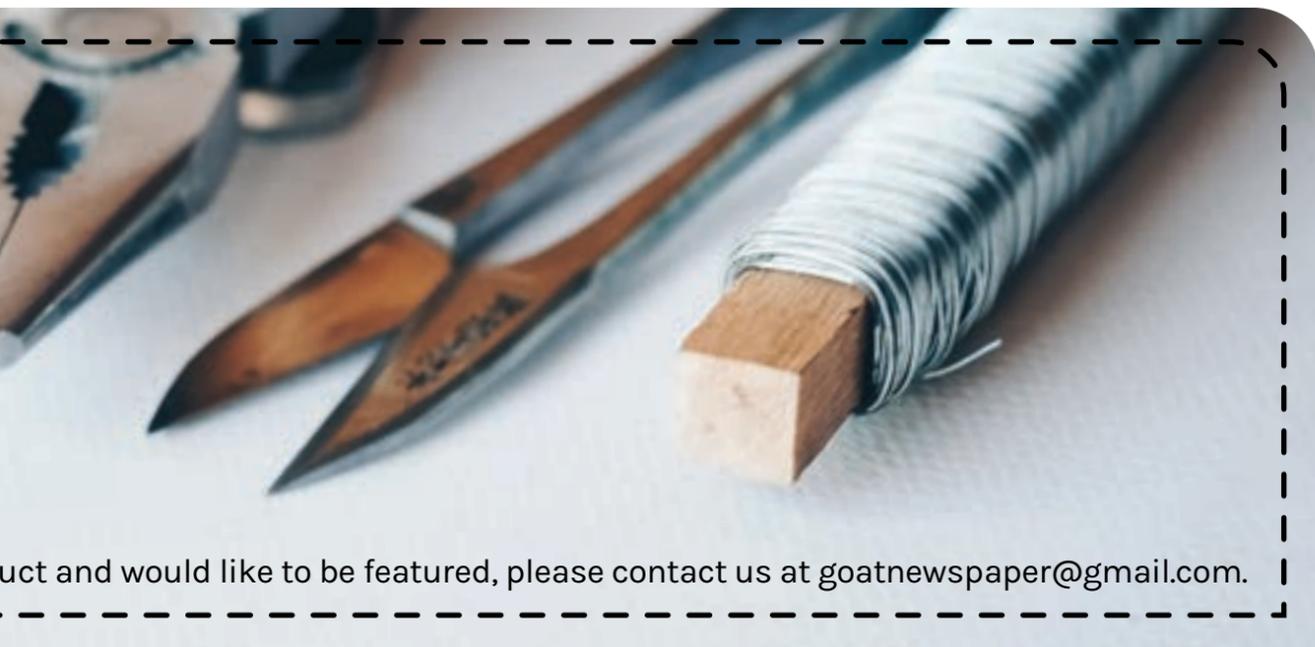
Both the jewelry creations and the knitting came out of the need to fill time in the winter, and the desire to make things using her hands.

“I started making the jewelry as something to do and a way I could make a little extra money,” she said. “Stringing the beads is therapeutic.”

Owl Light Creations may see an expansion of products in the near future. Chuipka recently completed a two-year herbal medicine program. She plans to create tea blends to sell.

Chuiyka is taking custom Christmas orders until December 1. Customers can choose colours, design and type of fur from photos that she has posted on Owl Light Creations’ Facebook or Instagram pages. Delivery to McBride can be arranged a couple times a week. Shipping through mail services is also available with an added cost.

She plans to attend the McBride Christmas Market this year. If she is able to build up enough inventory, she may attend a market or two in Prince George in the coming years.



product and would like to be featured, please contact us at goatnewspaper@gmail.com.

Venuto Upcycle + Thrift Giving fabric a second chance

BY ANDREA ARNOLD

Entrepreneur Anika Venuto moved to Dunster with her boyfriend Chris this past spring. She quickly got involved with the Dunster Community by setting up a booth at the Community market for her home-based business Venuto Upcycle + Thrift.

A recent graduate of Fashion Design, Venuto realized how wasteful the industry is. She started to look at ways that she could be different, ways she could better use the materials, including the scraps. Once she got the idea to reuse fabrics, she dove right in.

"I started upcycling old tired fabrics that have been donated or thrifted," she said. "I recently was given a bag of quilting scraps, and I look for fabric pieces at thrift stores. I stay away from usable clothing because people need clothes."

Venuto happily accepts donations of most fabrics. Denim is her favourite material to use, and she steers away from any stretchy fabric as it is hard to work with.

Most of her current stock consists of bucket hats and shoulder bags. Some of her creations have come out of mistakes. She has recently started creating fabric event banners. She will have hats, bags, banners as well as hand made cards, and other Christmas items available at the Dunster Christmas Market on Dec 3.

"When something doesn't come out the way I hoped, I refine and improve and sometimes come up with something completely new," she said.

One avenue of fabric reuse that is near to Venuto's heart is finding ways to use sentimental fabric items into new functional pieces.

"I can take old worn blankets, shirts etc. and turn them into bucket hats, or bags," said Venuto.

She is open to other suggestions as well. She loves the opportunity to help people hold on to a piece of a loved one, or a cherished memory. She hopes to make herself a bag out of old dance shirts.

At any given time, Venuto has several projects on the go. She often fills her day bouncing from one project to another every few hours to keep herself focused and engaged. Aside from the fibre based projects, she has found a passion for baking, and her neighbours are appreciating her efforts. She would like to learn how to crochet and knit as well, and hopes to get back into other art mediums. In warmer months, she is planning to explore the skill of gardening.

When trying to find a place to call home, Venuto and her partner were looking for a quiet community to move to. They didn't know where they would end up.

"We did a road trip in the spring of 2021," said Venuto. "It is a small quiet community and we love the mountains."

The pair put an offer on a house just west of town that fell through before they found their home in Dunster.

"I love it," said Venuto. "When we go away, I'm excited to come back home."



Anika Venuto models one of her bucket hats and shoulder bags. The flag banner she holds in front of her is a newer addition to her business and she plans to make several more that can be used as Christmas decorations. /ANDREA ARNOLD

Although she grew up in Langley BC, Venuto is adapting quickly to rural living. She divides her time between several creative endeavours. Most prevalent is keeping her business stocked and her website up to date.

Venuto enjoys being able to display her products at markets, but also uses her website, www.venuto.ca as a year round sales platform. Customers can pick from a variety of fabric options available through the site as well as view the different designs she has created.

Shannon Tearing

"I am a woman, I am invincible"

Dedicated to her courageous effort to the awareness of her own and others' disabilities as she traversed in motion across Canada to Ottawa Ontario via wheelchair. Then returning via Highway 16 through to Prince George B.C. onto Northern British Columbia, and back to her home, in Dunster B.C.

May she always be remembered on mother earth... as a woman of outstanding compassion, love, life, and laughter.

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May the great spirit creator bless us all...

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The Caribou Grill
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Valemount Remembrance Day 2022



Village of Valemount CAO Eric Depenau, a Captain with the Rocky Mountain Rangers, lays a wreath on behalf of the village. / LAURA KEIL

Despite chilling winds, a good crowd turned out for Valemount's Remembrance Day ceremony last Friday. The Rangers, Junior Rangers, local veterans and legion members took part in a parade from the library to the cenotaph, followed by The Last Post, a speech by Chaplain Kim McNaughton and laying of wreaths.



Irene Blackman and Logan greeted the parade with flags at the Valemount Legion Friday morning. /LAURA KEIL



Members of the Junior Rangers took part in the parade. /LAURA KEIL



Paul McManus wears his father's great coat every Remembrance Day. His father, Patrick McManus, fought in the Royal Canadian Air Force during the Second World War. His father bought the coat when he accompanied Prince William and wife Kate to the Ottawa War Memorial. On Nov. 11th, his dad's official RCAF service photo in his pocket, Paul heads down to the brewery and has a beer with his dad, who passed away some years ago. "We're pretty quiet, but what really is there to say: thanks Dad, for putting it all out there, for doing your bit to protect us all. We sit quietly, him in his picture frame, and me proud just to be with him." /LAURA KEIL



Cpl. Devon Reid of the Robson Valley RCMP lays a wreath at the cenotaph. / LAURA KEIL



Chaplain Kim McNaughton spoke about the various elements of remembrance on Remembrance Day. / LAURA KEIL



Two members of the junior rangers accompanied Second World War veteran Alice Olson, 99, to lay a wreath at the cenotaph Friday morning. /LAURA KEIL

PUZZLES



CROSSWORD

- Across**
- "The Lord of the Rings" figure
 - Downloads for tablets
 - Hen's pride
 - Comrade
 - Gratis
 - Using
 - Rocks, to a bartender
 - Searching for food
 - "Cut it out!"
 - Stallion
 - Bounce back
 - Note
 - Lhasa native
 - Green, in a way
 - Entirely
 - Artist's paint board
 - Legislative group
 - Stratagem
 - Shoe bottom
 - Pants have them
 - Answer
 - Pickpocket, in slang
 - Give it ____, 2 words
 - Cogwheel
 - Evidence piece
 - May honoree
 - "What are the ____?"
 - Inlay
- Down**
- Vast
 - Needlepoint
 - Hopper
 - Have an impact on
 - PGA contestant
 - Ad for the lovelorn
 - Couch
 - Clear
 - Tonic partner
 - Joke
 - What supports a tooth
 - Perceive with the eyes
 - Came to pass
 - Fulfilled
 - Be indebted
 - Check
 - Chicago's state
 - Produce flowers

1	2	3		4	5	6	7		8	9	10	
11				12					13			
14				15				16				
17			18			19						
			20		21			22		23	24	
25	26	27							28			
29					30		31	32				
33			34		35							
			36		37			38		39	40	41
42	43					44			45			
46					47				48			
49					50					51		

- Failures
- Needle part
- Admit or acknowledge a wrongdoing or error
- Jaguar on the hood is one
- Tacks on
- Ore store
- Fight
- Battering device
- Pride
- Frowning

Answers on P13

SUDOKU

HOW TO PLAY

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember. You must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

6					2			8
			5	3	1	9		
		6	4					
9	7					8		1
		9	6	8				
4		6					5	9
			9	7				
	2	4	5	3				
1			2					5

Answers on P13

The Toughie

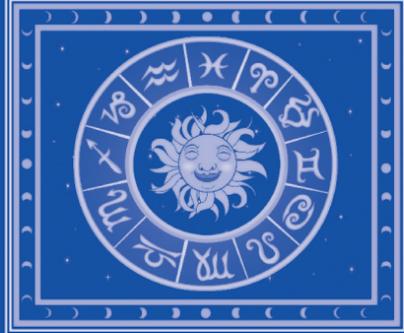
by Myles Mellor

- Across**
- Therapeutic baths
 - Company going public has one
 - Striped fish
 - Baked, in Bologna
 - Armstrong walked here
 - Grand slam foursome
 - Helpful plants
 - Wager
 - Article in Der Spiegel
 - US city
 - Ancient Roman city in England
 - Coup ____
 - Resting place
 - "What've you been ____?"
 - Render harmless
 - California University
 - Works, as a field
 - Beige
 - Swell place?
 - US city
 - Immigrant's subj.
 - One-eighties
 - Fill with joy
 - Trademarks, abbr.
 - Monty Python alumnus John
 - Beauty products provider
 - Chill
 - Prefix with logical and economic
 - US city
 - Spanish city
 - High protein soy
 - Conceal
 - Typo
 - Prefix with plane
 - Some spaceships
 - John on a farm
 - Vegetarian's no-no
 - Hot car
 - Lady of Lisbon
- Down**
- Fleece
 - John Paul II, e.g.
 - Hadron's place
 - Quit
 - Charged atom
 - Money to be gained
 - Genderless pronoun
 - Cover with crumbs
 - Somewhat
 - Hyperbolic function
 - Compass point
 - Tennis great, Arthur
 - Kenyan tribesman
 - ____ be good if
 - Baffle
 - African flies
 - Winter comment
 - Unexpected sports outcome
 - Proto____

1	2	3	4			5	6	7		8	9	10	11
12				13		14				15			
16						17				18			
19					20					21			
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25	26	27			28		29			30	31	32	
33			34			35					36		
37					38	39				40			
41				42						43			
44				45			46	47		48			
			49				50			51			
	52	53					54				55	56	57
58					59	60	61			62			
63					64					65			
66					67						68		

- Works long and hard
 - Adept
 - Regular
 - Simmons rival
 - Shrewd
 - Building material
 - Brazilian soccer legend
 - Smashing Pumpkins song
 - Crimson
 - Travel bag inclusions
 - Environmental prefix
 - Alaska native
 - Burned up
 - Part to play
 - Trade agreement
 - Sundae topper, perhaps
 - Created
 - Zone
 - Scot's hat
 - Rogues' gallery photo
 - Away from the bow
 - Mich. locks, for short
- Answers on P13

HOROSCOPES



BY HOLIDAY MATHIS

Mercury Enters Hopeful Sagittarius

Don't waste energy being too practical or thinking small. Get magical; so much is working in our favor. Mercury enters the hopeful and lucky realm of Sagittarius. Positivity abounds. Speaking words of hope makes it so. Belief, faith and favorable feats of imagination have real power. Maybe better worlds would form on their own, but many types of scenes can only come together after they've been created in the mind's eye.

ARIES (March 21-April 19). Hanging out by yourself will be fun because you'll get to enjoy exactly what you want without having to compromise. The food and entertainment is all your choice. Later in the week, you'll look back fondly on the moments you got to do as you wish. It's so much easier to be a good friend to others when you're first a good friend to yourself.

TAURUS (April 20-May 20). Limitations are actually the best things that could happen to your project. When you have limited time, you'll get things done quickly. When you have limited money, you'll do them efficiently, too. Your project might actually turn out much better than it would have if you hadn't had the parameters. You're a genius at embracing these realities.

GEMINI (May 21-June 21). Standing where you can see means standing where you can be seen. Do you know what you should expose and what you should protect? There will be decisions to be made in this regard. Maybe you won't get them all right, but you'll make them mindfully, which is more than most can claim.

CANCER (June 22-July 22). When you want something objectively, you like the idea of it but may or may not be willing to do the work it takes to make things happen. But when a want is at the level of desire, you'll put in whatever effort is necessary. This week, you're still deciding how much you want a thing, and there's no need to rush the decision.

LEO (July 23-Aug. 22). This week brings atypical patterns. Days filled with leisure lead to your most productive cycles. So pace yourself and interrupt periods of hard work with long, lazy stretches of doing nothing at all. In general, there is great freedom to be felt by letting go of what happened or letting go of your story about what should have happened.

VIRGO (Aug. 23-Sept. 22). This week is a scavenger hunt. A series of small, easily solvable predicaments will lead you down this winding path. There may be a prize at the end, but it's minor compared to the fun and satisfaction of solving each predicament. It's wonderful to have quality problems to work on!

LIBRA (Sept. 23-Oct. 23). Even though you'll be turning in work to someone else this week, the truth is that you are ultimately running your own business. You're the one who knows the investment and how it moves your goals along or doesn't. Carve out your own opportunities. Life isn't about getting a chance; it's about taking a chance.

SCORPIO (Oct. 24-Nov. 21). People involved in today's interactions will have different wants and interests from yours. If you're to get to common ground, bridges must first be built. Stay lighthearted and playful. Things will get complicated, but deliciously so because you keep approaching them from the perspective of fun and games.

SAGITTARIUS (Nov. 22-Dec. 21). Everyone is multidimensional. You learned long ago not to underestimate those around you or assume you know their next move. Now you can apply that lesson to yourself. You are capable of more than you think. There's much more to you than you are currently aware of, but you'll learn it as the week unfolds.

CAPRICORN (Dec. 22-Jan. 19). There are overly practical types who are so focused on profit that they do not understand efforts made for other reasons. You'll educate them as you spend time on an impractical endeavor that makes you feel connected, peaceful and part of something indescribable.

AQUARIUS (Jan. 20-Feb. 18). Disregard the competition and any limits that might seem to be in play. Yes, abilities and situations have rules, but they are often far less stringent than the ones you'd assume. Pretend you didn't know any better. What would you focus on then? What can you see yourself do?

PISCES (Feb. 19-March 20). This week's dance will be restrained and elegant, giving you a chance to catch your breath. Small, interpersonal dramas will be part of the experience. You might have forgotten exactly what you told someone, but the other person hasn't. Ask questions and get everyone on the same page. Good communication is a saving grace.

THIS WEEK'S BIRTHDAYS: While of course everything can't go your way at all times, the good news is that this trip around the sun brings the satisfying opportunity to do certain things precisely your way. You may as well go mad with specificity. Plan and dream it just the wild way you think might please you best. More highlights: a wonderful travel companion, an investment that pays off well and quickly and the purchase of a property that will be in your family for years.

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1	E	L	F	4	A	P	P	S	8	E	G	10	G		
11	P	A	L	12	F	R	E	E	13	V	I	A			
14	I	C	E	15	F	O	R	A	16	G	I	N	G		
17	C	E	A	18	S	E	19	S	T	U	D				
20				21	E	C	H	O	22	M	E	M	O		
25				26	I	B	E	T	27	A	N	28	N	E	W
29	A	L	L	30	P	A	L	31	32	T	T	E			
33	B	L	O	34				35	P	L	O	Y			
36				37	S	O	L	E	38	S	E	39	A	M	S
42	R	E	S	43	P	O	N	S	E	44	D	I	P		
46	A	G	O	47	G	E	A	R	48	D	N	A			
49	M	O	M	50	O	D	D	S	51	S	E	T			

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6	3	9	7	1	2	5	4	8
7	4	2	8	5	3	1	9	6
5	1	8	6	4	9	7	2	3
9	7	3	4	2	5	8	6	1
2	5	1	9	6	8	3	7	4
4	8	6	3	7	1	2	5	9
3	6	5	1	9	7	4	8	2
8	2	4	5	3	6	9	1	7
1	9	7	2	8	4	6	3	5

TOUGHIE ANSWERS

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16	C	O	T	T	A	17	M	O	O	N	18	R	B	I	S		
19	A	L	O	E	S	20	A	N	T	E	21	E	I	N	E		
22	W	E	M	P	H	23	T	I	S	24	B	A	T	H			
25						26	D	E	T	A	T	27	B	E	D		
28	U	P	T	O	29	D	I	S	A	R	M	30	U	S	C		
31	P	L	O	W	S	32	E	C	R	U	33	S	E	A			
34	S	A	I	N	T	35	P	E	T	E	R	S	36	B	U	R	G
37	E	S	L	38	U	E	Y	S	39	E	L	A	T	E			
40	T	M	S	41	C	L	E	E	S	E	42	O	L	A	Y		
43				44	I	C	E	45	S	O	C	46	H	I	O		
47	R	E	N	O	48	C	O	R	49	D	50	P	O	B	A		
51	T	O	F	U	52	W	A	S	53	K	54	E	R	R	O	R	
55	A	L	T	I	56	U	F	O	S	57	D	E	E	R	E		
58	W	E	A	T	59	G	T	O	60	D	O	N	A				

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Community Events

Send us your event to ads@goatnewsmedia.com or call 250-566-4606. Use 40 WORDS or less and we will publish it FREE up to a month before

VALEMOUNT

MONs **Family Place Drop-In** is now on Mondays from 9am-noon with Hannah. Come for the connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS (99 Gorse St) unless location otherwise stated! Call 250-566-9107 or email events@rvcsbc.org for more info.

Nov. 7— Free play time at RVCS

Nov. 14— Free play time at RVCS

Nov. 21— Free play time at RVCS

Nov. 28— Paint the Town Purple craft & info at RVCS

MONs **Seniors Drop-In** is no longer running. Keep an eye out for a new program starting in the New Year called SOAP: Seniors Outreach Activity Program. Our Seniors Program Coordinator will be planning intergenerational programming, crafting workshops, cooking classes, digital literacy courses and more! Call 250-566-9107 or email events@rvcsbc.org for more info.

TUEs It's **Winter Art Club** in Valemount for kids ages 8-13 years! Beginning Nov. 22 and running for 4 weeks each Tuesday until Dec. 13 from 2:45-3:45pm, kids will learn new arts skills through a variety of mediums at RVCS (99 Gorse St). Contact 250-566-9107/events@rvcsbc.org to register.

THURs beginning NOV 3 join us for **Food Sense: Healthy Cooking on a Budget** at the Valemount Secondary School from 3:30-6:30pm weekly until Dec. 8th. This free cooking class is geared towards adults, though 13+ may join with an attending caregiver. Make delicious recipes, learn about nutrition, connect with others and eat your creations. Pre-registration required: Please call 250-566-9107/events@rvcsbc.org to secure a spot!

SAT NOV 19 **Valemount Christmas Craft Fair** 10 am-2pm at Valemount Secondary school. \$25 /table. Valemount crafters, vendors, bakers.... Support Grad 2023. Cake walk. Munchie raffle. Concession. Call 250-566-1840 to book your table.

MON NOV 21 from 1-3pm RVCS Valemount (99 Gorse St) is offering **Tech Café for Seniors**. Come and get one-on-one support from our Seniors Program

Supervisor! No registration required. Call 250-566-9107 for more info.

SAT NOV 26 from 10am - 2pm is the **Holiday Craft Market** at the legion, at 970 Main St. Bake table, local artisans, and home based creative crafters! Call/text 250-566-1976 to reserve your spot today!

The Valemount Seed Library is OPEN during business hours at RVCS (99 Gorse St). Stop on by to share seeds, save money, promote local adaptations, increase genetic diversity and select flavourful diversity. Contact Rebecca at 250-566-9107 or foodsecurity@rvcsbc.org for more information.

MON through FRIs the **Free Food Farm Stand** is available for anyone who would like some free, fresh produce. We accept donations of unprocessed fruits and veggies also. The stand is accessible in the front lobby at RVCS Valemount (99 Gorse St) and is available to everyone- just help yourself!

FRIs & SATs **Drop in curling** at the Valemount Curling Club. \$10.00 plus a \$10.00 membership fee for the season. 7:00 pm, clean shoes required.

MCBRIDE

THURs & FRIs **Weekly Adults' Programs** at the McBride Library: Fibre Artists (Thurs, time varies), Writing Group (Fri, 1.30pm). Call 569 2411 for details.

MONs **Family Place Drop-In** is now on Mondays from 9am-noon at the elementary school Strong Start room (3rd Ave entrance) AND 1pm-4pm at RVCS or Steve Kolida Park (Weather permitting). Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. Call 250-569-2266 for more info.

Nov. 21— Play, colour & tumble (+ gym time in 10:30-11:30am)

Nov. 28— Play, colour & tumble (+ Puppet show with Sara Olofsson 10-11am)

THUR NOV 24 3-5pm join the crew during the next **Men's Shed Meeting** in McBride. We meet at RVCS, who has kindly offered to host the venue for the time being. Let's discuss topics that matter to us and get this

program fully set up! Led by men, for men. Call 250-569-2266 for more info.

WEDs **Seniors Drop-In** is on Wednesdays from 1-3pm with Sandy. All seniors are invited to come by for both structured and unstructured recreational, educational and social activities at RVCS (942 3rd ave), unless the location is stated elsewhere. Call 250-569-2266 for more information.

Nov. 23 – Board Games

Nov. 30 – Card Making

WEDs is **JUST DANCE**, a dance class for seniors every second Wednesday beginning Nov. 2 and running until Dec. 14 from 3:00-3:45pm at RVCS (942 3rd Ave) with facilitator Jodie! No registration is required and attendance is free! Contact Jodie for more info: 250-230-8035

TUEs & THURs it's time to Dance during **Community Fitness** with Jodie at the Elks Hall from 7:00-7:45pm. This drop-in program is grant funded by the Federal Government and in partnership with RVCS, and offers free admission to seniors and youth. Other age groups are invited to pay by donation or pay what you can. Call 250-230-8035 for more info.

MON through THURs, McBride RVCS now has a **FREE FOOD PANTRY** that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. Contact RVCS at 250-569-2266 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186

SUN NOV 27 10am-2pm **Craft Fair** at the McBride Elk's Hall.

DUNSTER

SAT DEC 3 The Dunster Schoolhouse will be having its **Outdoor Christmas Market** from 2:00pm -6:00pm! Bake Sale, Chili and Chai, Vendor Tables. Tables are \$25 please call or email Kat 250-569-7401 or frankekatharina@yahoo.ca



Pete Amyoony has lived, worked and gardened in the Dunster area for 43 years. He tries to deal with the "down to earth nuts and bolts of organic gardening" in his columns.

Gardening
with **Pete**

Growing Amaryllis

At this time of year, we see packages in the grocery stores, hardware stores, garden centres and other shops with beautiful pictures of "amaryllis" on the outside. When the cold days of fall and winter are here, how can we resist the temptation to brighten up our days with such treasures of the garden world?

The actual bulb sold as "amaryllis" is not the true amaryllis (Belladonna lily) but rather a "Hippeastrum" but what does it matter as long as we can get it to bloom! It does, however belong to the very large family of Amaryllidaceae, which includes other bulbs like narcissus, clivia, etc.

Many people buy a package which contains the bulb, potting mix and the pot, grow it till it blooms and then throw the whole works out as a

"disposable". In fact, you can keep the bulb for years and even get many more from the original one to brighten up your home or to give away to friends.

The bulbs should be planted in about a 6-7" (15-20cm) pot in a well draining potting mix. (One part sand, two parts soil, one part compost, ½ part aged manure and a sprinkle of bonemeal.) The top third of the bulb should be left uncovered. Water the pot well and place in a bright sunny spot and in 4-8 weeks you should have a beautiful cluster of flowers to brighten your home for a few weeks.

If you want to keep the bulb, there are a few things to remember after the bloom is done. As with most bulbs, the period after the bloom is when the bulb builds up the nutrients and strength to form

the following year's blossoms. Therefore, it is really important to feed the plant after the flowering period.

As soon as the flowers begin to droop and fade, cut them off just behind the seed pod at the stem end of the flower. If allowed to mature, this seedpod will continue to take nourishment from the bulb and weaken it for the next year. By cutting off the seedpods, you encourage the plant to produce large strap-like leaves, which will go on to produce food to store in the bulb for next year. If you can put up with the look of the flowerless stem, it is also better to leave the stem die back before cutting it off at the base. This is the time to feed every few weeks with a well-balanced fertilizer and keep the plant in lots of light so it can produce the nutrients the bulb

needs.

In the summer, after all danger of frost is passed, you can put the pot outside in a partially shaded spot and water and feed them so they can build up their stores of food for the next season's blossoms.

Be sure to bring them in before the frost and stop watering to let the leaves die back as most of this family do best with a "rest period". Around the first of November, you can tip them out of the pot, remove any small bulbs from the sides of the main bulb and repot each in its own pot of new soil to grow on. The bulbils will take a few years of growth before they can produce a flower, but what a nice gift for friends when the winter blues are settling in.

McBride Remembrance Day 2022



The Canadian flag stood at attention as it was held by Penny Rivard alongside Constable Kyle Stubbs and Fire Chief and Vietnam Veteran Dave Hruby. /ANDREA ARNOLD



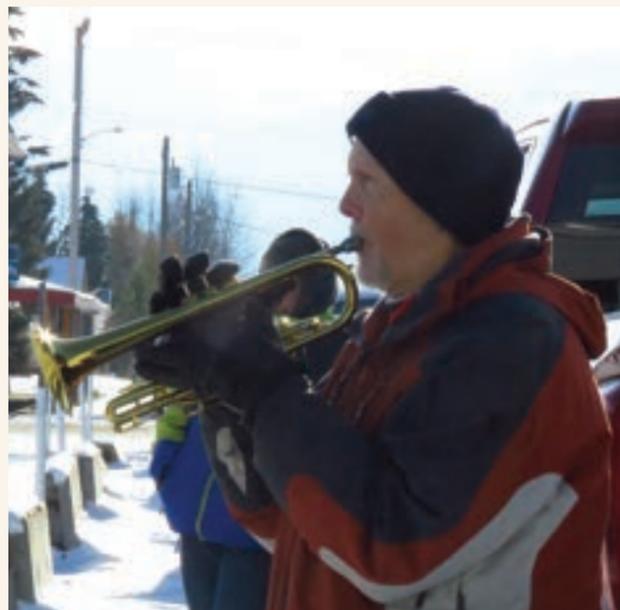
In spite of a chilling wind, many members of the McBride community gathered to pay their respects at the cenotaph. /ANDREA ARNOLD



Corporal Colin Bissell and Constable Kyle Stubbs stand in remembrance after laying a wreath. /ANDREA ARNOLD



McBride Mayor and Vietnam Veteran Gene Runtz lays a wreath in honour of the fallen. /ANDREA ARNOLD



Keith Berg provided musical accompaniment for O Canada and God Save the King as well as the haunting notes of the last post. /ANDREA ARNOLD



The annual Remembrance Day procession made up of First Responders, Legion members, Elks and Royal Purple members, Rangers, and other individuals from the community slowly made their way down mainstreet to the cenotaph. /ANDREA ARNOLD

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Shelly Battsby
REALTOR



DIFFERENT BETTER

1310 9th Avenue

VALEMOUNT



SOLD!

1035 9th Avenue

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\$92,000

This cleared lot is located close to schools and shopping and in the heart of a family friendly street. With 360 degree views of the mountains surrounding Valemount, you'll have your breath taken away at every angle. Suited for a single-family dwelling, this is an ideal location to build your dream home or recreation retreat, and is close to schools, amenities, and recreation.

1322 8th Avenue

VALEMOUNT



\$315,000

This cute, 2 bedroom bungalow is a great starter home or place to downsize to. With one level and open concept living, the home packs a lot into its floorplan. The compact but updated kitchen gets the job done and the large combination bathroom/laundry is big enough to share with your significant other. Close to schools, recreation, and amenities, you can't get much better than this at this price point.

1196 6th Avenue

VALEMOUNT



\$355,000

If you are looking for a comfortable one-level home, look no further. This 3 bedroom bungalow has a great floor plan, with a large family kitchen, front-end living room and a spacious den to escape to. With large windows and skylights, the home is bright and welcoming. The yard offers great privacy with mature trees and the detached garage is a great place to store your toys and gear. Close to shopping and a short distance from schools, this is a great starter family home.



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BY RAWI HAGE



FICTION

IT STARTS WITH US

Lily and her ex-husband, Ryle, have just settled into a civil coparenting rhythm when she suddenly bumps into her first love, Atlas, again. After nearly two years separated, she is elated that for once, time is on their side, and she immediately says yes when Atlas asks her on a date.

BY COLLEEN HOOVER



FICTION

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BY KIM FU



FICTION

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BY INDIA HOLTON



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TUES 12pm-3pm

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McBride office: some titles may not be available for browsing and must be pre-ordered. Titles by local authors are available at both offices.

www.valemount.ca

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