

2021



ROCKY
MOUNTAIN
GOAT

Robson Valley

AGRICULTURAL PRODUCERS

GUIDE

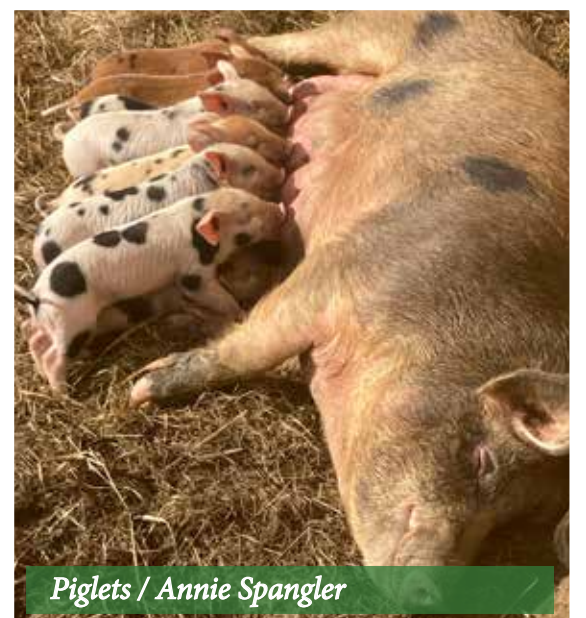
Kids on haystack / Annie Spangler



Ducks/ Jean Ann Berkenpas



Strawberries / Annie Spangler



Piglets / Annie Spangler



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Prince George-Valemount

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Prince George, BC
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Phone: 250.612.4181
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@ShirleyBond



Peacock/ Hani Gasser

L I S T I N G S

BC Fruit Truck - Jonathan Deuling
Telephone: 778 - 867 - 6267
Email/Website: secretary.bcfuittruck@gmail.com • www.bcfuittruck.com
Facebook: @BCFruitTruck
Type of goods/services offered for sale:
Cherries, canning peaches, apricots, blackberries, blueberries, raspberries, strawberries, grapes, peaches, nectarines, prunes, plums, pears, apples, pickling cukes, tomatoes, corn, garlic, and more.
Season of Availability:
Serving Valemount every Saturday 12 - 2PM @ Tourist Info Centre. Serving McBride for case sales only around 4PM every Saturday. Contact us, join our email list, and be "in the know" for products, prices, promos and more.



Caterpillar / Sonja Guttner

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L I S T I N G S

BUTTERKUP FARMS - Andy & Melanie Guttner

Telephone: 250 - 793 - 4742

Address: General Delivery, Dunster, BC, V0J 1J0

Email/Website: butterkupfarms@yahoo.ca

Type of goods/services offered for sale:

When you buy our grass fed beef you are buying more than just meat, you are buying our hopes, dreams, passion, and hard work. We feel very blessed that our customers appreciate the beef they buy from us. Our beef graze on lush grass that is fertilized with sea salt, Kelp meal, volcanic minerals, and natural grass fed cattle fertilizer. Our beef herd is a combination of several breeds of cattle, and an extensive amount of research goes into the blood lines of each breed. We utilize these cattle breeds to obtain a superior product with marbling, CLA, DHL, Oleic acid. All of which have been proven to be very beneficial to humans. Our meat is free of added hormones, antibiotics and is humanely raised. We never give antibiotics to food chain beef, nor any other additives or injections. No fillers or nitrates are used in our products. We market full blood and part bred cattle of these various breeds for foundation stock to other ranchers. We are adamant about halter broke cattle with gentle dispositions. We raise and market fullblood and part bred Jersey cows as family milk cows. We will be marketing the following products in the near future, all with sea salt, diatomaceous earth and kelp meal, no artificial or synthetic fertilizers. Apples, plums, apricots, cherries, raspberries, strawberries, blueberries, haskaps, an extensive variety of garden vegetables, herbs, fresh and dried cut flowers. Our honey is 100% wildflower honey with no antibiotics fed to our honeybees. Our old fashion German Shepherds we raise & sell have structurally sound bodies, hips and minds.

Season of Availability:

All Year

CANGAS PROPANE INC.

Telephone: 1 - 833 - 852 - 8811

Address: Your Local Propane Provider

Email/Website: www.cangaspropane.ca

Type of goods/services offered for sale:

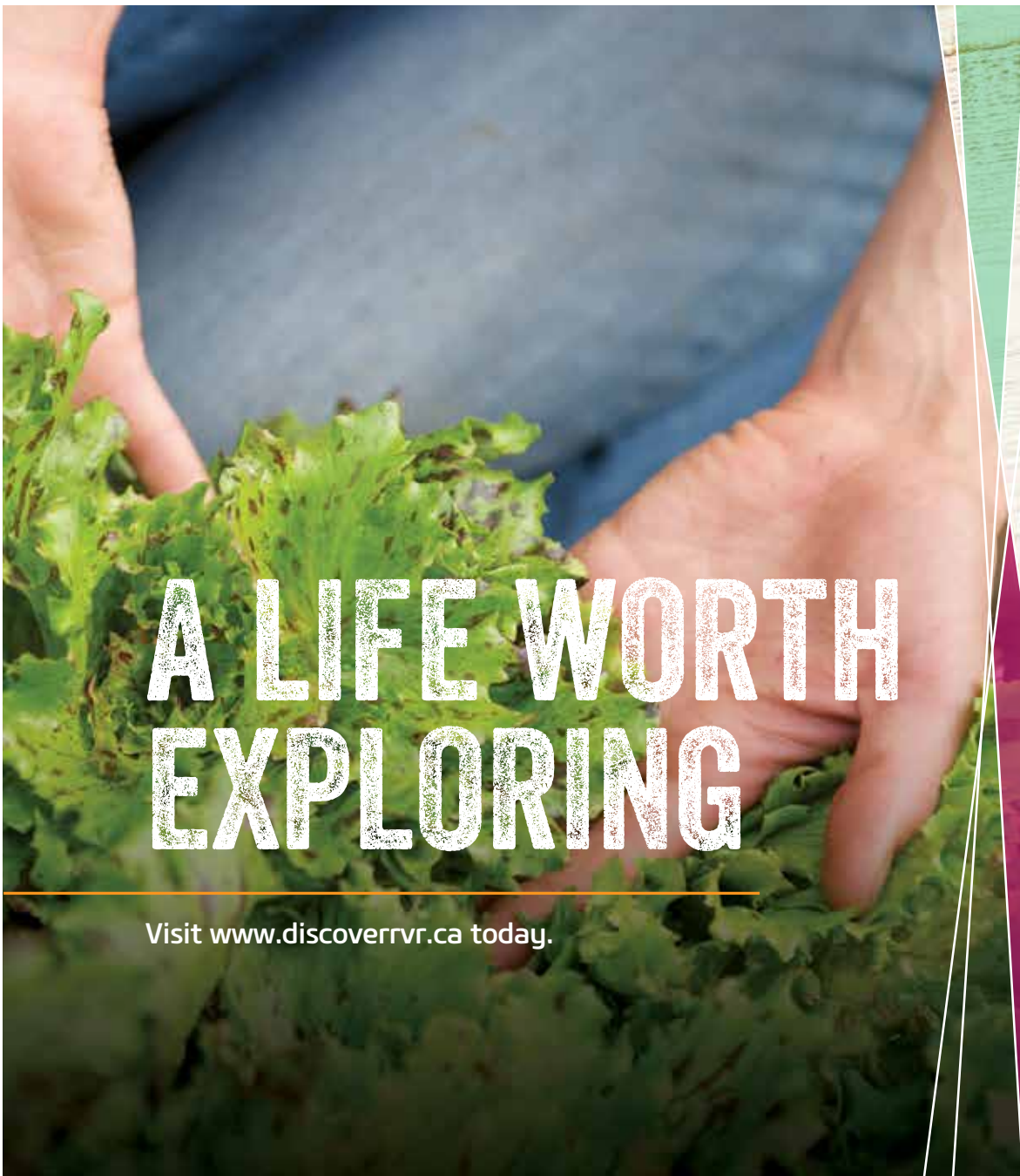
PROPANE - Specialized energy solutions for all your agricultural heating needs

Season of Availability:

All Year



Girl with tomatoes/ Annie Spangler



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[ig robsonvalleyregion](https://www.instagram.com/robsonvalleyregion)

L I S T I N G S

COMMUNITY FUTURES FRASER FORT GEORGE

Telephone: 250 - 561 - 6424 ext. 117

Address: 1556 7th Ave, Prince George, BC V2L 3P4
1290 6th Ave, Valemount, BC V0E 2Z0

Email/Website: shonat@cfdc.bc.ca • general@cfdc.bc.ca • www.cfdc.bc.ca

Type of goods/services offered:

Community Futures offers small business supports, resources, and services including financing, business coaching, skill development and training for all industry sectors and interests. We continue to offer these services and work with producers, investors, and entrepreneurs in agriculture in the Robson Valley.

Season of Availability:

All Year

C.E. ROBSON ORGANICS - Chris & Elaine Robson

Telephone: 250 - 569 - 4136

Address: 3110 Morgan Road, McBride

Email/Website: cerobsonventures@gmail.com

Type of goods/services offered for sale:

MARKET GARDEN - Business sells hay, vegetables, herbs, and fruit that are certified organic, harvested and delivered fresh!

Season of Availability:

Seasonal - Market Garden

COWGIRL UP ADVENTURES - Katy Elliot

Telephone: 250 - 566 - 5099

Address: Box 994, Valemount. Location: 13750 Hwy 16, Tete Jaune Cache

Email/Website: info@cowgirlupadventures.com | www.cowgirlupadventures.com

Type of goods/services offered for sale:

Guided horseback trail rides and multi-day pack trips.

Season of Availability:

May, 2021 - September, 2021



Cow and calf / Melanie Guttner

Farming chicken, and the many benefits that come with it!

Maria Lerch, Valemount

Free range chickens were almost always a part of my life. The earliest memory that comes to mind however, is a gruesome one. It was haying season and I must have been about four years old. My dad instructed me to shoo the chickens away from the tractor to avoid driving over them. I took a little stick and swung it back and forth to direct them away from danger; instead, I hit one by accident. To my horror it fell over and died! Except for this incident, my interactions with chickens have been delightful experiences.

It is probably the nicest chore for any child to go and look for eggs – especially when they come in many sizes and colours. The taste of a fresh egg laid by a free-range chicken is so different from the ones you buy in a store. Each hen eats whatever she pleases: some grain, slugs, bugs, or worms, and even ticks, which means they act as a biological pest-control. It is a fact that I never have to throw any food out. What my chickens can't eat raw, I cook for them and they happily gobble it up.

The manure our feathered friends produce is highly rich in nitrogen, which is especially useful for vegetables such as tomatoes, cucumbers, and zucchini, which require high amounts of this element.

To watch chickens wandering about the meadows in search of food, taking a sand-bath and obviously enjoying it, or observing a mother hen caring for her chicks, is a pleasure for the soul. I am convinced that chickens can be beneficial for people who suffer from mental illnesses.

I keep a mix of several breeds – Ameraucana, Silkie, Polish Crested, Rhode Island Red, just to name a few. The typical Silkie is shy, quiet, and a good mom, while Polish Crested are very active, and hop around more like ravens rather than domestic birds. My hens are never slaughtered; some of them might be ten to twelve years old. They don't lay an egg every day anymore; just the occasional one, but that's okay. I can't keep all the roosters. Of course, there comes the day when I have to choose which ones will be spared and which ones will end up in the soup pot. These decisions are hard for me, but I have to admit that the meat tastes delicious. At the moment I have 75 hens, 35 chicks, and way too many roosters, which is neither very practical nor economically smart, but I enjoy their presence and love their individual characters.

When farming chickens, the benefits outweigh the costs and your life becomes a little bit brighter – go for it!



Sole with hen in the field / Maria Lerch



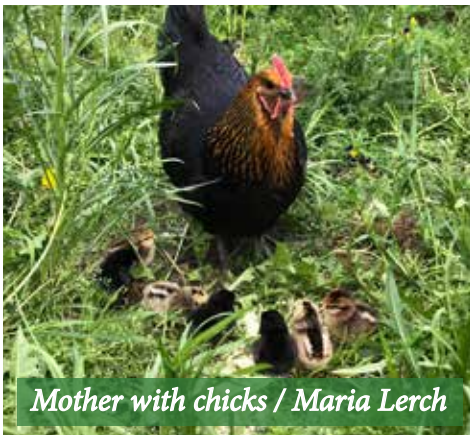
Bumble Bee / Melanie Guttner



Horse and rainbow / Melanie Guttner



Cotton the rooster / Maria Lerch



Mother with chicks / Maria Lerch



Silkie Hen and chicks / Melanie Guttner

THE TRICKSTER

By Maria Lerch, Valemount

My little, brown Ameraucana hen
Is hiding her eggs from me;
She tries to cover up the fact -
By acting casually.

First I notice her down by the barn -
Pretending to look for seeds;
A minute later she sneaks through the fence -
Disappears between rose-hips and weeds.

Later on I spot her again -
This time she heads for the shop;
And there, I realize soon enough -
Is where her footprints stop.

I lift up branches and look for clues -
My husband smiles: "It's about time!"
He points under the rusty wheelbarrow -
He has found the scene of the crime!



Hatched chicks / Annie Spangler

LISTINGS

EDDY CREEK GOATS - Lynda James & Gunter Flemke
Telephone: 250 - 569 - 8806
Address: Box 756, 3910 Eddy Rd, McBride
Email/Website: gunlyn1@telus.net
Type of goods/services offered for sale:
Meat Goats / Pet Goats - (Bucks - Does - Kids).
Season of Availability:
Fall.

EDEN SONG FARM - Annie & Jesse Spangler
Telephone: 250 - 566 - 1625
Address: 15683 Old Tete Jaune Road, Tete Jaune
Email/Website: edensongfarm@gmail.com
Type of goods/services offered for sale:
Bedding plants, and Garlic Varieties - Red and Purple Russian, Music, Chesnok Red, and Deep Purple.
Season of Availability:
Garlic available July - 2021-December 2021, Bedding plants available next spring

LEGRAND FARM - Harold & Jackie Edwards
Telephone: 250 - 569 - 7100 | 250 - 569 - 7101
Address: Box 579, McBride
Email/Website: h__edwards@hotmail.com | jackie.c.edwards@gmail.com
Type of goods/services offered for sale:
Grass fed lamb sold by the half or whole. Hamburger from grass fed beef. Naturally grown vegetables.
Season of Availability:
Lamb and hamburger are usually available all year. Vegetables available seasonally and usually at the McBride Community Market on Fridays. (end of June to end of Aug)



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Getting Started Seed Saving

by Jean Ann Berkenpas

As a new gardener I remember being intimidated by the idea of saving seeds. Then one spring a forgotten kale plant of the previous fall exploded into new growth, exceeding its size of the summer before by ten times. It produced an abundance of tiny yellow flowers that the bees loved and tasted delicious added to salads. The flowers developed into little seed pods which bent the tall plant with their collective weight. Thousands of seeds burst from those dried pods, which sprung up everywhere in the garden the following spring, providing an abundance of baby kale before any of my intentional plantings had germinated.

Seed saving is not as difficult or complicated as it might seem, and it likely happens by accident in many gardens. There are plenty of reasons to give it a try. By saving seeds farmers and gardeners can save money, ensure food supply, and provide themselves with locally adapted plant varieties. It is also a very fun and rewarding part of gardening, provides some beautiful flowers, and will attract beneficial insects to the garden.

The terminology and biology of seed saving can be confusing, but do not let that be a deterrent! The most basic way to start is to simply let plants go to seed in your garden naturally. Then, as they start to dry, collect and save seeds from the ones you liked best. Store them in a cool dry place over winter, then plant them again in the spring. See what you get and repeat the process.

Without knowing much of the science or lingo seeds can be saved, but results may be unpredictable. For more consistent results a little knowledge goes

a long way.

To start seed saving, it is recommended to use *open pollinated plants*. These are more likely to retain characteristics generation after generation and maintain genetic diversity. Open pollinated plants rely on insects, birds, or wind to make seeds. Some of these, such as some tomatoes and peppers, may also be *self pollinating*. Many heirloom varieties are open pollinated. *Heirloom* plants are those that have existed for at least 50 years. Saving seed from a *hybrid* plant variety will not yield predictable results, and so hybrids are not good candidates for seed saving.

When using open pollinated plants it is important to make sure they do not cross pollinate with other plants of the same family, because then you will get hybrids with unpredictable traits. The easiest way to do this is to only save seeds from one variety of a plant family at a time. For example, only save seed from one variety of the brassica family at one time. Other measures can be taken, such as planting different varieties in different areas, having a barrier between plants, or timing planting so that they are not in flower at the same time.

Another consideration when saving seed, is whether the plant produces seed in the same year it was planted (*annual*), or in the second season (*biennial*). In annual plants, such as peas, beans, tomatoes, peppers, arugula, and lettuce, seed can be collected in the fall of the same season it was planted. Biennial plants, such as beets, carrots, and kale, will flower and go to seed in the second year and so must be overwintered. If you

Poppies provide gorgeous blooms in early summer and the seeds are a delicious addition to baking. / Jean Ann Berkenpas



Started with g



The flowering seed head of a carrot attracts many pollinators to the garden. / Jean Ann Berkenpas

choose cold hardy varieties, such as kale or carrots, the plant may successfully overwinter in the garden.

Another way to save seed is by *propagation*, that is replanting some of the parent stock (usually root) of the original plant. Potatoes, garlic, and many berry plants are typically grown this way. Perennial plants that come back year after year are also typically propagated. Saving and replanting the best potatoes or garlic will result in more of the same types of plants.

Some other considerations: a single plant can produce thousands of seeds and will likely take up more space as it goes to seed. If it is leafy green, like kale, beet, or radish, the abundance can be used for sprouting during the winter months or to grow microgreens. In this case, the specific traits of the plants grown from the saved seed are not as critical.

Some easy plants to start seed saving with are heirloom peas, beans, tomatoes and lettuce. These are annual, self-pollinating, and require little to no

isolation. Only a few plants can provide many seeds.

The Seed Savers Exchange at www.seedsavers.org is a great resource for anyone wanting to get started with seed saving.

Robson Valley Community Support will be hosting a couple of seed saving workshops later this summer and fall. On August 31st Pete Amyoony will be leading a workshop. On September 26th Rebecca Wylie will be hosting Farm Folk City Folk's mobile seed cleaning tour, which will be accompanied by a second workshop with Pete Amyoony. Farm Folk City Folk's seed cleaning tour travels to communities in BC with the mission of supporting farmers and increasing the availability of locally grown organic seed. Their equipment helps reduce labor costs for farmers and results in higher quality seed, as compared to sorting by hand. Those who are interested in participating in these workshops can contact Rebecca Wylie at foodsecurity@rvcsbc.org.

L I S T I N G S

MCBRIDE COMMUNITY MARKET

Telephone: 250 - 569 - 7101

Address: Box 579, McBride

Email/Website: jackie.c.edwards@gmail.com

Type of goods/services offered for sale:

Local growers and artisans. Products vary weekly depending on vendors but usually a variety of plants, baked goods, home canning, crafts and locally grown vegetables.

Season of Availability:

11AM - 2PM, FRIDAYS - June 25, 2021 - September 3, 2021

MCBRIDE FARMERS INSTITUTE (a member of the BC Farmers' Institutes)

Telephone: 250 - 569 - 7101 (Jackie Edwards Secretary)

Address: 1st Ave. Box 176, McBride, BC V0J 2E0

Email/Website: jackie.c.edwards@gmail.com

Type of goods/services offered:

1. To improve conditions of rural life so that settlement may be permanent and prosperous;
2. To promote the theory and practice of agriculture;
3. To arrange on behalf of its members for the purchase, distribution or sale of commodities, supplies or products;
4. To act generally on behalf of its members in all matters incidental to agricultural pursuits and rural development; (eg) to promote home economics, public health, child welfare, education and better schools.

Season of Availability:

MONTHLY MEETINGS: Sept to June First Tues of the month 7:00PM at McBride Farmers' Institute, 1st Ave McBride. All new members are welcome.



Cucumber / Melanie Guttner

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Hani Gasser carries one of his ewes out of the pen to take back down to the pasture. / Andrea Arnold

By Andrea Arnold

L I S T I N G S

McKIRDY CREEK FARM - Mike & Jean Ann Berkenpas

Telephone: 250 - 566 - 8460
Address: Box 333, 3130 McKirdy Road , Valemount
Email/Website: www.mckirdycreekfarm.com
Type of goods/services offered for sale:
GARDEN BOX PROGRAM - Sold out for 2021. Availability starts spring 2022!
Subscription program of weekly garden box deliveries with mixed vegetables, and berries. Duck eggs, wild edibles, and cut flowers available seasonally.
Season of Availability:
June, 2022 - October, 2022

MOUNTAIN THYME HERBS & SPECIALTY GARDENING - Una Jean Anderson

Telephone: 250-566-4282 / 780-852-1121
Address: Tete Jaune Cache
Email/Website: mountainthymeherbs@gmail.com
Type of goods/services offered for sale:
Specializing in Perennial Medicinal Herbs, Culinary & Aromatic Herbs, Medicinal Houseplants, Handcrafted Natural Herbal Soaps and Medicinal Herbal Tea blends. Specializing in Garden design, installation, maintenance, medicine garden design and basic landscaping.
Season of Availability:
All year

NORTH - HOME RANCH - Maria Lerch

Telephone: 250 - 566 - 0010
Email/Website: bamermoidicanada@gmail.com
Address: 1250 Cranberry Lake Road, Valemount
Type of goods/services offered for sale:
Livestock, cattle, pigs and Llamas, eggs, veggies, herbs and herbal remedies, jams, chutneys and relishes.
Season of Availability:
All Year

The McBride Community Forest Cooperation found a local alternative to chemical treatment of planted logging blocks on Belle Mountain this summer.

Robson Valley Sheep Company - Hani (and Tessa) Gasser along with children Florian and Isa and four grandchildren have been tending a flock of 250 sheep on the slopes of Belle Mountain since the beginning of June.

When approached by MCFC last fall, Gasser agreed to the proposal of a trial run. He was happy to be a part of a non-chemical attack on the vegetation that threatens to choke out the planted tree seedlings. The sheep are clearing approximately one hectare of undergrowth a day. They are working to clear out plants such as fireweed and devils club while leaving behind the small coniferous trees.

"They even eat the devils club berries, poisonous to humans, but are leaving the blueberry and huckleberry bushes alone," said Gasser.

This isn't a new method of forest maintenance.

"It has been done before," said Ray Thiessen, general manager of MCFC. "We are finding we had problems with competing vegetation on logging blocks. Chemical spaying is not a good option, so we decided to revisit grazing." He also explained that with the volume of water users below the blocks, chemical was not an option.

"I think it is right that people get upset about the use of it (glyphosate)," said Gasser. "The only way to avoid it is by manual/machine labour, or sheep. We have the sheep, the dogs, the trailer and the knowledge."

This trial year has been one of constant learning and adapting. The sheep were moved onto the block during the first week of June. Initially, the shepherds would oversee the sheep as they grazed, slept and grazed some more throughout the day. It became apparent that once the morning grazing was wrapping up one of two things happened. Either the sheep got bored and started to wander more making it hard to keep track of them in the tall growth, or they would lay down and chew their cud. The Gasser crew decided that for the time between feeding time the sheep would be put back into a pen constructed with electric fencing and brought out again in the evening for another several hours of foraging.

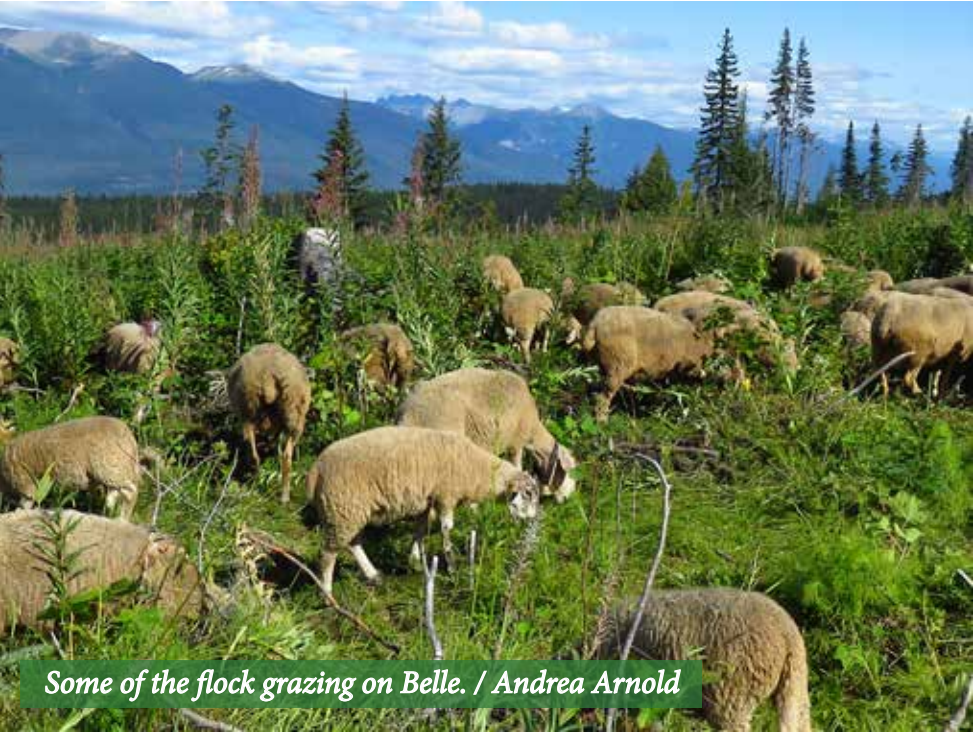
The sheepdogs working alongside the Gassers also needed the break between feedings to recuperate from their job of running around the rough and steep terrain. At this time the dogs used by Gassers for herding purposes are either Border Collie or Huntaway, the traditional sheep dog in New Zealand. The dogs are mostly handled by Gasser, Florian, Isa. The younger shepherds are learning the skills needed to control the dogs and are becoming more efficient as the summer progresses.

On guard against predators are three large white Akbash/Great Pyrenees dogs.

"We have not seen any signs of predators," said Gasser. "The dogs disappear for a few hours sometimes, and maybe they are checking things out or removing a threat, but we haven't seen anything."

The sheep are moved to a new area to graze each time they are taken out, clearing land, but not eating it down to bare earth.

"It is an efficient and effective means of controlling voracious vegetation, without the use of chemicals," said Thiessen. "Eating and trampling are both good. It minimizes competition for seedlings



Some of the flock grazing on Belle. / Andrea Arnold



Growing the Agriculture Sector in Fraser Fort George

Community Futures of Fraser Fort George continue to help rural Canadians start or expand a business and to help sustain and improve communities and their local economies. This includes supporting and developing the environment around Agribusiness in the Fraser Fort George area, starting in The Robson Valley. Community Futures of Fraser Fort George is developing initiatives that will encourage and build local resilience in the Agriculture sector in our region and support resilient and dynamic communities by fostering flexibility, innovation, and adaptation for a sustainable food supply.

Agriculture in The Robson Valley is not just a legacy...
Community Futures of Fraser Fort George have been listening to local growers, farmers and ranchers who are:

 Proudly producing good food naturally	 Producing milk from happy, healthy cows whose butterfat and protein content numbers are off the government charts
 Taking an active part in research and development	 "finding innovative ways to respond and adapt to new and emerging issues" (the Federal Sustainable Development Strategy 2021)
 Successfully using sustainable methods like biodynamics and permaculture	 Collaborating with other growers for production and distribution and interested in more opportunities...

before they are overwhelmed by other plants.”

The flock will be brought back down to pasture in a few weeks as the feed becomes more mature and less nutritionally valuable. It is hard work for the sheep to get all the nutrients they need to thrive as they travel across the uneven and steep landscape.

“Also, as the brush grows up higher it becomes harder to track the sheep and keep them safe,” said Gasser.

Thiessen says that there are many other locations where sheep could be used. There is a solid 5-year program in the works. Not only many more blocks on Belle Mountain but also areas around the McIntosh and Clyde. Grazing can commence about four years after tree planting is complete.

The reason for locating the sheep on Belle for this first year was that it is an area with acute issues for seedling development. A specific location was designated so that at the end of the season the effects of the foraging could be carefully measured.

“I am very happy with the results,” said Thiessen. “We are working with them (Gassers) to take it to the next level. We would be looking to increase the size of the flocks, and adding more shepherds and dogs to make it more efficient.”

Gasser says that in the next few weeks they will have to make some decisions regarding the coming year. They are eager to partner with MCFC and will be looking at ways to increase the flock size to allow for greater land coverage.

“We hope to have 1000 ewes next year,” said Gasser. “And more shepherds and dogs.”

This year ewes were brought up in June along with their lambs. Some of the lambs were still very small and did not fare well. They, along with their mothers, were taken back to easier eating in the pasture. The Gassers had planned ahead and moved lambing season back a month and would be willing to do that again, however temperatures become an issue.

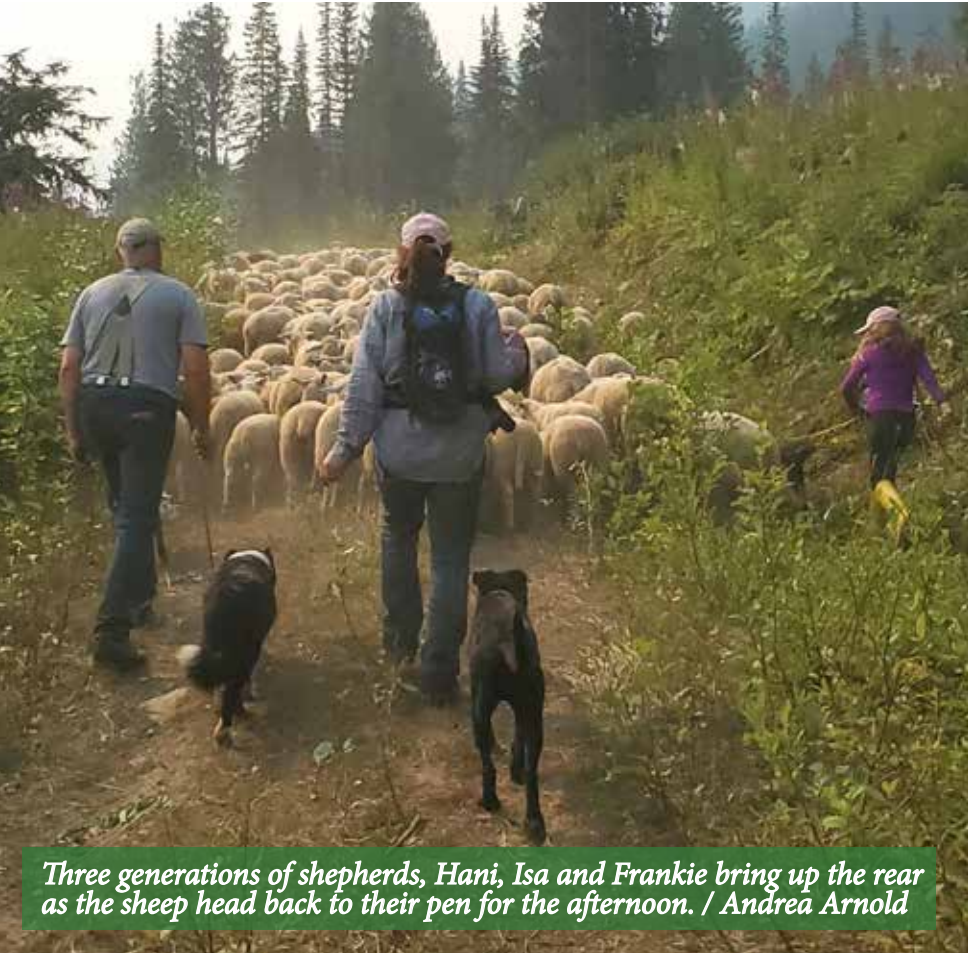
“We would need to build a lambing barn,” said Gasser. “To keep the lambs warm enough if we are going to be lambing in colder temperatures.”

Another possibility for summer 2022 is renting sheep. If that happens, Gasser wants to make sure they all come from

the same location. Not a few from here and a few from there.

Gasser has enjoyed the summer and is pleased to be working locally along with his family.

“I think it is awesome they are out there,” said Gasser of the younger generation. “Better than being on a tablet.”



Three generations of shepherds, Hani, Isa and Frankie bring up the rear as the sheep head back to their pen for the afternoon. / Andrea Arnold



Bling the sheepdog awaits instructions as the flock grazes lazily. / Andrea Arnold

L I S T I N G S

ROBSON VALLEY ALPACA WORKS - Betty Pilcher

Telephone: 250 - 566 - 3053

Address: Box 406, Valemount

Email/Website: dpilcher@telus.net

Type of goods/services offered for sale:

Alpaca - socks, mitts, toques, and Cowichan sweaters, leather-soled booties, weavings, and hand-spun yarn

Season of Availability:

All Year

ROBSON VALLEY BEEKEEPERS

Telephone: Monica Zieper: 250 - 569 - 7019 | Lyn Smith: 250 -569 - 7808

Email/Website: Monica Zieper: palmbz@hotmail.com | Lyn Smith: lyns3jrts@hotmail.com

Type of goods/services offered for sale:

1. Monthly beekeeper meetings (the last Friday of every month -location announced monthly)
2. Beekeeping information and mentoring.
3. Honeybee Swarm captures.

Season of Availability:

All Year

ROBSON VALLEY FRESH! FARMS - Dallas Bullock

Telephone: 250 - 566 - 1450

Address: 13440 - Bunbury Road, Fraser Fort George - Hwy 16

Email/Website: rmtDallasbullock@gmail.com

Type of goods/services offered for sale:

U-Pick Raspberries / U-Pick Sugar Snap Peas / U-Pick Beans (green/yellow). Grass - Fed Bison Meat

Season of Availability:

U-Pick Raspberries / U-Pick Sugar Snap Peas / and Vegetables: July, 2021 - September, 2021. Bison Meat Year Round

VALEMOUNT
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www.valemountcommunityforest.ca

3300 Highway 5 South, PO Box 1017
Valemount BC V0E 2Z0

250-566-4610

L I S T I N G S

ROBSON VALLEY GOURMET MUSHROOMS - Paul McManus

Telephone: 250 - 566 - 3466

Address: Valemount Industrial Park

Email/Website: info@rvgm.ca | www.rvgm.ca

Type of goods/services offered for sale:

MUSHROOMS - Lion's Mane - (*Hericium erinaceus*)
- Oyster Mushroom - (*Pleurotus ostreatus*)

Season of Availability:

All year

ROBSON VALLEY SHEEP COMPANY - Hani & Therese Gasser

Telephone: 250 - 569 - 0333

Address: Box 801 - 4110 Eddy Road, McBride

Email/Website: htgasser@hotmail.com | www.ardennescanada.com

Type of goods/services offered for sale:

Certified Organic Grassfed Beef and Lamb, Border Collies, livestock guardian dogs. ARDENNE HORSES is one of the oldest breeds of draft horse, and originates from the Ardennes areas in Belgium, Luxembourg and France. This breed of draft horse is known for being calm, peaceful and has an docile personality. Easy to train and exhibit very gentle manners, making them very easy to move and handle, by both adults and children. They are heavy - boned with thick legs and are used for draft work. With their steady movement and docile nature, Ardennais horses make ideal mounts for both pleasure riding and therapeutic riding. Their intelligence, muscular strength and teachable nature makes them the perfect horse for trail riding or working a small farm.

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Season of Availability:

FALL - Lamb and Beef

ROOTS 'N THYME HEIRLOOM GARDENS

- Yann Assemat & Katrina Agnew

Telephone: 778 - 229 - 0182

Address: 7675 Read Road, Dunster

Email/Website: yann@rootsnthyme.com | www.rootsnthyme.com

Type of goods/services offered for sale:

Artisan sourdough bread (Baguette, Seedy Mountaineer, Einkorn and others).
U-HARVEST vegetable share (garlic, root vegetables, various salad greens).

Season of Availability:

All year - Weekly Bakery | August to September - Vegetables

Jesse & Elizabeth Trask

Telephone: 250 - 569 - 8831 | 250 - 569 - 7468

Address: 3057 Eddy Road, McBride

Email/Website: eliz_kido@hotmail.com

Type of goods/services offered for sale:

Hay sales - (Large Round and Small Square), Horse Boarding.

Season of Availability:

All Year

UNCLE MARK'S CUSTOM MEAT CUTTING - Mark Roth

Telephone: 250 - 569 - 7805

Address: Box 492, 926 1st Ave, McBride

Email/Website: markrothventures@gmail.com

Type of goods/services offered for sale:

Mobile Livestock Harvest, Class "E" and "D" Slaughtersafe Certified. Vacuum packaging, healthy sausage, ham, and bacon. Ask us about becoming a Class "E" or "D" meat producer! Located at Uncle Mark's on First Ave in McBride.

Season of Availability:

All year - Butcher Shop

Village Greens To Offer Year-Round Fresh Produce

The Valemount Learning Society has launched the Village Greens project to supply our local communities with fresh produce year-round. Our indoor modular hydroponic growing container can grow over 140 different cultivars, including lettuce, leafy greens, herbs, brassicas, and micro-greens, regardless of the exterior climate.

In response to our local need for year-round food security, we will be offering

a paid weekly "green bag" subscription program from the fall to the spring, when our local growers are not able to produce leafy greens. We are excited to also be supplying some of our local restaurants with fresh greens year-round.

For more information, please visit www.valemountlearningcentre.org/food or call 250-566-4601.



Year-round leafy greens, grown locally.

Weekly subscription "GREEN BAG" program available.

Call 250-566-4601 for more information.





Ardenne Horse / Hani Gasser

L I S T I N G S

VALEMOUNT COMMUNITY GARDEN

Telephone: 778-763-1319 / 250-566-9107
Address: Behind Valemount Secondary School
Email/Website: foodsecurity@rvcsbc.org
Type of goods/services offered:
GARDEN VEGETABLES - Beets, Carrots, Lettuce, Peas, Squash, Potatoes, Herbs.
HELP YOURSELF BED - Thursdays 4PM - 6PM
Season of Availability:
FREE Garden Vegetables while Supplies last



Raspberries / Dallas Bullock

VALEMOUNT FARMER'S MARKET

Telephone: 250 - 566 - 4601
Address: Valemount Visitor Info Centre, 785 Cranberry Lake Road, Valemount
Email/Website: valemountmarket@outlook.com
Type of goods/services offered for sale:
Local growers and artisans "Make it, Bake it, Grow it"
Season of Availability:
4PM - 7PM, Mid-June - September 2021



Baby goats / Sian James



Star West
PETROLEUM LTD.

formerly Sands Distribution

3205 McLennan Rd, Valemount
250-566-4818 swpetroleum.ca
4 km North of Valemount

100% BC Owned and Operated

- Farm Fuel delivery
- Heating Oil delivery
- 24 hr Cardlock—personal and commercial use
- Dyed Premium
- Lubricants
- Access to Esso and Husky cardlocks across Canada





Rainbow / Jean Ann Berkenpas

TABLE OF LISTINGS

- BC Fruit Truck (P2)
- Butterkup Farm (P3)
- Cangas Propane inc (P3)
- Community Futures Fraser Fort George (P4)
- C.E. Robson Organics (P4)
- Cowgirl Up Adventures (P4)
- Eddy Creek Goats (P6)
- Eden Song Farm (P6)
- Legrand Farms (P6)
- McBride Community Market (P7)
- McBride Farming Institute (P7)
- McKirdy Creek Farm (P8)
- Mountain Thyme Herbs & Specialty Gardening (P8)
- North-Home Ranch (P8)
- Robson Valley Alpaca Works (P9)
- Robson Valley Beekeepers (P9)
- Robson Valley Fresh! Farms (P9)
- Robson Valley Gourmet Mushrooms (P10)
- Robson Valley Sheep Company (P10)
- Roots 'N' Thyme Heirloom Gardens (P10)
- Trask, Jesse & Elizabeth (P10)
- Uncle Mark's Custom Meat Cutting (P0)
- Valemount Community Garden (P11)
- Valemount Farmers Market (P11)