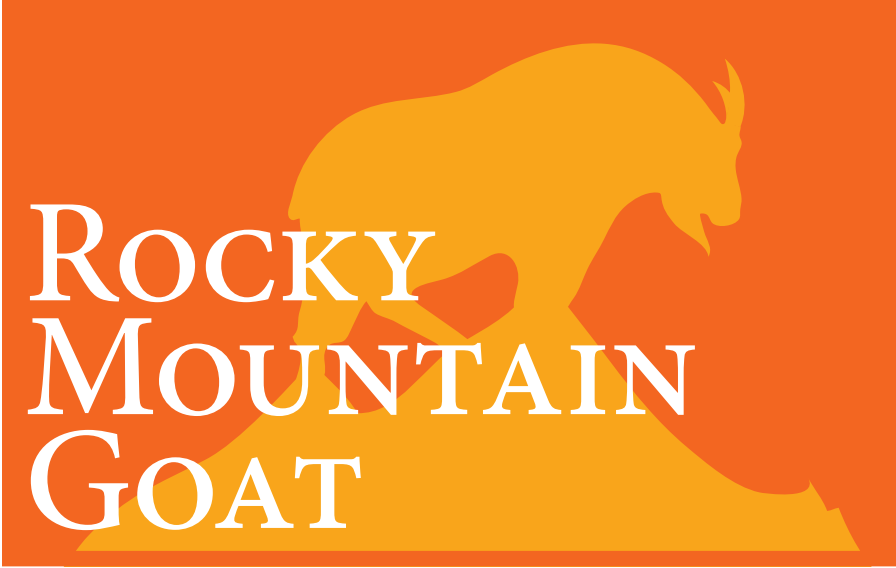




A Deciduous-Evergreen love story P10

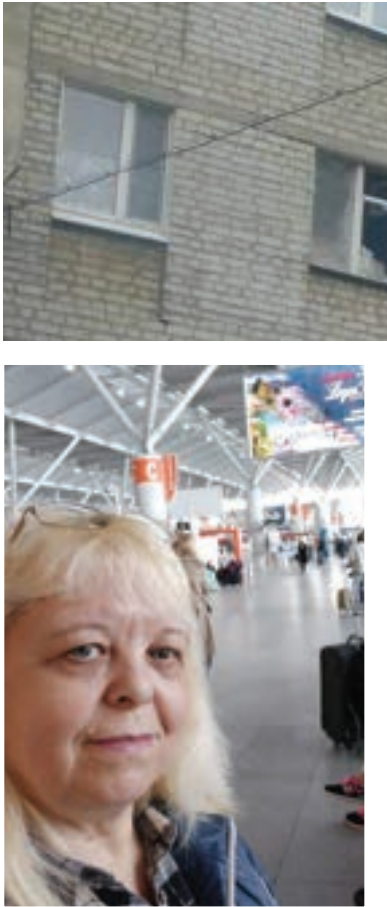


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Thursday May 5th 2022
Volume 13 Issue 15
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The journey of a Ukrainian refugee to McBride



During her journey to safety, Ukrainian refugee Nina Sokolova took selfies to send to daughter Anna in McBride to assure her of her well being. Sokolova sent this photo during her 12-hour layover in France before her flight to Vancouver. /SUBMITTED



Although the building where Sokolova lives had not yet suffered a direct hit by bombs when she left, it had sustained much damage from explosions. Shattered windows, structural carnage and debris are evident in this photo taken several weeks ago. /SUBMITTED

BY ANDREA ARNOLD

Nina Sokolova counts herself very fortunate to have escaped from her home in Ukraine and join her daughter Anna McLennan in McBride. Sokolova holds a firm belief in a greater power and felt a sense of calm as the world she knew literally began to explode and crumble around her. Through McLennan's translation, she told the Goat of the path that brought her to McBride. As she shared, the emotions she shared did not need translation. Sokolova's home is in Kharkiv, only 40km from the Russian border. A ring road goes around the city, and the Russian army was behind the ring road in small settlements

they had captured. Behind Sokolova's apartment complex was a forest that the Russians bombed because there was a TV tower and a church that they wanted to destroy. "Since February 24th there has been non-stop shooting," said Sokolova. "The first day, when the Russian military came into the city, the Ukrainians kicked them out. So the Russians bombed the city from the forest outside the circle road that surrounds the town, close to my home." When the fighting began, many of Sokolova's neighbours left. She doesn't know where they went, whether they left the city altogether or not. Many people hid in underground subway stations. Her apartment complex emptied quickly;

only a few residents, including Sokolova, remained. She said that when the war first started, no one could believe it was happening. People didn't know how to act. "They were brave and fought back because they had to to protect their lives," she said. After only a few weeks of fighting, the hatred for Russians grew. This is something her community had not had before. They started to see many Russians show hatred towards Ukrainians for no reason. Living so close to Russia, many of Sokolova's neighbours were either Russian or had Russian family. McLennan said she has relatives in Russia from her dad's side. Since the war began,

CONT'D ON P2

Irene Berndsen
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BACK PAGE

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McBride, BC

May 14th, 2022

1:00 - 4:00 p.m.

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Join us with your children (0-6yrs) for interactive fun, resources and supports. New themes each week on Mondays in McBride & Valemount 9am-12pm. Locations subject to change.

SENIORS DROP-IN

1-3pm every Monday in Valemount (99 Gorse St) & Wednesday in McBride (942 3rd ave). Join us for some fun, support, educational and recreational activities! New themes each week!

TECH CAFE

Stop by this supportive space to ask basic tech related questions. Join us May 5th from 2-4pm in Valemount (99 Gorse St) or McBride (942 3rd ave).

MOOSE HIDE CAMPAIGN LUNCH

Stop by RVCS Valemount (99 Gorse St) from 12-2pm on May 12th for homemade chili and bannock as we honour this day that supports reconciliation and calls to end violence against women and children. Lunch sponsored by WorkBC.

HUGELKULTURE WORKSHOP

Learn about this gardening technique with McKirdy Creek Farms! May 19th 4-5:30pm at the Valemount Community Garden (behind the Secondary School).

MENS SHED MEETING

Stop by for a chat about topics like mechanic & wood-work + more! Join us May 26th 4-6pm at RVCS McBride (942 3rd ave).

FORAGING WITH JEAN ANN

Learn to identify naturally occurring food and medicine plants, and cook with what you harvest! Located at 3130 McKirdy Rd and 101 Gorse St on May 28th 9am-1pm. Registration required.

YOUTH VIDEO CHALLENGE

Help raise awareness for Child and Youth Mental Health Day (May 7th) with a short video of what "Just Be Yourself" means to you, and why this message is important! Send clips to events@rvcsbc.org or drop at either RVCS location by May 15th.


FAMILY ACTIVITY PACKAGES

Receive a FREE activity package geared toward ages 0-6 years delivered right to your door (in village limits) each month.

WALKING & WHEELING GROUP

Every Tuesday from 2pm in McBride & Valemount, enjoy a 30-45 min guided walk or wheel around town with other seniors.

Registration is not required for programs unless specified above. For more info., please contact events@rvcsbc.org or call: Toll-free at 1-844-324-2004
McBride: 250-569-2266
Valemount: 250-566-9107



Ukranian refugee... CONT'D FROM P1

she has had one message from one cousin, but that is all. It was a surprise to Sokolova when the fighting began. "I had a sense of peace, that the fighting would be over in a short time, so I did not flee," she said. "However, on March 30, as shelling intensified in the immediate vicinity, I had a feeling of strong anxiety that something bad was about to happen. I heard a supernatural but clear message that it was time for me to leave and that things were going to get worse and for a long time."

Within 30 minutes, Sokolova packed what she needed and left her home after dropping off her apartment key with her neighbour.

"My neighbour cannot leave," she said. "She has nowhere to go, she has no money to go anywhere. Her mother can barely walk, so they cannot go anywhere. I left my key with them in case someone comes and needs a place to live."

Within a half hour of receiving her supernatural nudge Sokolova left her home and headed to Lviv, 1000 km west of Kharkiv. The trip took 16 hours by train. In Lviv, she caught a bus to Warsaw, Poland.

While on the train, she met a family who, not unlike herself, was fleeing the country.

"They had a little girl, about a year old," she said. "They had been living in a subway station for a month. They had not seen daylight in a month, and they were starting to get sick. They had nowhere to go, no plan. They were just determined to get out."

Many refugees have fled to Poland and their refugee camps are bursting. The camps are a temporary settlement where people were distributed according to the country in Europe they wanted to go to. Although the country is trying to help the flood of humanity seeking safety, the accommodations they can provide are crowded.

"The camp was crowded, it was full, but there were still places," said Sokolova. "I can't say anything about food."

Sokolova saw what conditions were offered at a refugee camp, and was concerned that her belongings may disappear if she stayed. She had the financial means to put herself up in a hotel. She was walking through the streets of Warsaw when a man pulled up, and thankfully, in the Ukrainian language, offered her help.

He helped her find the train station, a hotel and figure out what steps she needed to take to get to the Canadian Embassy and continue her journey to Canada. She already had a visa so that eliminated the minimum two week wait that others were experiencing. This means a wait in either a refugee camp or a hotel.

"Even the most cheap hotel in Poland was \$50 a night," she said. "The average worker in Ukraine made between \$200-\$500 a month before the war. People want to leave, but they can not afford to. Flights to Canada are \$2,000. The roads are open for people to come to Canada, but the price is too much."

One of Sokolova's neighbours wanted to come to Canada, but was unable to due to finances. She has, however, safely made her way to Switzerland.

She said many people left the eastern part of Ukraine and fled to the western part instead of leaving the country altogether, because it is all they can afford to do.

After her documents were in order at the Canadian embassy in Warsaw, Sokolova went to the Warsaw airport to buy tickets to Canada. There, a Ukrainian man helped her to properly complete all her travel

documents. She bought tickets from Warsaw to Paris and from Paris to Vancouver. The whole trip took a week from the day she left her home, until the day she was scheduled to arrive in Vancouver.

In France, she didn't leave the airport during her 12-hour layover before the final flight brought her to British Columbia.

As she watches the events unfold in her homeland from the safety of her daughter's home in McBride, she, along with McLennan, cannot believe the atrocities being done by one human to another.

Since the beginning of the war, she has seen how the communities of Bucha and Irpin and other settlements in the Kyiv region were wiped off the face of the earth—nothing was left. She heard reports of terrible things happening in Mariupol, Volnovakha, when the Russians made their way through destroying houses and lives. Things that no one ever thought could happen. Sokolova believes Russians fight according to the principle "if not for me, then no one gets it."

"It is like a child who, when they are asked to share a toy but doesn't want to," she said. "He breaks it, so no one can play."

As far as she knows, her house, an apartment building, is still standing. A bomb hit the basement of a neighboring building, and a kindergarten next door was half destroyed.

"Those still remaining in Ukraine need supplies like food, medications and clothing," she said. If people want to help, that is a huge need. Although she does not know how to get supplies from Canada, she knows there are groups closer to Ukraine that are accepting donations to help keep supplies flowing.

It wasn't until Sokolova arrived in Canada on April 6, that she truly felt the enormity of the situation. She had felt calm throughout her journey, as she sensed she was not alone each step of the way.

"I felt that there was something more powerful than me protecting me," she said. It was as though she was being given a small angel army to help her. From the unmistakable knowledge that she needed to leave her home immediately, to the helpful man on the streets of Warsaw and the individual in the airport.

Sokolova does not know what her future holds. She doesn't know if she will have a home to go back to. The whole city receives heating from the same system. If that system has been destroyed or damaged, no one will have heat.

For now, she is grateful to be safe, here with family, and hopes to get involved in the community to help take her mind off of what is happening back home.

"I pray that angels keep this from ever happening in Canada," said Sokolova.

"I am one of the fortunate ones," she said. "I had the means to leave, and somewhere to go. If Anna wasn't here, I would not have been able to leave."

For those wanting to help Ukrainian people in need of supplies, organizations such as UNHCR <https://tinyurl.com/2te8vpt3> and Canadian Red Cross <https://tinyurl.com/3st3z586> are using donations to provide those impacted by the crisis in Ukraine with much needed supplies. Samaritan's Purse is working to provide medical facilities in Ukraine, and relief items where there is need, <https://tinyurl.com/t6k5j2h2>.



Sokolova is saddened that she is unable to tend her flower garden outside the apartment building. She is moved by the fact that among destruction and war, the flowers continue to bloom. /SUBMITTED

Bell Mountain Motel expands

By ANDREA ARNOLD

Construction is well underway on a 900-square-foot addition that will house an eatery and two locally run shops at the Bell Mountain Motel in McBride. The addition is attached to three existing rooms that previously were used as guest accomodation space, located in the centre of the current motel footprint.

Owner Georgina Kirby explained that part of her BC Provincial Nominee Program that allowed her to move to McBride from Britain, and begin operating the Bell Mountain Motel, included the requirement for an eatery.

The new building will house a seating area for the eatery in one half, and Kirby hopes to create a common area/lounge space in the other half.

“Three previously exisiteing rooms have been attached to the new building will serve three new purposes as a commercial kitchen, a space for fresh produce to be picked up from both local and outside providers, and a quilting/ sewing shop.”

Both the produce and fiber arts

facilities will be independently operated by individuals not directly associated with the motel.

The food that Kirby plans on serving at the eatery will have a British flare, using local and organic ingredients where possible.

“We will be serving traditional English chips,” she said. “But we are not deep frying anything. They will be cooked in an industrial airfryer, or in the oven.”

Kirby has been experimenting with recipes in preparation for food service, and looks forward to using her commercial kitchen once her hydro service is upgraded.

At this time, Kirby’s plans for service are fluid. She would like to serve breakfast from 6:00am until noon, or even 1:00pm, then switch

CONT'D ON P5



The new structure going up at the Bell Mountain Motel in McBride combines a new space with three rooms previously used for accomodation to create an eatery, a produce-distribution centre and a quilting shop. /ANDREA ARNOLD



BCTS
BC Timber Sales

2022-2027 FOREST STEWARDSHIP PLAN

Prince George and Mackenzie Forest Districts

BC Timber Sales, Prince George Business Area has prepared a draft Forest Stewardship Plan (FSP) for operations in the Prince George (Including Robson Valley) and Mackenzie Forest Districts. **The draft FSP is now available for public review.**

The draft FSP has been prepared under the Forest and Range Practices Act (FRPA). The FSP does not show specific locations of proposed cutblocks or roads. Instead, the draft FSP shows larger Forest Development Units (FDU) within which harvesting and road building may occur over a 5-year period. Forestry activities conducted within an FDU must be consistent with the results and strategies specified within the FSP, which in turn must be consistent with FRPA and government approved objectives for the management of forest resources in the planning area.

As well as the public review, stakeholders are invited to provide information about specific resource features that may be unknown to BCTS so that it may be incorporated into planning.

In accordance with the Forest Planning and Practices Regulation, the Forest Stewardship Plan is available for public review and comment from April 29, 2022 to June 30, 2022 at the following location during regular office hours (8:30 a.m. to 4:30 p.m.):

BC Timber Sales,
2000 South Ospika Blvd., Prince George, B.C. V2N 4W5
Phone (250) 614-7400 Fax (250) 614-7435

Also, the BCTS public website is available with all pertinent documents related to the Draft FSP, for review and comment. Those documents can be viewed through the following internet address:

<https://www.for.gov.bc.ca/ftp/TPG/external/publish/2022%20FSP%20Consultation/>
A representative of BCTS will be available to discuss the draft Forest Stewardship Plan at our office and receive comment. Please make arrangements for viewing by contacting a member of the Planning Team at the phone number listed above or via email at PrinceGeorgeTimberSalesOffice@gov.bc.ca

If an interested party is unable to review the draft FSP during regular business hours, please contact us by phone or in writing to arrange a suitable time.

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ads@goatnewsmedia.com

Columbia River Treaty Upcoming Information Sessions

May 16, 2022
Canada-U.S. Negotiations

Hear the latest updates from Canadian negotiators and learn about the process for modernizing the Treaty in Canada and the U.S.

June 15, 2022
Exploring Ecosystem Improvements

Hear about Indigenous-led studies exploring how Treaty operations can be modified to improve Columbia Basin ecosystems.

6 p.m. – 8 p.m. PT / 7 p.m. – 9 p.m. MT
Online or by phone via Zoom

For more information and to register visit
engage.gov.bc.ca/columbiarivertreaty/info-sessions
Questions? Email columbiarivertreaty@gov.bc.ca



VALEMOUNT MUSEUM

Job Opportunity

MUSEUM ADMINISTRATOR/MANAGER

Under the direction of the Valemount Historic Society the administrator is responsible for the day to day operation of the Valemount Museum and Archives.

Duties will include:
Greeting visitors
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Supervising summer staff
Basic bookkeeping
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Grant Applications
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Hourly wage: \$24/hour

If interested or for any further details email or call
valemountmuseum@gmail.com

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Closing date: May 13th 2022

THE VALEMOUNT SENIOR CITIZENS HOUSING SOCIETY

will be hosting its

ANNUAL GENERAL MEETING

Thursday, June 16 @ 7:00 PM
(Main room downstairs at Golden Years Lodge)

We will be voting for board positions.
In order to vote you must be a member.

NOT A MEMBER?

Come and see Dianne at the downstairs office (Golden Years Lodge main entrance) to sign up. Fees are still only \$10.

Membership gives you the opportunity to advocate for the Society, its members, and residents and serves an important role for our community.

Any questions? Call us at 250-566-4867.
Office hours are Mon.-Fri. 9:00am – 1:00pm.



Corporation of the Village of McBride

McBride Train Station Roof

Replacement Project

Invitation for Tender #22-2219

The Village of McBride invites tenders for the **McBride Train Station Roof Replacement Project** at 1000 1 Avenue, McBride BC

TENDER DOCUMENTS are available on **BC Bid** –

<https://www.bcbid.gov.bc.ca/open.dll/welcome?language=En>

Tenders must:

- be in a sealed envelope
- indicate the Contract Title and Project No. as follows:
**Re: 2022 Re-Roofing,
McBride Train Station #1
Project Tender #22-2219**
- be addressed **Attn: John Peterson, Operations Manager**
- be received at the Village of McBride office at
- PO Box 519, 100 Robson Centre, 855 SW Frontage Rd.,
- McBride BC V0J 2E0 by no later
- **than 4:00pm PST, May 19, 2022.**
- In person delivery or via registered mail

All questions relating to this tender can be directed to:

Mons Aase, Aase Roof Inspection Ltd.
9750 Alpine Drive, Prince George, B.C. V2N-5W7
(250) 614-3369 | aaseroof@outlook.com

Editorial



It takes a village to build community

By ANDREA ARNOLD, ASSOCIATE EDITOR

Over the last week or so, four instances of actions taken by individuals showing disregard for others have been brought to my attention. The first—and most public situation—is the vandalism at the Valemount Post Office. The actions not only placed worry and extra work on the people that were directly hit, but inconvenienced the whole town. Doors are now locked after hours, preventing people who work longer days from retrieving their mail. Secondly, I discovered some creative and unkind words clearly written on the back of a very public building in McBride. The graffiti is visible from the nearby children’s play area. My attention was also drawn to the destruction of the bench along Dominion Trail. Locals have commented that yes, the bench was cracked previously. However, it would have needed some help with a really large hammer and a lot of

force to get to the state it is in now. The fourth, although it is not a case of vandalism, is, in my mind, just as bad. The weekend was perfect for bonfires and gatherings on the sandbar along the Fraser. However, at least one group left behind a pile of ashes filled with nails and broken bottles. The area is frequented by dog walkers, vehicles and many people wanting to feel the sand between their toes. All four of these examples scream lack of respect for others’ well-being. Actions of a few creating work for others, inconvenience, and potentially harm for many. There are those in the community who step up to repair damages left by others. Shortly after the graffiti was discovered, individuals worked to remove the offensive words before too many people were affected by their cruel meanings. By the end of Monday, just a handful of hours after the pile of debris on the sandbar was made

public through social media, most of the mess had been removed anonymously. Why are these things happening? What is the motivation? What goes through an individual’s mind before acting in a manner expressing disrespect for their community? And what can we do as a community to prevent actions like these? I do not believe the responsibility lies solely on the shoulders of those performing the actions. As community members, to keep our town safe and beautiful, we need to step up and be heard. If the chance to change an outcome for the better presents itself, sometimes, just a voice of reason and common sense can make a difference. Or, if you have witnessed an act of vandalism, report it to the RCMP (250569-2255). Actions without consequences will continue, and potentially escalate. Together, we can prevent that from happening.



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McBride Area Road Maintenance



Emil Anderson Maintenance crews worked to install concrete barriers at the top of the first hill on Dore River road, approximately 1km from the highway. The goal is to create a catchment area to collect rocks and debris that fall from the sharp slope and bounce onto the road creating a hazard. Seasonal freeze/thaw cycles have caused land to shift and the recent levels of rain have loosened earth and rocks resulting in the need for the installation. /SUBMITTED



Emil Anderson Maintenance Operations Manager Brock Macguire said the new culvert that was installed on Horseshoe Lake road is a 900mm culvert, twice the size of the one being removed. During the high water seasons of the past two years, the water flowing across the road and through the culvert has moved dirt, causing sinkholes to form. The new culvert will allow for more water to flow under the road. “It will not prevent the road from flooding when the water gets high,” said Macguire. “It will prevent road material from being removed during flood season, preserving the road.” /ANDREA ARNOLD

Letters / Op-Ed

Motel expands... CONT'D FROM P3

About Letters to the Editor
The Goat welcomes all letters to the editor and values diverse opinions in our newspaper. Letters should address something that appeared in the newspaper or a current event. Recommended letter length is 400 words or less due to space constraints. Longer letters may be rejected or the author asked to reduce the length. The Goat formats letters and grammar according to Canadian Press style. No substantive changes are made without the author's approval. All letters are fact-checked and reviewed for clarity and libel. Letters must be submitted with a phone number for verification purposes and the location of the author, but only the name of the author and location will be published. We do not publish anonymous letters. Write to us! goatnewspaper@gmail.com. We ALWAYS confirm receipt of letters. If you have not received a reply from us, please call us at 250-566-4606 so we can make sure we receive it. Our letters deadline is Sunday 5pm the week of publication. Letters received after our deadline may still be included if space is available, otherwise they will be bumped to the following week.

to coffee and tea service and British cakes for the afternoon.
“I ran a tea and coffee shop about 30 years ago,” said Kirby. “I will be drawing on that experience heavily.”
She would like to offer a big Sunday British Roast once a month if there is enough interest from the community.
“It would include roast beef, big yorkshire puddings and lots of gravy,” she said.
Another option she wants to make available is High Tea service upon request.
“Not everyone wants to have the little sandwiches and cakes, but sometimes, the occasion calls for it” said Kirby. “
Kirby is very excited to see the space taking shape and is eager to see it being put to good use. It will be available for family gatherings, small weddings, workshops and a comfy spot for the non-fabric motivated partners to hang out while their companion browses the quilting shop.
Kirby hopes to have the space ready to host an open house for the community in July.

Poverty touches all

Some people are deluded by the idea that Jews are all wealthy. That is a complete illusion, because no matter which society, there are the extremely wealthy at the top end of the spectrum and the extremely poor at the bottom end of the spectrum.
According to the National Insurance Institute's 2018 data, 21.2% of the Israeli population lives in poverty. As if this was not alarming enough, the statistics are even more dreadful when speaking about children living in poverty: 29.6% of the population (almost 1 in every 3 children).
Against popular belief, poverty is not only associated with people who grew up in a low socioeconomic environment and remain with that socioeconomic status for their whole life. Results from a survey of Latet's aid recipients found that almost half of the aid recipients (who by definition are poor) defined themselves as belonging to the middle class in recent years, before deteriorating to poverty (according to Latet's 2017 Alternative Poverty Report).
*June Vandermark
McBride, BC*

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Also offering virtual appointments and home visits in McBride and area.
Please call for details: 250-569-7995

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MCBRIDE HOURS
MON 9am - 3pm
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WED 8am-12pm

The Rocky Mountain Goat serves a population base of approximately 5,000 residents from Valemount to McBride to Dome Creek and Blue River. It is 100% locally owned. [RETURN UNDELIVERABLES TO: The RMG, Box 21, Valemount, BC V0E 2Z0](#)
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We acknowledge the financial support of the Government of Canada.

If you have concerns about editorial content, contact goatnewspaper@gmail.com/566-4606. If you are not satisfied with the response, you can file a complaint at mediacouncil.ca/1-844-877-1163.
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Grad 2022 banners, lift station procurement and Canada Day celebration funds request

By ANDREA ARNOLD

April 26, 2022 Valemount Council meeting was called to order by Mayor Torgerson.

The following items were bought out of the in-camera portion of the meeting held on April 12, 2022.

Reporting out of In-Camera Items 6.1 & 6.2
IC Res #33/22

THAT the amended "Agreement to Expand the Roles and Purposes of the Valemount Community Forest Company and the Valemount Industrial Park Company" be approved by Council. CARRIED. Deputy Corporate Officer Carleena Shepherd explained that the agreement is to make slight amendments to the purpose of each company in their respective Articles of Incorporation. The village did not provide further clarification to the amendments.

IC Res #34/22

THAT staff be directed to sign the following with respect to the Valemount Senior Citizens Housing Society mortgage for 1300 Main Street:

1. "Landlord Consent, Notice and Acknowledgement"; and,
2. "Landlord Estoppel Certificate and Acknowledgement of Notice" CARRIED. DCO Shepherd said that as the landlord of the property, the village needs to give approval for financial processes related to the property. The details of the financial translation remain confidential.

Grad 2022 acknowledgement

Council passed the motion requesting that the display of individual grad banners on the light poles along 5th Ave, as well as the "Congratulations VSS graduates banner across the main entrance sign on 5th Ave be hung. Council also approved the use of public works staff and equipment to hang and remove the banners.

Support of Simpcw for Community to Community Forum

Council approved that a letter be submitted to the Simpcw First Nation in support of their application to host the next

Community to Community Forum.

Lift Station

Council received a report regarding the Dogwood/East area street lift station procurement process, explaining the best value procurement process. Urban Systems is managing the projects and requested the Village use this approach that looks at factors other than price, such as quality and expertise when selecting vendors or contractors.

Canada Day celebration funds request

Councillor Pearson excused himself for the discussion as a member of the organization making the next request. Council approved staff to request \$1200 from the Valemount Tourism Destination Marketing Organization (DMO) for assistance with Canada Day Celebrations.

Bear Cub Soccer insurance fee

Council approved the payment of the 2022 insurance fees for Valemount Bear Cub Soccer, in the amount of \$200, be paid from the Community Use Agreement Fund.

Bylaws

Council gave the Village of Valemount Tax Rate Bylaw No 859, 2022 1st, 2nd and 3rd reading.

Council gave the Village of Valemount Five Year Financial Plan Bylaw No. 857, 2022 be given third reading. At the March 22 meeting a comment was received requesting clarification on the Water Treatment Plant Loan - Remaining Balance. The amount of \$95.11 had been entered incorrectly and should have read \$379,812.85. This change has been made prior to the request for third reading.

In Camera

Council moved to an in-camera meeting for the consideration of three items per Section 90 (1) of the Community Charter to discuss matters related to (c) labour relations or other employee relations (two items), and (I) the receipt of advice that is subject to solicitor-client privilege, including communications necessary for that purpose.



THE VILLAGE OF MCBRIDE NOTICE OF PUBLIC HEARING Temporary Use Permit No. 2022-03

Notice is hereby given that a public hearing for proposed Temporary Use Permit No. 2022-03 will be held:

Tuesday, May 10, 2022
7:00 pm

Village of McBride Council Chambers
100 Robson Centre – 855 SW Frontage Road
PO Box 519
McBride, BC, V0J 2E0

The purpose of Temporary Use Permit No. 2022-03 is to allow for a feed wholesale operation in three empty Commercial 1 (C1) zoned parcels legally described as Lot 3, Block 10, Plan 1373, District Lot 5316, Cariboo Land District PID# 013-936-778, Lot 4, Block 10, Plan 1373, District Lot 5316, Cariboo Land District PID# 013-918-109 and Lot 5, Block 10, Plan 1373, District Lot 5316, Cariboo Land District PID# 013-936-794



At the public hearing, all those who deem their interest in land to be affected by the proposed temporary use permit, shall be afforded an opportunity to be heard or to present written submissions. Please note: emails will not be accepted as written submissions. Written submissions will be accepted at the Village Office, or by mail, until 12:00pm on May 10, 2022. Any material received before or at the public hearing will become public information.

Chris Tupy
Chief Administrative Officer

www.valemount.ca

Village of Valemount Notice of Public Hearing

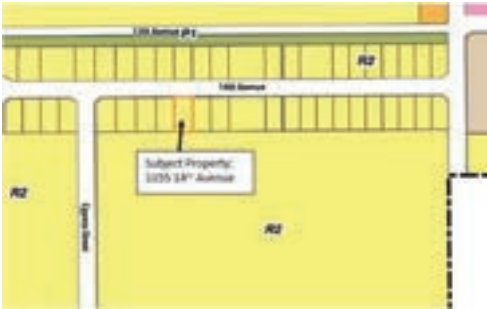
Please Take Notice that a Public Hearing for Temporary Use Permit TUP-22-06 will be held:

Tuesday, May 10, 2022 at 7:00 pm
Council Chambers, Village Office
735 Cranberry Lake Road, Valemount, BC

1. Temporary Use Permit 22-06

Proposes 1 recreational vehicle to be used as a residence for a period of 2 years.

LEGAL DESCRIPTION: Lot 36 District Lot 7355 Cariboo District Plan 26762 (1155 14th Avenue)



At the Public Hearing, anyone who deems their interest in land to be affected by the proposed Temporary Use Permit TUP-22-06 shall be given a reasonable opportunity to be heard. Comments may be made in person at the Public Hearing.

Cont.

Written submissions can be submitted via email to publichearing@valemount.ca, or via letter to the Village of Valemount. Written submissions will be accepted until **12:00 pm on May 10, 2022.**

All correspondence and materials submitted in response to this Notice will form part of a public record.

All written submissions and verbal presentations must state your name and area of residence. Anonymous submissions will not be accepted. The author's phone number and email are not relevant and should not be included in the correspondence if the author does not wish this personal information to be disclosed.

Digital copies of TUP-22-06 are available at www.valemount.ca. Paper copies will be available for viewing during regular office hours (Mon. – Fri. 8:30 am – 12:30 pm and 1:30 pm - 4:30 p.m.), until May 10, 2022 at the Village Office, 735 Cranberry Lake Road.

Full-time and Part-time Job Opportunities

Visitor Information Centre Counsellors

Visit www.valemount.ca for full employment details.

CANCELLED - Spring Clean-Up

In previous years, the Village was able to devote staffing time to an annual Spring Clean-up in order to pick up metal, leaves, branch and grass clippings. Due to current staff shortages, the Village will be unable to provide a Spring Clean-Up for 2022.

The Valemount Regional Transfer Station provides for the disposal of yard/ garden waste, multi-material recycling, scrap metal, and appliances containing refrigerants.

Visit <https://rdffg.bc.ca/services/environment/solid-waste-management/transfer-stations> for further information.

Emergency Preparedness Week

May 1 – 7, 2022

Check out the Village of Valemount Facebook page or website at www.valemount.ca for helpful tips on preparing and planning for disasters. Find out how to know your hazards, make a plan, build a household emergency kit and so much more.



VILLAGE OF
VALEMOUNT
Let the mountains move you

735 Cranberry Lake Road
250-566-4435 PO Box 168

Earth Day in Valemount



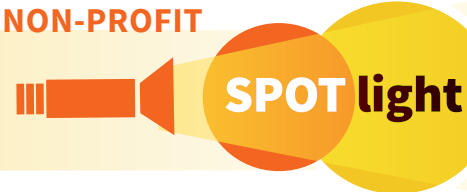
On April 22, 2022 Valemount celebrated Earth Day with a village wide garbage pickup event. High school students joined the cause as well as several community members. The clean-up was followed by a gathering at the Community Garden located behind the High school on Ash Street. Ben Coyle entertained the crowd with his guitar and vocals. There was a scavenger hunt for kids involving little pieces of paper folded and tucked in places with interesting facts about water conservation and other ways to keep our planet healthy and happy: learning how to keep our planet healthy and how to leave a smaller carbon footprint for future generations. /TRISH GAIR

Dominion Creek bench destroyed



The concrete bench that sits on the edge of the walking path along Dominion Creek in McBride has been destroyed. Frequent users of the path report that although the seat had a crack in it, it had to have help to get to the state illustrated in the photo. The bench was purchased through the Active Communities grant over a decade ago. If you have information about this or any other crimes, please contact the RCMP at 250-569-2255. /ANDREA ARNOLD

Valemount Senior Citizens Housing Society



A Legacy Worth Supporting

BY DIANNE ST. JEAN - VSCHS ADMINISTRATOR

For the last 44 years Valemount Senior Citizens Housing Society (VSCHS) has worked with BC Housing in providing safe and affordable housing for seniors in Valemount. Their stated vision is “to be an inclusive community where the physical, mental and social needs of seniors are met.” VSCHS operates under an elected Board of Directors with daily operations overseen by the Administrator. The Board members are all volunteers who take time from their personal and work schedules. This is their way of advocating for seniors’ needs. Their contribution is essential in helping the Society fulfill its vision. Board directors are elected at the Annual General Meeting and must be current members of the Society. But what some people may not know is that any member can contribute their knowledge and skills apart from serving on the board by volunteering on various committees. Currently the Society oversees three residential buildings. They are also working toward expanding

affordable living spaces and services. This has begun with the establishment of Valemount Cares which is one of the committees struck by the Board. The plan for Valemount Cares is to create new independent, and supportive living / assisted living units. Plans are underway for the construction of a new facility that will be situated next to Valemount Secondary School on Ash Street. The Society is also upgrading and renovating the Golden Years Lodge. There was a need to replace aging wood structures around the perimeter, and so original decks are now being replaced and outside drainage upgraded. This is a massive project that will take most of the summer to complete. Aside from providing safe, affordable living spaces the Society contributes to the needs of seniors in the community in other ways. Our facility opens its door to host a number of special events and social programs geared especially toward seniors. This includes anything from lunches and social teas to exercise programs. A fundamentally important service to local seniors is the Meals on Wheels program also run under VSCHS,

providing affordable home-delivered meals on Mondays, Wednesdays and Fridays, even on holidays. The VSCHS also supports the Legion for Loan Closet by providing storage space at the Golden Years Lodge. This service provides seniors with medical equipment such as walkers, wheelchairs, and other medical aids at no charge. The VSCHS Annual General Meeting will be held at the Golden Years Lodge in the main downstairs hall on Thursday, June 16 at 7:00 pm. Some members will be stepping down from their service on the Board this year. A well-functioning Board is the backbone of a successful organization. If you or someone you know has a passion for the well-being of our seniors, consider putting your name forward as a member. If you are not a current member and want to be involved, contact the office at 250-566-4867 located next to the downstairs main hall. “Individual commitment to a group effort – that is what makes a team work, a company work, a society work, a civilization work.” – Vince Lombardi

WHAT IS YOUR NON-PROFIT UP TO? Share it with the community by submitting a column up to 350 words on the great work your organization is doing! Is it absolutely free. Inquire or send your column (and any photos) to goatnewspaper@gmail.com.

MCBRIDE COUNCIL NOTES

Curling club concerns, train station roof and mountain bike support

BY ANDREA ARNOLD

Deputy Mayor Diane Smith called the McBride Council meeting to order at 7:01pm on April 26, 2022. Mayor Runtz and Councillor Green attended via Zoom.

Curling Club concerns

Brad Kope made a presentation on behalf of the McBride Curling Club asking for a letter of support be sent from the Village on their behalf to the Regional District of Fraser Fort George. At this time, the club has received a notice from the RDFFG that their lease will not be renewed for the next year.. Aside from being an activity that locals can participate in, the club holds events throughout the year that brings in revenue for the community through accommodation booking, grocery purchases and restaurant visits. Also, the money that the club pays for the rental of the curling facility would have to be made up elsewhere. Kope and the club predict the rest of the community would see an increase in taxes to help make up the amount. The Curling Club has submitted a letter expressing concerns to Michael Higgins with the RDFFG, and are awaiting his reply.

Train Station roof replacement

Council approved the switch from the “coloured metal roof” option to asphalt shingles in line with the cost estimates approved through resolution from November 2021 #121109.21. The recommendation to switch materials came after closer examination of the roof where it was determined further engineering would be required to install the tin roof to make

it safe. Snow load and pedestrian safety were taken into consideration as well as the overall cost. Shingles are more historically accurate for the train station, and the cost is within the original budget. Council further supports the recommended shingle style Carriage House and color Black Pearl.

Community Market planning

Council approved the use of the Steve Kolida Park Pavilion for the McBride Community Market on Fridays beginning June 24 and ending September 2, 2022 from 11:00am – 2:00pm, contingent on Provincial Health Orders and receipt of a current COVID-19 Safe Operating Plan approved by Administration.

McBride Grad attendance

Council directed administration to respond to the 2022 graduating class of McBride confirming the attendance of Mayor Runtz to the 2022 Graduation/ Awards Ceremony on Saturday, June 25, 2022 at 4:00pm.

Mountain Bike Association Letter of support request

Council directed administration to provide the Robson Valley Bike Association with a letter of support for their grant application to Northern Development Initiative Trust – Recreation Infrastructure Program. The club hopes to use the funding to hire professional trail builders to build a 1-km, machine-built, two-directional green/easy trail from kilometer 2 on the McBride Peak forest service road down to the parking lot. This would add another level of rider to use and experience the bike trails.

MCFC request First Nations on board

Council postponed the recommendation

that Council either:

1. Deny the McBride Community Forest Corporation’s request to established two directorships for the exclusive use by First Nations, or
2. Support the McBride Community Forest Corporation’s (MCFC) request to establish two directorships for the exclusive use by First Nations; as well as the request that MCFC advise the shareholder how this will both be implemented from a governance and administrative perspective.

Councillors requested a meeting with MCFC prior to the May 24th council meeting, to discuss the details of this request further before taking it to a final vote.

Council confirmed the McBride Community Forest Corporation’s selected AGM date of June 16, 2022 at 7:00pm.

Bylaws

Council moved to postpone the second reading of the Five-Year Financial Plan

(2022-2026) Bylaw No 808.2022, and the 2022 Municipal Property Tax Rate Bylaw No 809.2022 to the April 28, 2022 Special Council Meeting.

Lagoon access agreement


Council approved the execution of the Modification Agreement between the village and the province to extend the terms of the License of Occupation for one year for the purpose of continued legal access to the Village’s sewer lagoons over Horseshoe Creek. Council further directed CAO Tupy to sign the Modification Agreement.

In-camera


Council moved to an in-camera meeting for considerations of matters of the Community Charter related to Section 90 (1) (a) personal information about an identifiable individual who holds or is being considered for a position as an officer, employee or agent of the municipality of another position appointed by the municipality; and (o) the consideration of whether the authority under section 91 [other persons attending closed meetings] should be exercised in relation to a council meeting.

The public portion of the meeting adjourned at 7:38pm

HAPPY 65TH!



CRAIG
(THE OLD GUY)



ROSEMARY
(THE YOUNG ONE)

Lots of love from your families

Spring is here!
Monday to Friday 8-5
Saturday 10-2

Grass shoots are pushing their way out of the soil. Gardening time is here as well. Horseshoe Lake Ventures is happy to announce a new line of products to help with your gardening and yard-keeping needs. DUCAR Ride-on lawn-tractors, push mowers, tillers, water pumps, inverter generators, powered wheelbarrows, log-splitters and much more.



Come check our location out on **377 Main St. McBride, BC**. We are happy to help you find the equipment you need. Also feel free to check out our Stihl selection. We stock many Stihl yard-maintenance products as well. If you have any questions just give us a call **(250-569-0075)**, email us at **horseshoelakeventures@hotmail.com**, or stop by and we will do our best to help you acquire the information and products you deserve.



250-569-0075 — 377 Main St. McBride, BC



HIRING:
Assistant Administrator

Assistant Administrator Position

POSITION OVERVIEW: Since 2008 the Valemount Community Forest has become known as an efficient and progressive community forest model in British Columbia. The VCF office has a dynamic and fast-paced working environment. The candidate will have training and orientation as required. Wage is competitive and includes benefits. This person does the main organizing of the office and assists manager and staff.

RESPONSIBILITIES:

- Coordinate office activities, equipment and supplies
- Coordinate office communication; answer phone calls, distribute email, correspondence and memos
- Plan and prepare regularly scheduled meetings, take detailed minutes, prepare documents and reports
- Provide general support to visitors, co-ordinate and schedule public events
- Initiate and plan programs and projects
- Follow legal company requirements, policies and reporting
- Implement the Safety Program and maintain BC Forest Safety Council Certification

REQUIREMENTS:

- Knowledge of office management systems and procedures
- Proficient in Excel and Microsoft Office programs
- Independent worker and team worker
- Good language, writing and verbal communication skills
- Ability to plan, prioritize work and manage time effectively
- Ability to meet deadlines
- Handle sensitive information in a confidential manner
- Attention to detail and problem-solving skills
- Willing to learn new tasks on the job, energetic and positive attitude
- Maintain a welcoming environment

Applicants will send a resume, a cover letter with contact details and references, in confidence to: Craig Pryor, Manager, Valemount Community Forest LP c/o P.O. Box 1017, Valemount, BC. V0E 2Z0, cpryor@valemountcommunityforest.ca. Open until filled.

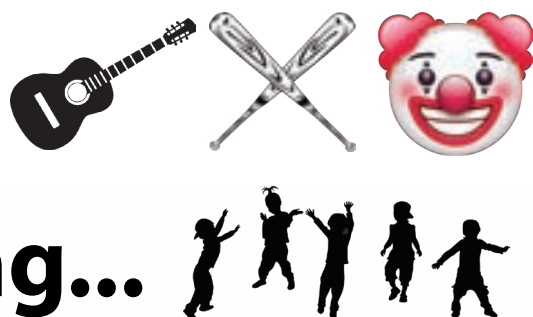
Thank you for your interest; however, only those applicants invited for an interview will be contacted.



Old Tete Jaune Townsite

If you take the Old Tete Jaune Road from Blackman Road, you can discover remnants of houses from more than 100 years ago. Most of what is remaining are fireplaces made from river rocks and some wood pieces that made up the walls. To find this gem of a place follow Old Tete Jaune Road over the tracks and past the old Hauer Mill Site keep going until you go back over the tracks again. Take this road past a marsh on your right and shortly after that you will see the tracks on the right and a pullout. Park there and walk up the road about 50m until you see a trail into the woods and a small footbridge. Follow the trail and it will bring you to many old houses that were built in the early 1900s. Seen in photo: Shane Lewis and Warren Dunn pose in front of the remains of an old fireplace. /TRISH GAIR

The MAGIC is coming...



Valemount Days 2022

Invite your family and friends to an activity-packed weekend!

Fri. Sat. Sun. June 10-12th 2022

Hospital Auxiliary

NON-PROFIT

SPOT light

Strawberry shortcake social returns

SUBMITTED BY SANDRA JAMES

The McBride and District Hospital Auxiliary will be hosting its annual strawberry shortcake social again this year.

"The auxiliary feels it is a good way to get a true taste of spring" says Eleanor Johnson who is a long time member of the auxiliary.

This year's social will be held at the Evangelical Free Church 135 Lonsdale, McBride on May 27th between 11am and 2pm.

You can pre-order from Pat Elliot at AG Foods in McBride or call her at 250-569-7521 or stop by the Evangelical Free Church on the day of the event where a tea, coffee, or cold drink will

be offered and you can sit and enjoy the company.

A serving of cake with strawberries and whipped cream is offered for \$7.

All proceeds go towards purchasing equipment for the McBride hospital and ambulance services.

The auxiliary would like to thank Gary and Wendy Lowe who have provided the whipping cream in the past, Robert Johnson of Real Tree Wood Products who has contributed the strawberries for the past couple years and will continue to do so again this year.

All cakes are made by the auxiliary members.

Deliveries of the sweet treats have been made possible due to Mike

Moseley, Rick Thompson, and Allan Frederick who have delivered orders to the community in the past with their own transportation.

"The auxiliary is looking forward to holding the strawberry social again this year as it is one of our larger fundraisers," said Sandra James.

Ongoing fundraisers for the auxiliary are donations in memoriam and the Christmas fundraiser. Plans for other fundraisers are in the works.

New members are always welcomed and the auxiliary would also like to thank the community for their ongoing support and look forward to seeing everyone at the strawberry social in person again.

WHAT IS YOUR NON-PROFIT UP TO?

Share it with the community by submitting a column up to 350 words on the great work your organization is doing! Is it absolutely free. Inquire or send your column (and any photos) to goatnewspaper@gmail.com.

Books for Mom!

COOKING

VEGANOMICON

Who knew vegetables could taste so good? Vegan powerhouses Isa Chandra Moskowitz and Terry Romero bring a brand new edition of this beloved vegan cookbook to celebrate its 10th anniversary. You'll find 25 new dishes and updates throughout for more than 250 recipes (everything from basics to desserts), stunning color photos, and tips for making your kitchen a vegan paradise.

BY ISA CHANDRA MOSKOWITZ & TERRY HOPE ROMERO



FICTION

AUGUST INTO WINTER

You carried the past into the future on your back, its knees and arms hugging you tighter with every step. With August Into Winter, Guy Vanderhaeghe has given us a masterfully told, masterfully timed story for our own troubled hearts.

BY GUY VANDERHAEGHE



FICTION

THE HOUSE ON MANGO STREET

The House on Mango Street is the remarkable story of Esperanza Cordero, a young Latina girl growing up in Chicago, inventing for herself who and what she will become. Told in a series of vignettes-sometimes heartbreaking, sometimes deeply joyous-Sandra Cisneros' masterpiece is a classic story of childhood and self-discovery.

BY SANDRA CISNEROS



MEMOIR

TWO TREES MAKE A FOREST

Two Trees Make a Forest is a genre-shattering book encompassing history, travel, nature, and memoir, an extraordinary narrative showing how geographical forces are interlaced with our family stories.

BY JESSICA J. LEE



The R M G Bookstore

VALEMOUNT HOURS:

MON 9am-5pm
TUES 10am-4pm
WED-FRI 9am-5pm

1170 5th Avenue
ACROSS FROM THE IGA DOWNTOWN

MCBRIDE HOURS:

MON 9am-3pm
TUES 12pm-3pm
WED 8am-12pm

411 Main Street - Unit 102
ACCESS FROM 4TH AVE

We accept used books by donation or for store credit! \$2.50 from each used book sale goes to Meals on Wheels, which provides seniors with hot meals several times a week and helps them live independently for longer.

McBride office: some titles may not be available for browsing and must be pre-ordered. Titles by local authors are available at both offices.



The first bears have awoken from their hibernation. This black bear was spotted near Dome Creek alongside HWY16, foraging. Upon waking up from hibernation, bears should be feeding on vegetation such as young grasses and sedges, a grass-like plant. Bears also have incredible memories and will return to areas where they have found food before, such as garbage bins and bird feeders, according to WildSafeBC. / SANDRA JAMES

FOREVER IN OUR HEARTS

— Edward George Bruce —

March 27, 1937 - April 27, 2022

It is with great sadness that the family of Edward George Bruce, announces his passing on April 27, 2022 in Salmon Arm, BC. His wish was to stay at home to the end and he managed to accomplish that until his last day.

Ed was born March 27, 1937 in Duck Lake, Saskatchewan, and as a youngster, his family moved to Prince Albert, SK where he eventually met and married the love of his life, Lily May Procter.

Ed and May moved many times at the start of their lives together, eventually settling in Valemount, BC in 1971

where they bought their first business, Super A Foods. He was a businessperson and developer and was successful in all that he took on. Upon retirement, Mom and Dad moved to the Shuswap Lake Estates at Blind Bay, BC where golfing was at their doorstep, and ultimately, spent his final years in Salmon Arm.

Ed will be remembered as a dedicated husband and a father to look up to. His family was of utmost importance to him; he was always there to listen and provide advice and guidance if you asked. He built a big house so his family and friends could all come to him...relax on the deck, enjoy barbeques and celebrate any day or



occasion. Community was held deep in his heart and he cared very much for all those around him.

His spirit is carried on by his wife of 65 years, Lily May Bruce, his four children: Wayne (Diana) Bruce, Debbie (Mike) Bolduc, Brenda (David) Antoniuk and Greg (Janice) Bruce; 9 grandchildren: Tyler

and Wendy; Danielle and Jordanne; Megan and Britney; Emily, Amber and Olivia; 13 great-grandchildren: Molly, Landon, Cody, Oliver, Arrabella, Emilie and William; Braiden; Amelia, Sophie, Jace and Nova; and Anika; three surviving siblings, as well as an extended family of relations and friends from every walk of life. We were blessed to have lived and laughed with Dad and to have been taught many valuable lessons throughout his 85 years.

Edward is predeceased by three siblings, Don, Violet and Gladys and his parents, George Wellington Bruce and Bernadette Marie Laviolette.

Broken Chain

We little knew that morning that God was going to call you name. In life we loved you dearly, in death we do the same.

It broke out hearts to lose you, you did not go alone; for part of us went with you the day God called you Home.

You left us peaceful memories, your love is still our guide; and though we cannot see you, you are always at our side.

Our family chain is broken, and nothing seems the same; but as God calls us one by one, the chain will link again.

- Roy Tranmer

Service and reception will be Wednesday, May 4th, 2022 at Bowers Funeral Home, 440 10th Street SW in Salmon Arm, BC at 1:00 p.m.



Together with Time

I stopped in at the McKinnon Property along Hwy 16 April 21st to have a chat with Al McKinnon about a Poplar and Jack pine tree that have grown side by side for over 60 years. McKinnon said when he bought the 40-acre property in the 1970s the two trees were just small saplings. Over time the deciduous and evergreen trees have grown into each other, the branches of the poplar tree embedded into the trunk of the jackpine tree. The bases of the trees have fused together. Al and his wife Lil have grown together with time as well. They have been inseparable just like the trees, leaning on each other for support in stormy weather. /TRISH GAIR

McBride Community Forest Corporation
P.O. Box 370, 200 Robson Centre, 855 South West Frontage Road
McBride, B.C. V0J 2E0
T: 250-569-0262 – F: 250-569-0026

EXPRESSION OF INTEREST – 2022 Prequalification List



The McBride Community Forest Corporation (MCFC) is establishing and maintaining a Select List of prequalified Contractors and Suppliers specializing in all Forestry Related service areas such as:

- Grading – Winter/Summer
- Road Construction/Maintenance/Deactivating
- Sheep Grazing
- Logging- Cable and Conventional
- Log Loading/Unloading/Sorting
- Danger Tree Assessments
- Weighscalers
- Cruising and Layout
- Site Prep
- Tree Planting
- Brushing
- Regen Surveys
- Recreation Site Maintenance
- Log Scaling

This list will establish a Select List of eligible contractors who are most suitable and available to compete and participate in subsequent direct invitation or select invitation solicitations on upcoming contracts and/or projects. Only prequalified contractors will be invited to participate on these contract solicitations.

The MCFC does not guarantee evaluation resulting in short-listing of contractors wishing to compete on issued tenders. The MCFC reserves the right to limit the number of prequalified contractors invited to compete on any subsequent contract, as well as, the right to select contractors to compete on a rotational basis. Contractors submitting responses will receive fair and uniform treatment and submissions will be given due consideration.

New contractors may be added to the Select List at any time throughout the year and will be evaluated in the same manner as contractors already on the list.


Contractors interested in being evaluated for inclusion on the Select List are invited to submit a response with the Desirable Criteria:

1. Resume containing education, relevant employment history, skills, designations and references, show that Locally based (within the MCFC footprint), Demonstrate Service Area Expertise
2. Hourly OR Daily fee rate(s)
3. Limited Liability Insurance (with Forest Fire Endorsement of \$5,000,000 and MCFC as additional insured), Worksafe BC, SAFE Certified. (or demonstrate that these can be obtained if needed).

Please note that this advertisement and the information provided is for viewing purposes only and is not an Official Invitation to Tender. Submissions for this process will be accepted up to May 31, 2022 at 4pm local time. Paper format, fax or email submissions are acceptable.

Email: admin-asst@mcfc.ca

PUZZLES



ANSWERS ON P13

CROSSWORD

- Across
- 1 Fido's feet

5 A bit amiss

8 Difficulty

11 Grandiose

12 Airline ticket word, sometimes

13 Metal deposit

14 Colonel's command

16 It may be more than enough

17 Limb section

19 Juices

22 Bound

25 Some time back

26 2003 holiday film

28 Constructed

29 Express freely

31 "English" course

33 Amount of work, according to a busy person

34 Moved along a cliff

36 Screen

38 Shows people how it's done

40 Beverage
- 42 Oft-stubbed digit

43 Epic chronicle

47 Fine fellow

48 Lend an __ (listen)

49 One of a series

50 Equivocate

51 __ as a fox

52 Boundary line
- Down
- 1 Capita go-with

2 Mindlessly mimic

3 Barrister's topper

4 Tales of time travel, e.g.

5 Comprehensively

6 Something received with a ticket

7 Lethal

8 Dorm assignment

9 Ornate planter

10 Nectar collector

15 Budge

18 Basketball net holder

19 Closer's hope

20 Like some whiskey

1	2	3	4		5	6	7		8	9	10
11					12				13		
14				15					16		
			17					18			
19	20	21				22			23	24	
25				26		27		28			
29			30		31		32		33		
34				35		36		37			
		38			39						
40	41			42				43	44	45	46
47				48				49			
50				51				52			

- 21 Lasting for many years

23 Fox hit, to fans

24 Do a sitter's job

27 Place for raising seafood

30 Pipe joint

32 It starts many, many titles

35 Romantic outings
- 37 Topic for debate

39 Briquette

40 Silvery gray

41 "Let sleeping dogs "

44 "What next?"

45 Player's job

46 Had a meal

Answers on P13

	8			4		6		
		3						2
			9		2	8	5	
	2	5		9	7			3
		4		6		2		
8			4	2		9	1	
	7	9	1		6			
6						1		
		2		7			8	

Answers on P13

SUDOKU

HOW TO PLAY

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember. You must not repeat the numbers 1 through 9 in the samee line, column or 3x3 box.

The Toughie

by Myles Mellor

- Across
- 1 Shelter grp.

5 Bugs

9 Con's explanation

14 Mud

15 Botch

16 Garden terrace

17 Sounds of disapproval

18 Trattoria order

19 Parachute material

20 Drivers' essentials which contain a wedding exchange

23 Carry-__ (some luggage)

24 Spike in a field

25 Strategy

29 Sets

31 Comedian Bernie

34 Tons

35 Think

36 Theatrical award

37 Kitchen essentials which contain a wedding exchange

40 Defrost

41 Dumbo's jumbo pair

42 A black key

43 Calendar spans, abbr.

44 Brazil's "Black Pearl"

45 Familiar things

46 Route follower

47 Tolkien beast
48. Joining tool which contains a wedding exchange

56. Asian lute played with bow

57. Tennis great, Arthur

58. Big furniture retailer

59. Epitome of perfection

60. Laine of jazz

61. Formerly, formerly

62. Wren's "Beau __"

63. "Ol' Man River" composer

64. Missing a deadline
- Down
1. Certain NCO's

2. Assignment

3. Pepsi's rival

4. Niche

5. California town

6. Archaeological site

7. Tallest chess piece

8. White coat

9. Breathing problems

10. Kind of cake

11. __ be alright

12. Life summaries

13. It's tiny and charged

21. Broken in Brest

22. Directs

25. Sosa or Davis

26. Rah! Rah! Rah!

27. Makes better

28. Sunrise point

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
			23					24						
25	26	27	28				29	30			31	32	33	
34					35					36				
37					38					39				
40					41					42				
43				44					45					
		46					47							
	48	49				50	51			52	53	54	55	
56						57				58				
59						60				61				
62						63				64				

29. Music style

30. Hosp. printouts

31. Dinero

32. Historical account

33. Dermatologist's concerns

35. Call

36. Sukiyaki ingredient

38. Brooklyn Dodgers great

39. Goodfella
44. Place to make a splash

45. Goad

46. Swell

47. " __ Majesty's Secret Service"

48. "Smooth Operator" singer

49. Bauxites

50. Lamb section

51. Bermuda for one
52. Cambodian cash

53. Pod used in gumbo

54. Hatchling's home

55. Fill up

56. Contract need, abbr.

Answers on P13

HOROSCOPES



BY HOLIDAY MATHIS

Bright Beltane Wishes

Once upon a Beltane, every household in the community would extinguish the fire in their hearth so they could ceremoniously reignite it with a flame from the community fire. This week, Venus brings the fire with a move into passionate Aries. Later, the sun and Uranus, the planet of surprises, align in Taurus to invigorating senses and pump up appetites. Pleasures shared are doubled. May the warmth of the season open your heart like a blossom.

ARIES (March 21-April 19). Once you know something, you often adapt so quickly to the knowledge that you forget how valuable the information really is. You're not thinking about how much other people would love the information. You could help many (including yourself) through teaching, publishing, consulting or speaking.

TAURUS (April 20-May 20). What you want to make or do may seem far away to you right now given your current financial constraints. But creative influences will inspire you to go at it a different way this week. What if you brought more hope to the problem? Because you're open to them, unconventional solutions abound.

GEMINI (May 21-June 21). You'll see what you've seen before. Your low tolerance for boredom will inspire you to go off on fascinating tangents. At first, you'll do this alone, but when others see what you're up to, you'll have followers. People will be glad to have someone like you around to spice things up.

CANCER (June 22-July 22). You'll experience a good fit -- a person, job, relationship or shoe that sets a new bar for success. What doesn't work at all gives you the blessing of guidance. Then there are the things that don't quite work. Their lessons are subtle and tricky. You'll have examples in every category this week!

LEO (July 23-Aug. 22). There are two ways to reduce the amount of stress flowing through your days. You can avoid challenges, or you can accept them with the mindset that you don't have to get everything right. The second way makes life easier in the weeks to come. You're getting so adept at handling things that, soon, nothing will scare you.

VIRGO (Aug. 23-Sept. 22). Life is complicated enough. You see no need to complicate things further by having too many opinions and rules. Because of your tendency to keep it simple this week, you'll be popular. Your social instincts are spot-on, too, and your breezy approach to relationships makes you extremely attractive.

LIBRA (Sept. 23-Oct. 23). Have you ever seen someone juggle sacks

of potatoes? Unlikely. It's easier to juggle things that have form than it is to manage the unpredictability of floppy or feathery things. This week, you'll get very good at compartmentalizing, which helps you balance a few different areas of your life at once.

SCORPIO (Oct. 24-Nov. 21). You prize loyalty and honesty. These qualities have the potential to clash this week, as no one wants to hurt the feelings of the ones they are loyal to, and honesty sometimes allows people to see the merit in the opposing team or argument. Which quality would you choose if you knew you could only have one?

SAGITTARIUS (Nov. 22-Dec. 21). It's natural and typical to focus more on others than on what you're getting out of the situation, though you should be aware that some people are only out for themselves. It's not necessary to avoid the "takers" altogether -- but do be ready for them. Know what you're willing and not willing to give.

CAPRICORN (Dec. 22-Jan. 19). Though a sense of belonging is essential to your well-being, you sometimes feel that wanting the acceptance of others is embarrassing. Consider that anyone slow in accepting you may not be right for you anyway. Loving hearts await. You deserve sweetness in relationships. Believe it.

AQUARIUS (Jan. 20-Feb. 18). You understand what people are expressing, both the public-facing version and the private implications; you get the text, the context and the subtext. Because so many in the world are unobservant and incurious, interactions with you will stand out in people's minds. Your curiosity will culminate in adventure.

PISCES (Feb. 19-March 20). Love shapes you. It contributes to your experiences; it is the reason for where you are in the world. You make your home around love. Considering how much you give to relationships and how changed you are by them, you're right to be choosy about who you let into your heart.

THIS WEEK'S BIRTHDAYS: Your bright mind finds much to explore this solar year. Certain curiosities will become passions. Give new interests three chances before moving to the next. Your life will start to organize around new favorite enthusiasms, and that's when everything heats up at once. New ventures may seem to bring chaos, but don't worry. This will be the source of big fun, lucrative work and epic stories. A co-creation will involve bonding, skill sharing and travel. Younger people thrive with your influence. Write Holiday Mathis at HolidayMathis.com. COPYRIGHT 2022 CREATORS.COM



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1	P	A	W	S	6	O	F	F	8	R	U	B
11	E	P	I	C	15	V	I	A	19	O	R	E
14	R	E	G	I	M	E	N	T	16	O	N	E
17	F	O	R	E	A	R	M					
19	S	A	L	I	V	A	22	L	I	M	23	I
25	A	G	O	26	E	L	F	28	M	A	D	E
29	V	E	N	T	30	L	I	T	32	T	O	N
34	E	D	G	E	35	S	H	I	E	L	D	
38	T	E	A	C	H	E	S					
40	A	L	E	42	T	O	E	43	S	A	G	A
47	S	I	R	48	E	A	R	49	U	N	I	T
50	H	E	M	51	S	L	Y	52	E	D	G	E

SUDOKU ANSWERS

2	8	1	7	4	5	6	3	9
9	5	3	6	1	8	7	4	2
7	4	6	9	3	2	8	5	1
1	2	5	8	9	7	4	6	3
3	9	4	5	6	1	2	7	8
8	6	7	4	2	3	9	1	5
5	7	9	1	8	6	3	2	4
6	3	8	2	5	4	1	9	7
4	1	2	3	7	9	5	8	6

TOUGHIE ANSWERS

1	C	P	C	A	7	R	K	S	11	P	A	L	I	B	15	
12	G	O	P		13	R	U	I	N	16	P	A	T	I	O	
17	T	S	K	S		V	I	N	O	18	W	Y	L	O	N	
19	S	T	E	E	R	I	N	G	W	20	H	E	E	L	S	
21						P	O	N	S	22	F	E	A	R		
23	H	C	H	E	M	E	G	E	L	24	M	A	I	C		
25	A	H	E	A	P		D	E	E	M	26	T	O	N	Y	
27	M	E	A	S	U	R	I	N	G	S	28	P	O	O	N	S
29	M	E	L	T		A	E	A	R	S	30	E	F	L	A	T
31	V	R	S		P	E	L	E		32	U	S	A	L	S	
33					B	U	S		O	R	C					
34	S	O	L	D	E	R	I	N	G	I	R	O	N	S		
35	S	A	R	O	D		A	S	H	E		I	K	E	A	
36	I	D	E	A	L		C	L	E	O		E	R	S	T	
37	E	G	E	S	T		K	E	R	N		P	L	A	T	E

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Community Events

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VALEMOUNT

MONs **Family Place Drop-In** is now on Mondays from 9am-noon with Hannah. Come for the connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS unless otherwise stated below (99 Gorse St)! Call 250-566-9107 or email events@rvcsbc.org for more info.

MAY 9 - Gross Motor Development with OT students at park

MAY 16 - Safe Eating with OT students at RVCS office

MAY 23 - Victoria Day, no drop-in

MAY 30 - Planting Seeds at RVCS office

TUEs - Join us for **Seniors Walking & Wheeling Group** every week at 2pm for a 30-45 minute stroll or roll around town with Shae beginning at 99 Gorse St. All fitness abilities welcome. No registration required. Call 250-566-9107 for more info or email events@rvcsbc.org.

MAY 9- Mental Health discussion

MAY 16- Emergency preparedness discussion

MAY 23- Victoria Day, no drop-in

MAY 30- Birding at the Marsh

MONs **Seniors Drop-In** is on Mondays from 1-3pm. All seniors are invited to come by for both structured and unstructured recreational, educational and social activities with Shae at RVCS (99 Gorse St). No registration required, unless stated. Call 250-566-9107 or email events@rvcsbc.org for more info.

THUR MAY 5 from 2-4pm it's **Tech Café** at RVCS where we offer FREE one-on-one assistance for you with your tech related questions or concerns with a device. No registration is required. For more info, please call 250-566-9107 or email events@rvcsbc.org.

THUR MAY 5 participate in the **Red Dress Campaign 5km walk or run** beginning from the Valemount town park at 10am in honour of missing and murdered indigenous women and girls. Wear your red in support. Look for more details on Facebook.

THUR MAY 12 stop by **RVCS Valemount** (99 Gorse St) from 12-2pm on May 12th for homemade chili and bannock as we honour the Moose Hide Campaign that supports reconciliation and calls to end violence against women and children. Lunch sponsored by WorkBC. All communities are encouraged to partake in a walk through town in support of the cause from 12-1pm, right across the country!

THUR MAY 19 **Learn about the wonderful gardening technique of Hugelkulture** with Jean Ann from McKirdy Creek Farms! Hugelkulture is a form of

permaculture consisting of hills of decomposing wood, compost, yard clip-pings, and are wonderful way to grow fruitful gardens in smaller spaces. Event location: Valemount Community Garden (behind Secondary School). No registration required.

SAT MAY 28 learn to identify naturally occurring food and medicine plants, and cook with what you harvest during the **Foraging with Jean Ann Workshop!** Starting at 3130 McKirdy Rd at 9am-11am, and then 101 Gorse St from 11am-1pm, this two part workshop requires registration, sturdy shoes, notebook, and vessel for foraged goods is recommended.

WEDs **The Valemount Old Timers musicians** are back playing in the upper lounge at the Golden Years Lodge (1300 Main Street) on Wednesdays from 7-9pm. No charge. Coffee and goodies provided.

WED MAY 11 **The Red Dirt Skinkners are performing** live in concert at the Valemount Community Theatre. Tickets available at Infinity Office & Health. Our last show ended up being such a success despite the power outage, I can't wait to see how awesome this one goes! Here is a sample of one of their songs: <https://www.youtube.com/watch?v=ullNBem9qCY>

MCBRIDE

MONs **Family Place Drop-In** is now on Mondays from 9am-noon. Join for connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS unless otherwise stated below (942 3rd ave). No registration required. Call 250-569-2266 for more info.

MAY 9 - Child & Youth Mental Health Day with colouring at the park

MAY 16 - International Day of Families & make a family book at the park

MAY 23 - Victoria Day; no drop-in

MAY 30 - Aboriginal Awareness Week, Seven Teachings activity book & 'Sabe' paper bag puppet

WEDs **Seniors Drop-In** is on Wednesdays from 1-3pm with Sandy. All seniors are invited to come by for both structured and unstructured recreational, educational and social activities at RVCS (942 3rd ave). No registration required. Call 250-569-2266 for more information.

MAY 11- Rock painting

MAY 18- Emergency preparedness discussion

MAY 25- Pet therapy with Skidboot the dog

TUEs - Join us for **Seniors Walking & Wheeling Group** every week on Tuesdays at 2pm for a 30-45 minute stroll or roll around town with Sandy beginning at

942 3rd ave. All fitness abilities welcome. No registration required. Call 250-569-2266 for more info.

THUR MAY 5 from 2-4pm it's **Tech Café** at RVCS where we offer FREE one-on-one assistance for you with your tech related questions or concerns with a device. No registration is required. For more info, please call 250-569-2266 or email events@rvcsbc.org.

WED MAY 11 from 1-2pm we are holding an **information session for Choose to Move**, a 12 week support program set to begin later in the month, which is geared toward seniors looking to improve their strength and independence with weekly motivational meetings. Registration is required for the information session and the program itself, please call 250-569-2266 or email events@rvcsbc.org.

Get your **Family Activity Packages** delivered right to your door once a month (within village limits)! RVCS staff adapt packages to age groups (0-6 years), which include crafts, activities, newsletters and resources! To receive your FREE package, call 250-569-2266 or email events@rvcsbc.org.

SAT MAY 7 is **National Child & Youth Mental Health Day**. Submit a short video for our Youth Video Challenge highlighting what "Just Be Yourself" means to you and why it's so important. Submissions due to RVCS McBride (942 3rd ave) or Valemount (99 Gorse St) by May 15th or email them to events@rvcsbc.org. Help spread awareness of child & youth mental health! For more info, please contact Jessica at 250-569-2266. Participants receive activity bags and certificate of recognition!


THUR MAY 26 from 4-6pm it's the next **Men's Shed Meeting** where guys get together and chat about topics like mechanics, woodworking & more! Get advice or offer it. No registration is required. For more info, please call 250-569-2266 or email events@rvcsbc.org.

MONs **Mom's N Tot's Group** McBride Health Unit 10-11am Pre & post-natal education and breast feeding support. 250-569-2251 ext 2044


TUES, FRI, & SAT McBride & District Library welcomes children 8-years and older to the computer lab between 3-5pm. Ages 15+ welcome anytime.

THURs **Fibre Arts** McBride & District Library is knitting up sweaters. Attend from home via Zoom 10am-12pm. Computer access is also available at the library. Call 250-569-2411 for details.

FRIs **Writers Group** McBride & District Library 1:30pm. Attend in-person or online. Call 250-569-2411 for details.



Pete Amyoony has lived, worked and gardened in the Dunster area for 43 years. He tries to deal with the “down to earth nuts and bolts of organic gardening” in his columns.



May to-do list

With the first of May on our doorstep, it is time to check up on a few “things to do” in and around the garden just to make sure we are not allowing a necessary chore slip by undone.

The best time for pruning fruit trees is already past as the buds are already beginning to open, but it is still better to get rid of some of the tall upright “water sprouts” on apple trees if you haven’t already done so. They are the tall vertical branches that grew out of mostly the top of the tree last summer and look like they are reaching for the sky. They will never be good fruit bearing branches and just shade the center of the tree so the fruit under them does not get enough sunlight to ripen properly. Water-sprouts can be pruned at any time of the year and it is actually better

to prune them again in late summer this year if you get the chance.

If you haven’t already pruned out last year’s dead raspberry canes and trimmed back the new canes to shoulder height, it is best to get at it so the new canes have a chance to grow more laterals (the little branches that grow off the sides of the pruned cane). You can get a much higher production per cane if you encourage the growth of laterals, as that is where the berries are produced. Remember that raspberries grow in a two-year cycle. The first year they send up a new cane from the crown. The second year, that cane produces laterals and berries and then dies that fall. While it is producing berries, another new cane is coming up next to it and will be the one to produce berries the following year. The old dead canes with the laterals are the ones that have to be cut back to the ground.

For those gardeners who like to take a bit of risk, you could plant some early potatoes now. Remember it is best to leave the potatoes out in a warm place (room temperature) for a few days to a week to start the sprouting process. You can cut the potatoes so there are only one or two eyes per piece and get a lot more hills that way. I find it best to dig a deeper hole (8” –20cm), put a handful of peat and a handful of alfalfa pellets in the hole and then place the seed potato with the sprouts facing up in the hole. The peat will make the soil more acid and help protect against scab and the alfalfa pellets will give a boost of nitrogen to get the plant off to a good start. I cover the seed pieces with only about two inches (5cm) of soil so that the spring sun can warm them. Then, as the plant grows, the hole can be filled in by hilling around the plant. I usually like to plant my main winter crop of spuds around the first of June so they do not mature too soon before they go into the root cellar. Those that mature in September and October seem to keep better

over the winter.

This is also a great time to feed around fruit trees, berries and other perennials. A boost just before they begin to grow leaves, flowers and fruit will really reward you with higher production.

A good raking for the lawns will dislodge any thatch and gather up the remainder of last fall’s leaves and can be a great addition to the compost pile. Turning the compost pile as soon as it can be moved will get it working again and have those wonderful nutrients ready to be put in the main garden or side dressed around perennials in early summer.

At times, in spring, there just seem to be so many “do-it-now” chores that it can feel overwhelming. I find making a list and taking one thing at a time make it much more attainable. Thinking of the joy and rewards that will come later on makes it all worthwhile!



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With the cool weather throughout most of April, many backcountry beaver ponds still have ice lingering. This red fox had high hopes of catching one of these Barrow's goldeneye ducks on the edge of the extremely thin ice, however the ducks simply paddled away. /LEON LORENZ

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