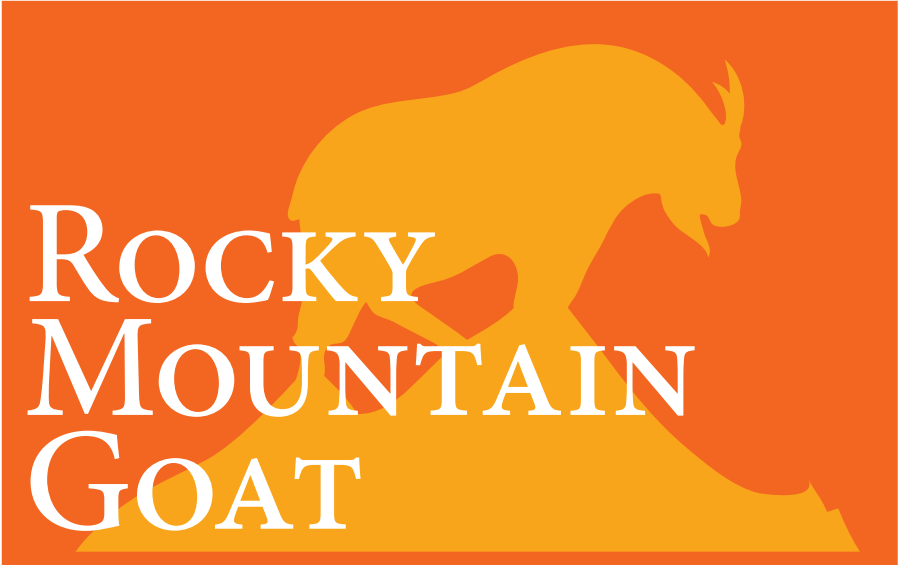


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HAS  
Arrived!

SEE PAGE 9 FOR DETAILS



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Thursday April 22nd, 2021  
Volume 12 Issue 14  
PM42164515

\$2.00 GST INCLUDED  
(\$1.30 when you subscribe)

# Nearly 5,000 paid in COVID fines locally

By Laura Keil

While Robson Valley RCMP have only issued three tickets for COVID-19 related infractions, residents have paid \$4830 in fines after they were caught breaking public health rules.

Valemount RCMP said two tickets of \$2300 each were written up for people who hosted indoor gatherings and one \$230 ticket was issued to a person for failing to wear a mask in a business.

All three infractions occurred in Valemount, while no tickets were issued in McBride.

RCMP say none of the infractions occurred recently.



Victoria was content to dig in the sand and fill her pockets during her family's beach time on the Fraser River sandbar near McBride last week. See more photos on P2. /ANDREA ARNOLD

# Curbing the elder exodus: NEW SUPPORTIVE HOUSING AIMS TO KEEP SENIORS IN VALEMOUNT LONGER

By Laura Keil

Work on a new supportive housing facility for Valemount seniors is well underway thanks to the work of local advocates, and organizers say the project is a stepping stone to a future long-term care facility.

For years seniors requiring more support like daily meals, housekeeping, and laundry have left Valemount, often

for an urban facility hours away from their current home. While current programs like Better at Home and Meals on Wheels have helped fill some of the gaps, existing services haven't been enough for some people, and has led to an exodus of the area's elders.

Linda Hedberg is on the Valemount Cares committee, which operates under the Valemount Seniors Citizens Housing Society.

"I grew up here. I've lived here all my life," she said. "And it would be so nice not to have to leave."

Hedberg said sometimes the only spot available for seniors is in a different community— away from family and everyone they know.

"There's nobody to come and visit them. It just doesn't seem fair."

CONT'D ON P8



# DON'T BE IN THE DARK!

During the recent power outage, many people had difficulty finding timely relevant information about the outage. The Goat was posting updates on its website and on social media, but we know we missed a lot of people. We want to offer you the chance to get breaking news directly in your inbox. By signing up to our Breaking News Email List you'll receive breaking news as it happens, including things like updates during power outages, road closures, major announcements, and other things we typically post on our website or facebook as they happen.

To sign up for this service, send an email to [goatnewspaper@gmail.com](mailto:goatnewspaper@gmail.com) with the subject line BREAKING NEWS LIST and be sure to add our email to your contact list so our emails don't go into your spam. This list will typically not send more than one or two emails per week and you can unsubscribe at any time.



# Beach... CONT'D FROM A1




LEFT: Siblings Thomas, Henri, Victoria, and their friend Keira enjoyed the sun and sand during their afternoon outing on the Fraser River sandbar near McBride. /ANDREA ARNOLD

BOTTOM: Max shows his northern boy grit as he takes a short swim in the cold water. He quickly hopped out to warm in the unseasonably warm sun. /ANDREA ARNOLD



J O B   P O S T I N G



**Family Support Worker**  
VALEMOUNT, BC

Robson Valley Community Services (RVCS) has a regular part-time, 20.0 hr/week, position for a Family Support Worker (FSW). The Family Support Program is comprised of a range of community-based services that promote the well-being of children, youth and families. The FSW gathers information, identifies needs and risks of family functioning from a strength-based framework. Develops and implements short-term, issue specific intervention plans, plans and conducts individual and/or group sessions using basic counselling techniques, provides referrals, offers support guidance and problem solving to clients to provide skill building in problem areas related to family functioning. Services include providing supervised access between parents and their children as required.

This posting is open to all interested applicants and requires union membership. To apply, please submit your cover letter and resume by e-mail, in confidence, to Lina Thompson at [ed@rvcsbc.org](mailto:ed@rvcsbc.org). For a more detailed job posting, visit our website [www.robsonvalleycommunityservices.org](http://www.robsonvalleycommunityservices.org) under Careers.

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# B.C. adds more travel restrictions



Dr. Bonnie Henry addressed reporters remotely at a press conference April 19th. /BC GOV FLICKR

By HANNAH SCOTT, LOCAL JOURNALISM INITIATIVE REPORTER, RICHMOND SENTINEL

Public health measures originally scheduled to end April 19th in B.C. have been extended for five weeks, through the end of the May long weekend (May 24th). Premier John Horgan said new orders will be put in place on Friday (April 23rd) that will restrict people's ability to leave their health authority. This will be enforced by random roadside stops and additional restrictions on travel via BC Ferries, who will stop accepting recreational vehicle bookings and ask all customers if their travel is essential. Provincial health officer Dr. Bonnie Henry reported 2,960 new cases of COVID-19 over the weekend: 1,027

from Friday to Saturday, 933 from Saturday to Sunday and a further 1,000 in the last 24 hours. Since the pandemic began, B.C. has recorded 120,040 cases. Of the new cases, 696 are in the Vancouver Coastal Health region (including Richmond), 1,845 in the Fraser Health region, 108 in the Island Health region, 211 in the Interior Health region and 100 in the Northern Health region. There are 9,353 active cases of COVID-19 in B.C. and 441 people are hospitalized, 138 of whom are in intensive care. A further 14,711 people are under active public health monitoring. Health Minister Adrian Dix said there is a great deal of pressure on B.C.'s healthcare system, and that the occupancy rate in COVID-19 hospitals is higher than the provincial average. There has been an increase in hospitalizations in 20-29-year-olds, and the most notable increases have been in 50- to 59-year-olds, both men and women. To date, 1,380,160 doses of Pfizer-BioNTech, Moderna and AstraZeneca-SII COVID-19 vaccines have been administered in B.C. The AstraZeneca vaccine will soon be available to people aged 40 and older at pharmacies across the province. There will be additional AstraZeneca-only clinics set up for people aged 40 and older in high priority communities that are seeing a large number of cases relative to their population. There were eight new virus-related deaths reported April 19th, bringing that total to 1,538. One of the new deaths was a child under the age of two, who had pre-existing health conditions but died as a result of complications from COVID-19. Several healthcare facility outbreaks were declared over, but active outbreaks continue at five long-term care, assisted living and independent living facilities and five acute care facilities. For the latest medical updates, including case counts, prevention, exposures and to find a testing centre near you: <http://www.bccdc.ca/> or follow @CDCofBC on Twitter.

# Logan eager to represent Lheidli T'enneh

By MARK NIELSEN, LOCAL JOURNALISM INITIATIVE REPORTER

As the newly-elected Dayi, Dolleen Logan says she will be taking a steady-as-she-goes approach to leading the Lheidli T'enneh Nation while she works to live up to her promise of generating "real involvement" among the band's members. Logan drew 151 votes when the ballots were counted on Thursday, enough to defeat incumbent Clayton Pountney, who attracted 102 votes. Jason Gillis finished third with 13 votes. In an interview, Logan said she saw a need to improve communication between band council and LTN members and, in particular, wants to better engage the band's elders. An effort to get laptops into each of their hands so they can keep in touch online is part of that campaign as the COVID-19 pandemic continues to prevent LTN from holding in-person meetings. Logan said she wants that communication to be two-way, where the rank and file can voice their opinions on what the council is up to and make their proposals on how the life for band members can be improved. "I want real involvement. Not just an annual general meeting to say 'this is what we've done,'" Logan said. "I want the elders to take pride in it and say 'yeah, we helped them get that done.'" While that's put into place, Logan said the band council will continue to pursue the matters already on the agenda. The lawsuit against Enbridge over the October 2018 pipeline explosion that forced an evacuation of the Shelley reserve will remain in play, as will the efforts, in partnership with the McLeod Lake Indian Band, to establish an industrial park southeast of Summit Lake and to have a member from each of the bands sit on the School District 57 board of trustees. On the pandemic, Logan had accolades for LTN members, saying they have adhered to the restrictions on social gatherings and the requirement to wear masks and continue to do so even though the first round of vaccinations has been completed. "We tell them that 'just because you've had your shot,



Dolleen Logan says she will be taking a steady-as-she-goes approach to leading the Lheidli T'enneh Nation while she works to live up to her promise of generating "real involvement" among the band's members. you're not invincible,'" Logan said. As a result, she said there have been just "one or two cases" among LTN members in the Prince George region. Logan was a member of the band council for six years prior to Friday's outcome. She was also the executive assistant to long-time Dayi or Chief Dominic Frederick, who lost to Pountney in 2019 after a 15-year run. Among those elected to band council, Crystal Gibbs topped the poll with 94 votes, followed by incumbent Helen Lisa Buzas with 90 votes. Frederick was also elected to band council with 74 votes as was Marcel Gagnon with 73 votes and incumbent Joshua Seymour with 70 votes. Elected to the lands committee were Rena Zatorski, 140 votes, Elaine Gagnon, 137 votes, and Wendy Jael, 106 votes. All were elected for two-year terms.

**REGIONAL DISTRICT**  
of Fraser-Fort George

## NOTICE OF PUBLIC CONSULTATION

### TEMPORARY USE PERMIT No. 244

**What:** Consultation regarding Temporary Use Permit No. 244

**Owner:** Province of British Columbia  
**Applicant:** Ridgeline Roasting Company Inc  
**Agent:** Megan Vicente

**Proposal:** The purpose of Temporary Use Permit No. 244 is to permit a Take-Out Food Outlet use (mobile coffee trailer) to operate on the subject land (mobile coffee trailer) to operate on the subject land (Crown land). The subject land is legally described as Part Of District Lot 5064, Cariboo District and is located at Hillside Drive and Swift Mountain Forest Service Road near the Valemount Bike Park parking lot.

**How can I participate and provide comment?** Anyone who believes that their interest in land is affected by the proposed Permit shall be afforded a reasonable opportunity to submit written comments prior to the Regional District Board considering issuance of the Permit.

**Submit written comments:** Written comments will be accepted by the Regional District until 12:00 p.m. on **Friday, May 7, 2021** by:  
**Email:** [developmentsservices@rdffg.bc.ca](mailto:developmentsservices@rdffg.bc.ca)  
**Hand/Mail:** 155 George Street, Prince George, BC V2L 1P8  
**Fax:** 250-562-8676

*Any material received will become public information.*

**Need more info?** A copy of the proposed Permit and any relevant background materials are available for review by the public on the Regional District's website at <http://www.rdffg.bc.ca/services/development/land-use-planning/current-applications/> or at the Regional District office, by appointment only, Monday through Friday, 8:00 am to 4:30 pm, between April 19, 2021, and May 20, 2021. To make an appointment contact the Regional District at [developmentsservices@rdffg.bc.ca](mailto:developmentsservices@rdffg.bc.ca) or at 250-960-4400

**Decision by the Regional District Board:** Following the public consultation, the Regional District Board will consider issuance of Temporary Use Permit No. 244 on Thursday, May 20, 2021 during the Regional District Board meeting which starts at 1:30 p.m. in the Regional District Board Room located at 155 George Street, Prince George, BC.

**Who can I speak to?** Daniel Burke, Planner II, 250-960-4400

**REGIONAL DISTRICT**  
of Fraser-Fort George

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The travesty of centralized long-term care



By LAURA KEIL  
PUBLISHER/EDITOR

Work is underway on a new seniors housing project that will hopefully pave the way for long-term care in Valemount. As things stand now, Valemount residents requiring long-term care are shipped to McBride or elsewhere around the province, far from their community, friends, and often from family too. In order to gain the medical services they need, they give up emotional support and quality of life. Imagine being confined to a

bed in a different town. But McBride is only an hour away, health officials might say. It's true, but for Valemount visitors it means booking off most of a day for a couple-hour visit, plus the cost of gas. As one woman said in our story this week, it means you can't just pop in after getting your groceries for a quick "Hello." Being part of a small community means that when you pop in to visit one person you are able to visit with others as well. Staying local as you age means it's easier for young grandchildren and friends to come by more often, and a continued

feeling that you belong to the community. For a long time we've accepted that births and deaths are not part of our community life. We've accepted that these events must take place elsewhere—among strangers. The strangers may be kind, but they are strangers nonetheless. What happens when we lose our elders too soon because they have nowhere to go? We lose part of our history. We lose part of our identity. And our seniors languish far away. It's time for all of us to pitch in to change that.

"I HAVE NEVER BEEN REALLY KEEN ON GETTING JABS, BUT I AM LOOKING FORWARD TO GETTING THIS ONE."

The Regional District of Fraser-Fort George invites applications for the following employment opportunity:

**Environmental Services Worker I**  
**1 Position**  
**(Temporary, Part-Time)**  
**Valemount Regional Transfer Station**  
**980 Hwy 5 N, Valemount, BC**

Environmental Services is seeking one (1) Environmental Services Worker I to assist with seasonal projects in solid waste, regional parks and/or water and wastewater facilities.

The duties of this position are to perform manual work outdoors and perform a variety of maintenance tasks at the Valemount Regional Transfer Station with flexible hours, including weekends and statutory holidays.

This is a union position with a salary rate of \$25.82 per hour (2021 rate). The start date is as soon as possible; the end date is Friday, December 31, 2021.

More detailed information on the above position is available on our website under "Employment Opportunities."

Please submit resumes, via Email only, including proof of qualifications and a current driver's report (abstract) to the undersigned no later than **4:00 p.m. on Friday, April 30, 2021** to:

Renata Hammond, CPHR  
Manager of Human Resources  
Regional District of Fraser-Fort George  
155 George Street  
Prince George, BC V2L 1P8  
Website: [www.rdffg.bc.ca](http://www.rdffg.bc.ca) // E-mail: [hr@rdffg.bc.ca](mailto:hr@rdffg.bc.ca)

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# Monashee gets high-speed upgrade

By ANDREA ARNOLD

Monashee Communications is excited to be moving ahead with upgrades that will allow customers across the Robson Valley options for improved service.

“When Monashee purchased the older Robson Valley Internet Corp’s assets, there was a significant amount of low-grade equipment, old equipment, and End-of-Life equipment that was operating well beyond its expected lifespan,” said General Manager Robert Chapman. “Monashee agreed to grandfather some of this equipment and keep it operating to sustain customer connections while spare equipment stock was utilized.”

In the years since, Monashee has continued to provide services by finding solutions for clients when issues arise with the older equipment.

Recently, towers serving McBride, Valemount and Tete-Jaune have been upgraded, and beginning May 1, 2021, service plans will change to accommodate the new high speed options. The upgrades include higher data caps, unlimited options,

higher speeds and more coverage. The three existing plans, Standard, Extreme and Ultimate, will see a decrease in price, and Monashee is adding an unlimited option add-on as well.

Customers in Dunster and the greater Dunster area will see these same upgrades during this coming summer.

“We are continuing to upgrade customers who are on older RVIC 2.4Ghz and 5GHz equipment that do have Line of Sight to our new tower equipment and also customers that are willing to cut trees to obtain new Line of Sight,” said Chapman. If you have an older model system, you are on the list to receive upgraded equipment.

In spite of all efforts to create a seamless transition for customers, there are a very few with older equipment who will not be able to reconnect with the new services due to line of sight issues.

“Only about 8 customers were affected by our decision through the entire Robson Valley (McBride to Valemount / Cedarside),” he said.

The timing of this changeover was carefully thought out. The decision



needed to be made, and action taken before the older equipment failed and left customers disconnected.

“This is the best opportunity for Monashee to give the few customers that were affected a head start to be able to find an alternate provider,” said Chapman. “In time, we may be able to offer the affected customers new services as we continue to install newer equipment in the Robson Valley.”

Those with newer equipment who want to switch over to a new plan on May 1, 2021, or for those unsure if they qualify for hi-speed, please contact Monashee Communications.

## SHARE YOUR VIEWS

The Special Committee to Review Provisions of the Election Act wants to hear from you about:

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# Global Thoughts

BY GWYNNE DYER

## When Words Have No Meaning

US President Joe Biden’s announcement that the last American troops will be out of Afghanistan by 11 September is bad news for the Afghans. Once they are gone, the Taliban will take back power in Afghanistan, probably within months, certainly within a few years.

That will be hard on the Afghans. Twenty years of being chased around the hills by gunships has probably not moderated the Taliban’s views.

And when journalists asked Biden the inevitable question – doesn’t he feel any responsibility for Afghan human rights? – he said “Zero responsibility. The responsibility I have is to protect America’s self-interests and not to put our women and men in harm’s way to try to solve every single problem in the world by the use of force.”

Finally, a senior American politician using words as if they mean something. But it didn’t last. Soon enough a ‘senior official’ was talking twaddle on Biden’s behalf: “We went to Afghanistan to deliver justice to those who attacked us on September 11th and to disrupt terrorists seeking to use Afghanistan as a safe haven to attack [from].”

Ridiculous. ‘Justice’ could have been delivered by a

single assassin or one mass bombing raid on the camp of Osama bin Laden, al-Qaeda’s leader, tucked away deep in the Afghan hills. The invasion was just show business.

The 9/11 attacks were plotted by al-Qaeda members in Germany, and all 19 hijackers were Arabs, not Afghans. They were trained in Afghanistan because bin Laden was given refuge there by the Taliban, an Islamist regime, but it would have been madness for bin Laden to tell the Taliban what he was planning.

Some of the brighter people in the US intelligence services would have known that. However, President George W. Bush needed to invade somewhere to discharge American rage about the 9/11 attack (which he had failed to prevent), and where else could it be than Afghanistan?

It has taken all this time to get the US troops out again, but there is no evidence that invasion prevented a single terrorist attack on the United States. Nevertheless, the same lies must be told until the end because there’s no other way to justify what happened.

And now on to Ukraine, which Russia is allegedly getting ready to invade: daily reports of the Russian military build-up, and veiled hints that Russian

Gwynne Dyer is a Canadian-born independent journalist whose column is published in more than 175 papers in 45 countries.



President Vladimir Putin is out to conquer the world. After all, he’s a proven aggressor: Georgia, Crimea, eastern Ukraine.

Putin is a dictator, but he leads a country with about one-sixth of the population of the NATO countries and one-tenth of the economic strength. Even his aggressions are small-time stuff.

Stupid as it seems, it was Georgia that started the war with Russia in 2008, hoping to seize South Ossetia.

Crimea was settled by Russians after its previous rulers, Turkic-speaking Muslims, were conquered in 1783. It remained Russian until Nikita Khrushchev gave it to Ukraine on a whim in 1954. Putin took it back non-violently sixty years later with warm support from the mainly Russian population, although that was certainly illegal.

So is Russia’s support for Russian-speaking rebels in two eastern provinces of Ukraine, which is just like Ronald Reagan’s military backing for ‘Contra’ rebels against the Nicaraguan government in the 1980s.

Putin is definitely a naughty boy, but a big-time invader of important places? This is just the media stirring things up, with some help from the politicians.



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Nous reconnaissons l'appui financier du gouvernement du Canada.



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VALEMOUNT COUNCIL NOTES

Silence for the Prince, drawing lines, CBT funds, best laid plans, the Funky Goat returns

By ANDRU McCracken

Before their April 13 meeting, council had a moment of silence for the passing of Prince Phillip, the husband of the Queen of England.

Reading file

Councilor Hollie Blanchette reminded community members that vaccinations in Valemount are happening between April 20 and 23rd and that appointments could be booked at the following toll free number: 1-866-481-2175.

Councilor Donnie MacLean moved that council write a letter of support for Prince George’s call for the overdose crisis to be declared a national health emergency. Blanchette seconded the motion and it was passed.

Between the lines

Council authorized staff to negotiate a three-year contract with Yellowhead Pavement Marking Inc regarding municipal line painting. The company was the lowest bidder, coming in at \$62,584.02 for five years of line painting.

Housing needs

Council authorized staff to apply for a \$10,000 Housing Needs Assessment Program from the Northern Development Initiative Trust. Council also provided a resolution in support of the program.

CBT funding recommendations

Council approved all six projects at 100%, including \$86,775 to Valemount Cares Phase 1. Valemount and Area Recreation Development Association received \$40,380. Valemount Children’s Activity Society received

\$10,665 on the condition that their other funding application for the same project is unsuccessful. The Valemount Climbing Club received \$28,450. Robson Valley Spray and Neuter Society received \$5000. The Royal Canadian Legion Valemount Branch received \$3000.

Clean Air Task Force

Council appointed Tom Jamin to the Clean Air Task Force.

Contaminated Sites

Council received a report on changes to the Environmental Management Act and the Stage 13 Contaminated Sites Regulation. They now require the village to submit site profile information for properties with a ‘history of specified industrial and commercial uses.’

Previously the municipality opted out of submitting profile information, but they are now required to.

Staff have put into place these new reporting requirements, and incorporated the appropriate forms into the relevant application processes.

The Funky Goat returns

Valemount’s Funky Goat food truck is applying for a permit to operate at its 5th Ave location, between the Rocky Mountain Goat’s newspaper office and the brewery for another three years. There will be a public hearing on May 11, 2021.

Proprietor and chef David Grant said he hopes to be running in the second week of May.

Council Procedure Bylaw

Council adopted their procedure bylaw, which contains some housekeeping items.

OCP first reading

Council gave first reading to the Official Community Plan Bylaw, the product of much consultation with the community.

“A lot of work has gone into this from everybody in the community and I want to thank everybody for all their work. This is the first reading; really read through it if you have an issue with it, let staff know,” said Blanchette.

“It’s published right on our homepage,” said Torgerson.

Pearson acknowledged an email from resident John Grogan about process.

Bylaw Enforcement Officer Position

Pearson introduced a motion to have staff look into having a full-time bylaw enforcement officer.

The motion reads: “Whereas the Village of Valemount continues to educate and enforce Bylaw compliance within the Village; And Whereas the role of Bylaw enforcement is currently being handled by the Chief Administrative Officer in addition to his regular job duties; And Whereas the Village of Valemount would benefit from a dedicated Bylaw Enforcement Officer position; I move that Staff prepare a report for Council detailing costs, budget impacts and any possible funding opportunities available to hire a full-time Bylaw Enforcement Officer for the Village of Valemount and include a report on possible job description to warrant a full-time position.”

Council supported the motion.

Reports

Council then gave their verbal reports.

Public Comment

There were no public comments.

LOVE LOCAL CONTENT?

Support the Goat: [therockymountaingoat.com/subscribe](http://therockymountaingoat.com/subscribe)

www.valemount.ca

Home Owner Grant Changes

Starting in 2021, residents in municipalities no longer apply for the home owner grant through their municipal office. Everyone now applies directly to the province using a new online or telephone system that’s easy to use and will process applications faster.

When you apply, you will need your social insurance number to verify your eligibility.

Get ready to apply:

The best time to apply is after you receive your property tax notice in the mail and before your property tax due date. Property Tax notices are sent out in May.

Have your property tax notice on hand. It has important numbers you’ll need to apply.

Apply online at [www.gov.bc.ca/homeownergrant](http://www.gov.bc.ca/homeownergrant). Your information will be safe and secure when you apply online.

If you’re unable to apply online, call 1.888.355.2700 for assistance.

You may apply early for your Home Owner Grant, but, applications for the 2021 home owner grant will be processed when property tax notices are issued in May 2021. If you apply early, your application will be held until then.

Notice Disposition of Land: Provincial Rental Housing Corporation (BC Housing)

Pursuant to Section 26 of the Community Charter, notice is hereby given that the Village of Valemount intends to lease land via direct offer to the **Provincial Rental Housing Corporation or PRHC (BC Housing)**.

Pursuant to Section 24 of the Community Charter, notice is hereby given that the Village of Valemount intends to provide assistance to **Provincial Rental Housing Corporation or PRHC (BC Housing)** in the form of disposing of land for less than market value.

The proposed lease area is **1451 5<sup>th</sup> Avenue, (the “Subject Property”, legally described as Lot A District Lot 7352 Plan GPG32327; PID 008-021-121)** for a total sum of \$10, for a term of 60 years.

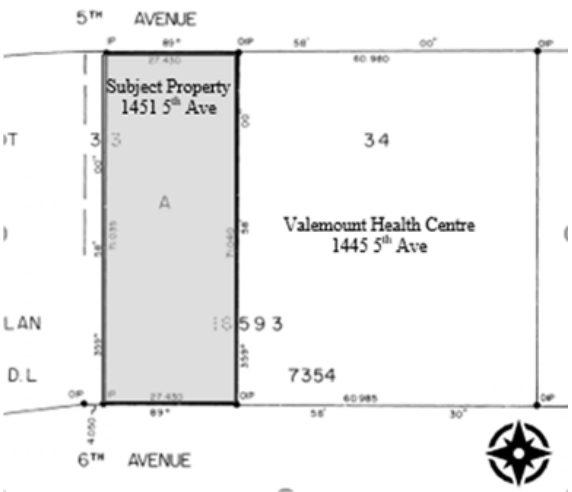
The proposed development for the Subject Property is 14 affordable housing units on the 2<sup>nd</sup> and 3<sup>rd</sup> floors, with a daycare on the ground floor that will provide 72 childcare spaces.

The Village of Valemount will retain long term ownership of the Subject Property, and will lease the land below market value for 60 years to the Provincial Rental Housing Corporation (BC Housing).

BC Housing will sub-lease the childcare space back to the Village. An operating agreement will be in place between BC Housing and RVCS for the housing portion of the building, and a separate operating agreement will be in place between the Village and RVCS for the childcare operation.

Continued...

For more information, please contact Wayne Robinson CAO, Village of Valemount at 250-566-4435 or email [cao@valemount.ca](mailto:cao@valemount.ca)




Bid Opportunities

Seal Coating for the Village of Valemount:

Closing date: April 29, 2021 at 2:00 pm

Notification Date: May 11, 2021

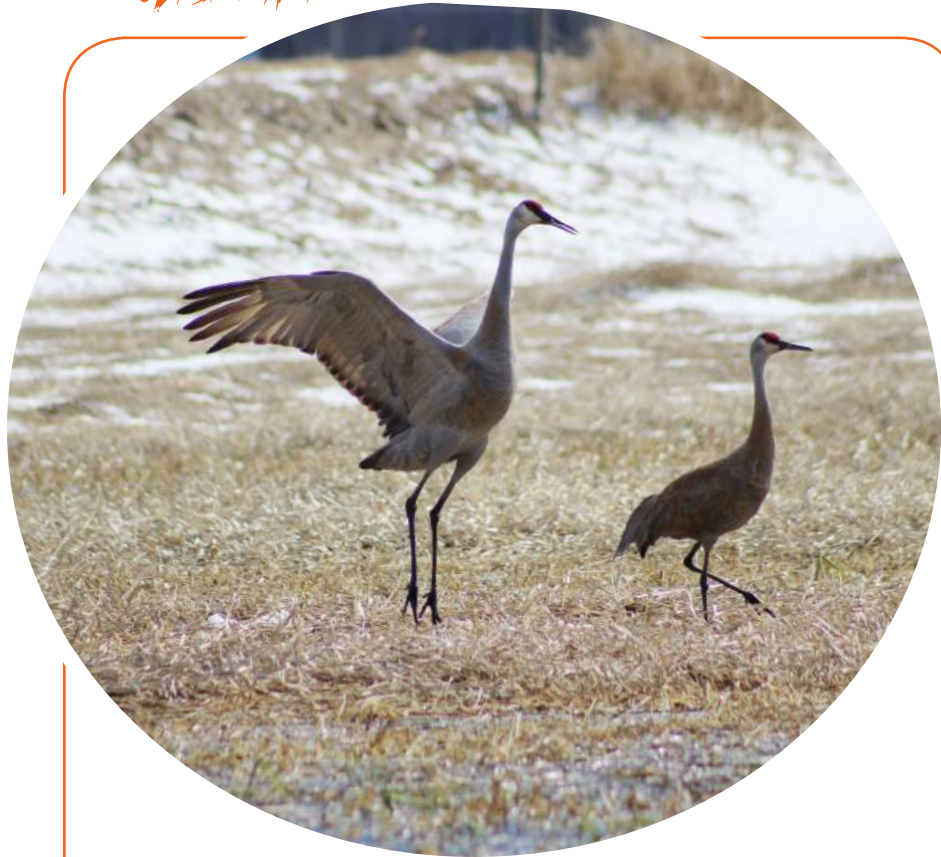
Full details and a Request for Proposals package can be found on the village website at [www.valemount.ca/bid-contract](http://www.valemount.ca/bid-contract).

VILLAGE OF VALEMOUNT  
Let the mountains move you

735 Cranberry Lake Road  
250-566-4435 PO Box 168



RMG **WILDLIFE**



A couple of Sandhill Cranes were enjoying themselves along with the beaver, ducks, and geese in the field. /SANDRA JAMES

**MCBRIDE COUNCIL NOTES**

# New suicide hotline, outdoor dining solutions, new business

BY ANDREA ARNOLD

Deputy Mayor Rosemary Hruby called the McBride Council meeting to order at 7:01 on April 13, 2021. Councillors Green, Frederick, and Smith were also in attendance.

### New suicide and crisis hotline

Council passed the motion endorsing the 988 crisis line initiative and further directs administration to send a letter indicating their support of a national 3-digit suicide prevention hot-line to the local MP, MPP, Federal Minister of Health, the CRTC and local area municipalities. This is in response to a letter from MP Bob Zimmer stating that the federal government has passed a motion to adopt 988 as a national 3-digit suicide and crisis hot-line. The three digit easy-to-remember direct number will replace the current 10 digit number that requires the call to go through directories, or be placed on hold. The ongoing COVID-19 pandemic has increased the demand for suicide preventive services by over two hundred per cent. The Village of McBride recognizes that it is a significant and important initiative to ensure critical barriers are removed for those in crisis and seeking help

### Patio area

Council passed the motion to approve development permit application 2021-02 for 289 Main St, and further, to issue the requested permit. This will allow Welcome Home to add a 20x50 foot concrete pad on their lot to be used as an outdoor patio & seating area. Also, it would include the addition of an 8x20 foot metal storage container with a mural painting on the side facing the patio. The final mural design, by a local artist, would be brought before the Downtown

Revitalization and Beautification Committee for consideration.

### New business coming

Council passed the motion to approve development permit application 2021-01 for 277 Main St, and further to issue the requested permit. The applicant wants to construct a 26 x 30 foot pre-engineered steel building, and four 7x10 foot smooth wall mobile modular storage buildings, to be used for a new business moving to town. A mention was made to be sure the proponent is aware of bylaws regarding signage, as well as the need to clarify what water drainage plan they have in place for the new construction.

### Equipment purchase

Council approved the purchase of a used 2008 Hitachi ZX35 Mini Excavator with brushing head for \$59,500.00 out of the 2021 Budget amount Council pre-approved on February 12, 2021.

### Congratulations sent

Council passed the motion to send congratulations to the new Chief of the Lheidli T'enneh as well as each of the new Council members.

### In Camera

Council passed the motion to proceed to an in-camera meeting for consideration of matters per section 90 (1) of the Community Charter related to: (a) personal information about an identifiable individual who holds or is being considered for a position as an officer, employee or agent of the municipality of another position appointed by the municipality; and (k) negotiations and related discussion respecting the proposed provision of a municipal service that are at their preliminary stages and that, in the view of the council, could reasonably be expected to harm the interests of the municipality if they were held in public. The regular meeting adjourned at 7:30pm.



**REGIONAL DISTRICT**  
of Fraser-Fort George

# Wish-Cycling

## WHY IT IS MORE HARMFUL THAN HELPFUL

Are you familiar with the term wish-cycling?

No, well don't worry as you are not alone. A lot of us are guilty of this bad habit and don't even know it.

Wish-cycling is when you pitch an item in the recycle bin without checking whether it is actually recyclable, you just hope it will get recycled. Worst case scenario, if it doesn't belong it is assumed that the recycling facility will be able to take care of it. This is not the case. Unfortunately, just because we wish for it to be recyclable does not make it so. Wish-cycling starts with the best of intentions but it actually creates more garbage in the long run. When you put an item in the recycling bin without checking whether it can be recycled, it has the potential to contaminate those materials that can be recycled. Items that have been wish-cycled in the Regional District's Multi-Material Recycling bins include garden hoses, lawn chairs, and car bumpers. This material can damage the processors equipment and present workplace safety issues. The best way to avoid wish-cycling is to learn what goes where and which materials are accepted in your local recycling program. The Regional District has resources available that detail which materials are accepted in the multi-material recycling bins.



- ◇ Download the recycling brochure from the Regional District website
- ◇ Visit [sortsmart.ca](https://sortsmart.ca) to use the recycling search engine feature
- ◇ Or call the Waste Diversion team at 250-960-4433 (toll free 1-800-667-1959)



### MIXED PAPER

#### ACCEPTED

Cardboard (corrugated shipping boxes)  
Paper (office paper, envelopes, paper bags)  
Boxboard (cereal, shoes, tissues, pizza)  
Newspapers, inserts and flyers  
Magazines and catalogues  
Moulded boxboard packaging (egg cartons, take out tray)  
Cores for paper towels and toilet tissue

#### NOT ACCEPTED

Food-soiled paper (bottom of pizza box)  
Tissues or napkins  
Books  
Plastic bags or overwrap  
Paper bag with foil or plastic layer  
Cardboard boxes with wax coating  
Styrofoam

### CONTAINERS & CARTONS

#### ACCEPTED

Aerosol Cans (hairspray, deodorant, shaving cream)  
Aluminum Cans  
Cartons (milk & milk alternatives)  
Plastic Jugs (for food, detergent, fabric softener, cleaning products, body care products, windshield washer fluid)  
Plastic Bottles (for food, dish soap, shampoo, vitamins)  
Plastic Jars (for peanut butter, jam, personal care, nuts)  
Plastic clamshells (fruit, baked goods, produce)  
Plastic tubs (for spreads, yogurt, sour cream)

#### NOT ACCEPTED

Glass  
Plastic bags  
Styrofoam  
Packaging labelled biodegradable or compostable  
Plastic blister packs  
Residual food  
Plastic Wrap  
Plastic or foil lids from coffee pods.  
Beverage bottles (for refund)

Multi-Material Recycling Bins are available at the McBride and Valemount Regional Transfer Stations.  
For more information please visit [sortsmart.ca](https://sortsmart.ca) or call 1-800-667-1959

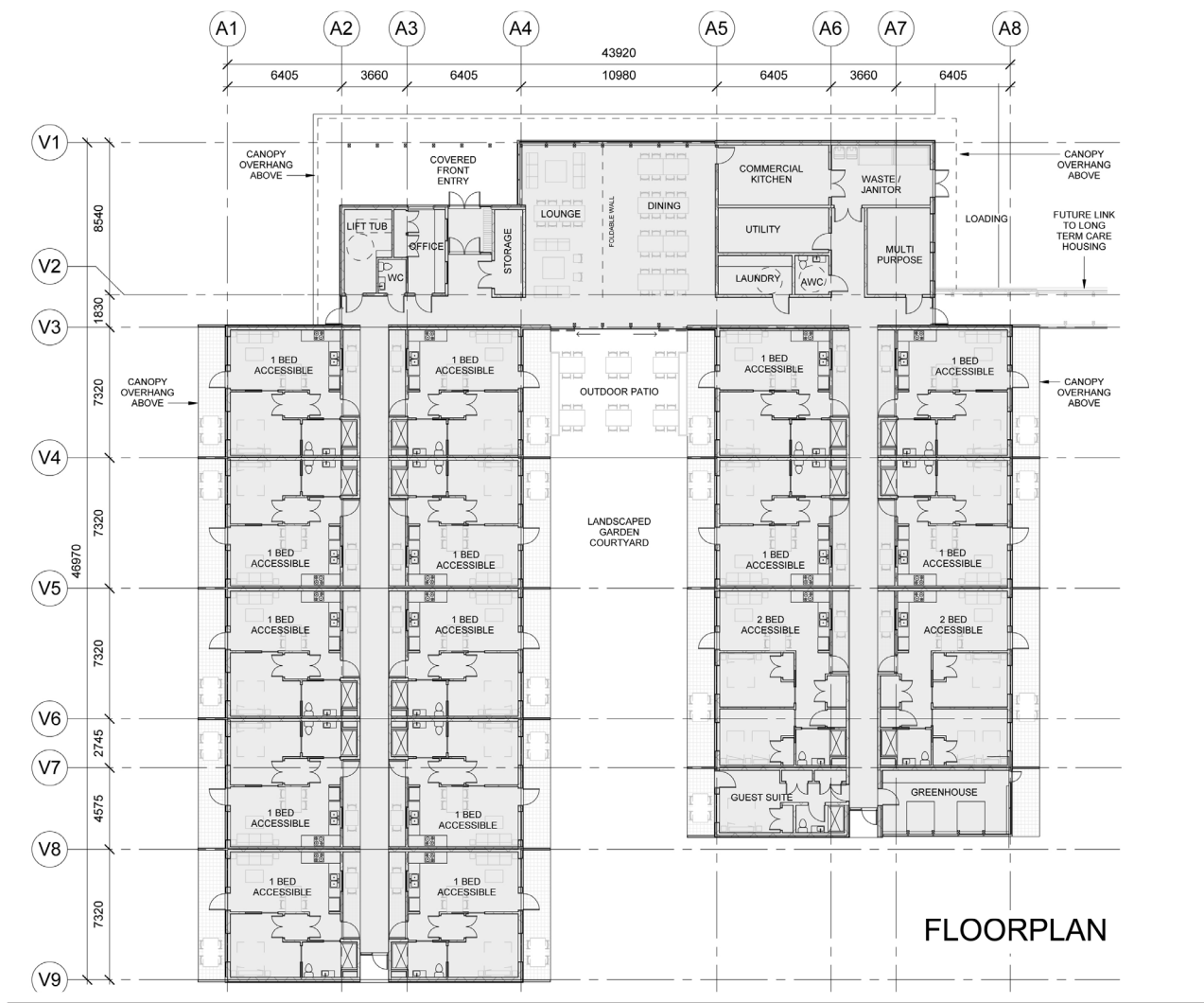


**REGIONAL DISTRICT**  
of Fraser-Fort George

Main Office: 155 George Street, Prince George, BC V2L 1P8  
T: 250-960-4400 TF: 1-800-667-1959 F: 250-563-7520 [www.rdffg.bc.ca](https://www.rdffg.bc.ca)



# Elder exodus... CONT'D FROM A1



The non-residential areas of Phase 1 include a Lounge, Dining Room, Kitchen, Multi-purpose Room for Services/ Activities, Lift Tub, Office and Guest Room. The plan also includes an outdoor covered walkway with a gazebo. / DAVID NAIRNE AND ASSOCIATES ARCHITECTS

Rashmi Narayan, local Project Lead, says the proposed 16-unit development would improve the likelihood seniors could stay in the community longer by providing services like twice-daily meals, housekeeping, laundry and opportunities to socialize.

How those services will be paid for is still up in the air—Narayan said it would either be a partnership with other local agencies and/or an agreement with Northern Health.

“We have initiated conversations with Northern Health and they are in the midst of determining seniors’ needs for the whole region.”

Local advocates say the need is already there. When they first counted how many seniors had moved due to lack of supportive housing, the committee counted 15-16 seniors who could have potentially stayed in Valemount if supportive housing was available. That number excluded anyone needing long-term care or higher-level medical care.

Also, a 2019 survey of local seniors showed 75 of 115 seniors (65 per cent) preferred supportive housing over independent housing when it came time for them to move.

The Society also runs two other seniors housing units—Golden Years Lodge and the independent row housing on 3rd and Cedar. These independent-living units (with outside agencies providing some services) are usually full and there is often a wait list.

BC Housing and CMHC would require the rents be affordable in the new development, Narayan said, ranging from just below market rent to deeply

subsidized rents of \$375.

Valemount Council has provided the Village-owned Ash Street lot for the project, and committed to funding a new lift station from grants to service this parcel, which is also the site of other proposed affordable housing.

## A pleasing & green design

The design of the Phase 1 building itself is one of the things that most pleases Hedberg.

“The corridor going down the middle of the building has got skylights in it. So it's all light.”

She said the brightness extends to the suites as well.

“The rooms are going to be, I think, plenty spacious enough for people. But the main thing is, there's lots of light in them. And they have a little outdoor space, which is going to be nice. And they also have an indoor courtyard that is going to be very user-friendly for older people.”

The corridor with the sky light will have seating along both sides, allowing seniors to socialize with others in the hall, while still keeping a distance, a feature brought to prominence by COVID-19.

Laurel McKirdy, who is on the Valemount Cares committee and the Society’s board, says she’s hopeful about the community connection around the center, with it being close to the high school and the community garden.

“I hope it builds community connection with not just seniors but with other ages,” she said. “The community garden in the summertime, it would be a nice walk over

there.”

A village-led mixed housing subdivision is in the works for the land next door, and McKirdy hopes a park area or garden trails might connect with some of the other residential areas too.

Narayan says they hope to design the building to a higher building efficiency to help with ongoing costs and to have it Net Zero Ready. She says the Green Municipal Fund will kick in about 20 per cent more in grant money to go to Net Zero and to be Net Zero Ready will cost approx. 15 per cent more.

## Baby steps to long-term care

The Valemount Cares project has two phases—supportive housing and long-term care.

“We're hoping this is baby steps towards long-term care,” Hedberg said.

Narayan says Northern Health doesn’t typically fund capital costs for new long-term care beds, which is why the society hopes to provide the building. Plans for the long-term care wing already included in the Phase 2 part of the plan, and would adjoin the existing Phase 1 by a shared interior hallway.

Long-term care would be provided and/or funded by the Ministry of Health.

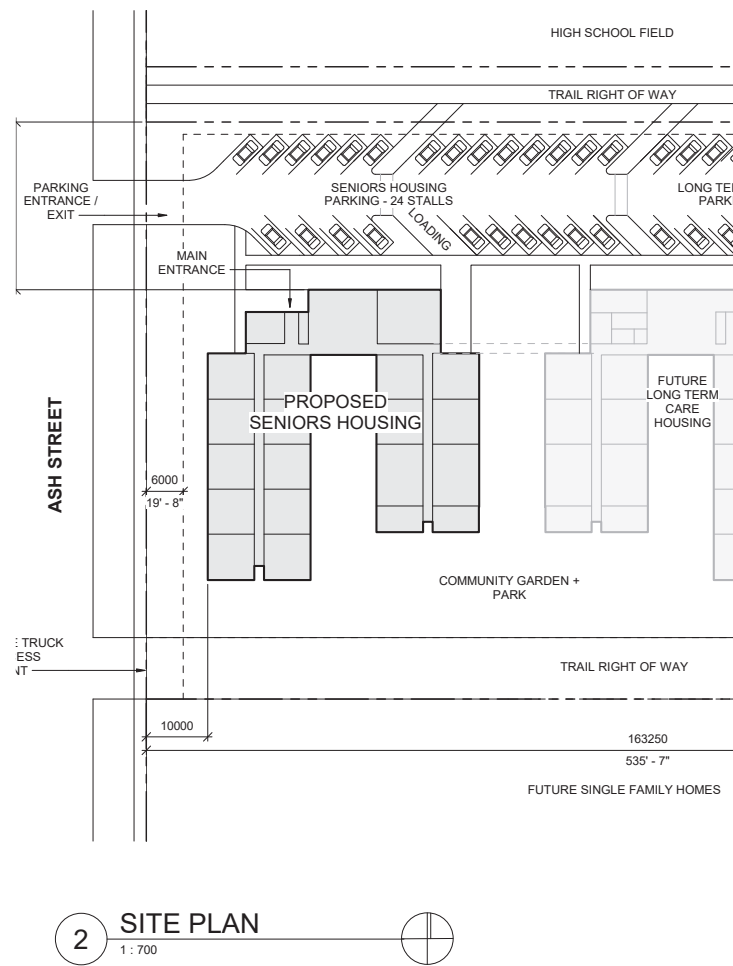
“This is the way to get our foot in the door,” said Hedberg.

## The commuting problem

Valemount residents requiring long-term care can often get a placement at the closest facility in McBride Hospital’s long-term care wing, but despite being only an hour away, it’s a big hurdle for visitors.

McKirdy’s Mom spent years in long-term care in McBride, and relatives in Valemount and Prince George had a 2-4 hour return commute to visit her.

“If Mum had been in town, she would have probably had a visit almost every day,” McKirdy said. “When



## DIGITAL DEVICE ESSAY CHALLENGE

5 selected seniors in the Valley will win a tablet!

Participants will be selected based on the following:

- Currently without an electronic device
- No wifi/data
- Demonstrate a high need for social interaction due to geographical isolation, not driving & few supports.

For more information on the Robson Valley Connections Program, or to submit your nominations, contact Jana at [jana@rvcsbc.org](mailto:jana@rvcsbc.org) or call toll-free at 1-844-324-2004.

United Way  
Lower Mainland

ROBSON VALLEY  
COMMUNITY SERVICES

TWIN A FREE  
TABLET

Between April 26-30th, 2021, seniors may apply by providing a short summary of why they, or a senior they know, who would benefit from the Robson Valley Connections Program and should receive a free tablet.

Nominations can be submitted via email, over the phone, or by drop-off to either RVCS location.

Up to 250 words per nomination.







The entire complex is built on one level, eliminating the need for stairs or an elevator. /SUBMITTED

she was in McBride, which is the closest place, it was a big effort on our part—and there were three or four of us to do it—it was an effort to make sure she had a visit once a week.”

If she had remained in Valemount, it would have been easier for her children, grandchildren, great-grandchildren, and friends to pop by for a visit, she said.

“You’re in to get your groceries and you swing by (the long-term care unit) for 15 minutes or half an hour. Even a short visit would be easy.”

“You would have more friends visiting.”

She said the commuting cost alone would deter a lot of people, and that’s if they’re still comfortable driving on the highway—including in winter conditions.

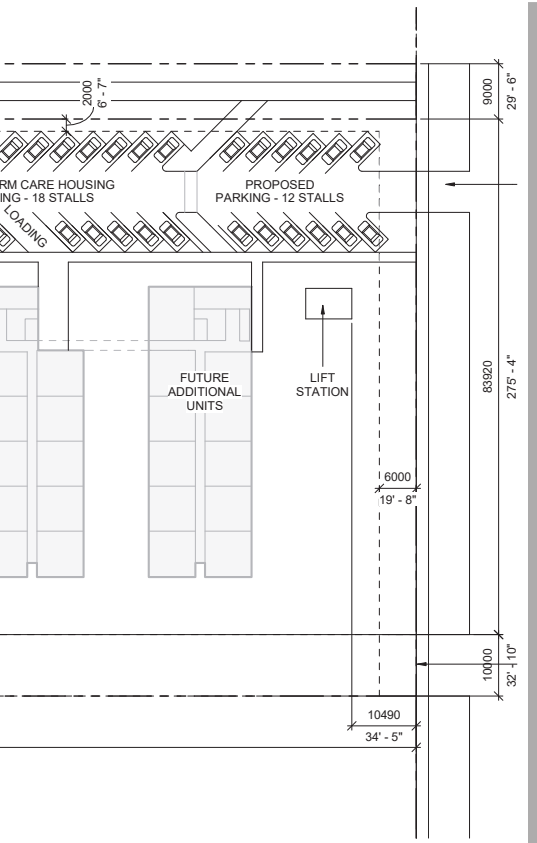
What’s next

The society was approved for \$86,775 in funding through CBT’s Community Initiatives grant stream this month and will use that money to do site assessments; hire consultants, architects and engineers to make grant applications for the common areas; and complete a Net Zero Ready feasibility study. Included in the study will be an implementation plan for the building to operate off the grid in 10 years.

They hope to get the go-ahead from BC Housing in May. Unfortunately, BC Housing only covers the housing-related needs of residents, not the common areas, but Valemount Cares committee members are undeterred. They plan to fundraise \$100,000 to show the community’s support for the 2,700 sq feet of common areas and to match other grant funding. The committee has already raised \$24,826 and is accepting donations and issuing tax receipts. You can donate online at [www.vschs.ca/fundraising/](http://www.vschs.ca/fundraising/) or send contributions to VSCHS - Valemount Cares, Box 598, Valemount, BC V0E 2Z0. For more details about the project, contact Rashmi at [projects@vschs.ca](mailto:projects@vschs.ca)

LEFT: Plans for the long-term care wing are already included in the Phase 2 part of the plan, and would adjoin the existing Phase 1 by a shared interior hallway. / DAVID NAIRNE AND ASSOCIATES ARCHITECTS

BELOW: the outer courtyard.  
BELOW LEFT: The corridor with the sky light will have seating along both sides, allowing seniors to socialize with others in the hall, while still keeping a distance, a feature brought to prominence by COVID-19. /SUBMITTED



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[www.valemount.ca](http://www.valemount.ca)

## 2021 WOOD STOVE EXCHANGE PROGRAM

The Village of Valemount is now accepting applications to the 2021 Wood Stove Exchange Program.

**REBATES:**

- Non EPA/CSA Stove to Wood Replacement: \$1,250
- Non EPA/CSA Certified Stove to Alternative Heating Replacement: \$2,500
- EPA/CSA Certified stove (more than 5 years old) to Alternative Heating Replacement: \$2,500
- Non EPA/CSA Stove to Wood Replacement (secondary heat source): \$1,000

Please visit our website at [www.valemount.ca/grants](http://www.valemount.ca/grants) for full program details or contact the Grant Clerk to determine eligibility.



**Phone: 250-566-4435**  
**Email: [grantclerk@valemount.ca](mailto:grantclerk@valemount.ca)**  
735 Cranberry Lake Road | PO Box 168



## 2021 to 2022 Robson Valley & Area

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Serving the communities of Valemount, McBride, Blue River, Dunster, Crescent Spur, Dome Creek, Mount Robson & Albreda

# HAS Arrived!

### PICK-UP OPTIONS

- McBride - AG FOODS
- Valemount - IGA
- Rocky Mountain Goat Office

IF YOU HAVE NOT RECEIVED A PHONE BOOK OR YOU WISH TO ORDER MORE THAN ONE COPY PLEASE CALL 250 - 566 - 4606 AND WE WILL MAKE ARRANGEMENTS.

**Stay SAFE, Stay HEALTHY, Stay INSPIRED**  
From the Rocky Mountain Goat Team



# Fixing the Train



Matthew Wheeler works along with public work employees to reattach panels of the historic photo on the corner of main street and fourth in McBride. The photo, printed on metal panels, contracts and expands with weather/temperature changes. The crew hopes that by attaching the panels more thoroughly to the plywood backing, gaps and buckling will be a thing of the past. /ANDREA ARNOLD

## CHECK OUT THE LOCAL TITLES WE HAVE IN STOCK! (See more in-store)

Local HISTORY	TIME SPACE EQUATION - Vol. 2	BY LEONARD FRAZER	
MEMOIR	THROUGH SHADOW AND SUNSHINE	BY JOYCE ZIMMERMAN	
MEMOIR	HANGING BY A THREAD: A LITTLE GIRL AND THE RUSSIAN INVASION OF 1945	BY CHRISTA MAXEINER	
POETRY	CHANGES - THOUGHTS ABOUT YESTERDAY, TODAY AND OUR FUTURE	BY MARIA LERCH	
POETRY	THE CABBAGE FIELD - POEMS AND LINES	BY CLAUDE GERMAIN	

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ACROSS FROM THE IGA DOWNTOWN



## Gardening with Pete

### Garden Design – Designing Around People

When we have a mild and somewhat early spring, we have the chance to do all those little “spring chores” around the garden at a more leisurely pace. However, it is easy to put them off until it is much more difficult to do them. I tend to make up lists of three columns with heading of “today”, “this week” and “soon”. If something is getting away on me, it goes into the “today” column.

Raking up leaves and raking the lawn are much easier to do before the grass is growing. Don’t forget to put the old leaves and the lawn rakings on your compost. Burning is such a waste of great organic material and is also a source of air pollution.

If you have started some of your own bedding plants and they are getting crowded, get them transplanted into larger containers so they don’t get stressed and attract bugs and disease. If they are getting tall and leggy (a sign of not enough light) get them into a brighter place and keep them cooler so they don’t grow too fast for the available light. If you are planning to start some plants such as corn or runner beans and other vegetables and flowers to get a jump on the season remember to read the seed catalogues, package or garden books to see if they transplant well. Corn, cucumbers, squash, runner beans and many others do NOT like being transplanted. It is much better to start them in their own little containers so the root ball is not disturbed when setting them out.

Pruning would have been better done a few weeks ago, but it is better to prune later than not at all. Remember

do not prune the spring-flowering shrubs such as lilacs or spirea as they are best pruned after they bloom – sometime in June or early July. It is still o.k. to prune out all the old raspberry canes if you haven’t done so, and don’t forget to cut back the new canes to shoulder height. This will encourage more lateral growth (side branches) and you will get a much better crop of berries that are easier to pick.

This is also a great time to clean out and renovate those perennial flower beds before the weeds and grass have a chance to become “settled in” for this year. You can also divide those perennials that are spreading and trade the extra with neighbours or at a perennial swap.

This is also a great time to build a new compost pile with all the rakings and cleanings. If you pile on small layers of different materials and wet them down well as you build, the pile should begin to work very quickly. You can have usable compost by mid summer when your plants need it the most.

This is also a good time to dig in a handful of bonemeal and some old manure and compost around your perennials to feed them for this year. Mix two tablespoons of borax (laundry borax is fine) with two gallons of warm water and pour it around the drip-line (under the outer branches) of each fruit tree to encourage better blossoms and fruit set.

Starting a “Spring Chore” list can be a great help in getting things done, but don’t worry if you don’t stick to it



Pete Amyoony has lived, worked & gardened in the Dunster area for 35 years. He tries to deal with the “down to earth nuts and bolts of organic gardening” in his columns.

exactly. You will see things that are more urgent and need to be done “right now” such as an afternoon break in the hammock in the sun! Remember to enjoy your garden and not become a slave to it!

Want to know what is  
**going on?**



**VISIT THE WEBSITE!**  
[www.valemountcommunityforest.ca](http://www.valemountcommunityforest.ca)



# Taurus Sun Week One

It is not possible to be stuck and simultaneously in the happy flow of life. However, consider that the only difference between being “stuck” and the very normal experience of being a person in a particular position, is that “stuck” has an expectation attached to it. “Stuck” says, “I should be somewhere else.” The key to happiness is twofold in this first week of the appetite-driven Taurus sun. 1. Alter the expectation. 2. Love what is.

**ARIES** (March 21-April 19). Despite being the warrior of the zodiac, you’re actually keen on peacekeeping, which, when you think about it, is a major part of a soldier’s job. You don’t have a problem extending the olive branch when it seems like the correct thing to do, but your quite averse to this choice when it’s merely the convenient thing to do.

**TAURUS** (April 20-May 20). Your appetite for socializing ebbs and flows, no state being more correct than another. Though, this week, there are definite benefits to making sure you remain on someone’s radar. Friendship is upkeep! Don’t worry, the work required to maintain close bonds will be fun, as will the consistent effort of casual ties.

**GEMINI** (May 21-June 21). Before you put too much energy into solving problems, make sure they’re worth the effort. Why does it matter? How much? And for how long? Stay focused by avoiding giving into momentary negativity. Play the long game. If you’re unlikely to care about a thing in an hour or a week, then why care now?

**CANCER** (June 22-July 22). The result you desire will be



the result of 50 moves, most of which are nearly the same move repeated. You are already in love with the idea of getting the result, but what will help you in the weeks to come is to fall in love with the 50 moves. This will eliminate the need for willpower, which will be in limited supply.

**LEO** (July 23-Aug. 22). It

should be fun to reach out to your friends. If it’s not, there is something amiss. Has someone been leaning on you too hard? Is someone chronically down? This is an excellent moment for taking stock of your relationships and just noting the current dynamic and how it might be improved.

**VIRGO** (Aug. 23-Sept. 22). You like a routine as much as your zodiac neighbors do, which is why you find yourself back at the same meal and with the same people doing the same activities. This week, restlessness sets in, and you’ll dream up exciting scenarios for yourself and then follow through, bringing massive excitement to your life.

**LIBRA** (Sept. 23-Oct. 23). It’s true that the thing that draws you to someone seems utterly intangible, and yet, pursue knowledge of it anyway. Try to measure it. Since it matters to you, it must be detectable in some way. If it’s detectible, then it can be observed. It will require you to dial up your senses -- which is why it’s so worthwhile.

**SCORPIO** (Oct. 24-Nov. 21). This week, it won’t be too difficult to figure out how to be a part of all that’s good in the world. There’s nothing to join, no ticket to buy, no organization or

person to donate to. What’s good in the world comes by way of acknowledging others, listening, sharing a moment and moving and laughing together.

**SAGITTARIUS** (Nov. 22-Dec. 21). Delays are most common where there are more variables to account for. This is why the timetables are often extended to accommodate things like traveling through cities, long-range plans and large-scale construction. You’ll make life easier by giving yourself a good amount of time to tackle the involved projects.

**CAPRICORN** (Dec. 22-Jan. 19). You’ll want people to say yes to you, but not all agreements are equal. Sometimes “yes” is really a ploy to buy time, a passive handling of the moment and, ultimately, a frustrating path to “no.” This week, guided by stars of socially savvy, you’ll find your way to committed, game-changing affirmative answers.

**AQUARIUS** (Jan. 20-Feb. 18). They wanted; you gave. And in your giving, you created an even bigger appetite in them. Then they wanted more, and you gave more. You know where this is headed. Step back and manage expectations, create structures and set limits. Do this whether you need to or not. It’s a matter of staying in control.

**PISCES** (Feb. 19-March 20). In the skyscraper of “more,” there is always the perception of a next level, though elevator rides can be deceptive, and many floors look exactly alike. Whether you’re on floor five or 25, enjoy yourself. Talk to everyone. Explore all the areas. Exhaust all the options as though you were on the top floor. Maybe you are!

**THIS WEEK’S BIRTHDAYS:** Because limits are lifted and blocks busted through, at first it will seem that this is your year to live fast, free and unfettered. But it will soon become apparent that you’re happier with responsibility; you just needed different ones than you’ve had in the past, and you’ll be amply supplied. New challenges invite your creativity, sharpen your social skills and give you some delicious glamour to work with, too. The feeling of being cool is part of the fun, helped along by an incredible posse.

Write Holiday Mathis at [HolidayMathis.com](http://HolidayMathis.com).  
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# SUDOKU

4	1	2		5			9	3
	6			9				
				1	4			
			5	2				8
	4	6	8		3	2	7	
2				4	7			
		3	1					
				8			3	
8	9			3		6	2	5

## HOW TO PLAY

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.



Answers on P13

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
				23					24					
25	26	27	28				29	30			31	32	33	
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	48	49					50	51			52	53	54	55
56							57				58			
59							60				61			
62							63				64			

# CROSSWORD

1	2	3		4	5	6	7		8	9	10
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42	43			44	45	46		47			
48				49				50			
51				52				53			



Answers on P13

## Across

- Legal group down south, briefly
- Snakes
- Level grass
- Luthor out to get Superman
- It comes easily to hand
- Nucleic acid
- Put away
- "Cunning hunter" of Genesis
- Pump option: Abbr.
- Spicy dance
- Maui souvenir
- Build up
- Look like a wolf
- Not highest grade
- "Leading With My \_\_\_\_" (Jay Leno book)
- Marathon
- Glass tube used in chemistry
- Makings of a suit
- Long, long time (var.)
- Geriatric
- Staircase center
- Camera sweep
- "You \_\_\_\_?"
- Walking bird
- Even one
- Natural emollient
- Behavioral quirk
- Grand Coulee e.g.
- Milne's "When We \_\_\_\_ Very Young"
- Piggery

## Down

- Sorrowful interjection
- Test release
- Leap for Lipinski
- Nautical response
- "Help!"
- Coin of Burma
- Spirit
- The perfect match, for some
- America's country code
- Funny fellow
- "Fiddler on the Roof" setting
- Epoch that saw the dawn of modern mammals
- Natural transformer
- Buffalo's lake
- Set afire
- "Ethyl" or "benz" finish
- Verb with thou
- Andy Warhol painting
- It stands for something
- Chinese silk cloth
- No-win situation
- Moistens
- Glow, in a way
- Girl in a Beatles title
- Additional soft protection
- Carrier to Tokyo
- Public-house offering
- It goes with neither

# THE TOUGHIE

by Myles Mellor

## Across

- Slender instrument
- Ship's front
- Executors
- Air France airport
- Defaulter's comeuppance
- International court site, with "The"
- Nap
- Heaven on earth
- Not separately
- Causing widespread panic
- Family moniker
- Afternoons and evenings, briefly

- Narcotic drug
- \_\_\_\_ Raton, Fla.
- Clock std.
- Army attack helicopter
- Deep laugh
- Comic Johnson
- Shake in the face of danger
- Plane arrival times
- "Alice's Restaurant" singer \_\_\_\_ Guthrie
- Himalayan inhabitants
- Cruise or Selleck
- Tidal motions
- Program producing pop-ups
- Drink from hops

- Midpoint, abbr.
- Awful anonymous monster
- Washington DC's school of ballet
- Water carrier
- Gathering
- Toughen up
- Distinctive style
- \_\_\_\_ fixe
- Republic since 1990
- Highest volcano in Europe
- Job application nos.

## Down

- A word for the unfortunate
- \_\_\_\_-a-brac
- Earthen pot
- Ogler
- Infant born early
- Makeovers, essentially
- Start the betting
- Actor B. D. of "Law & Order: S.V.U."
- Greg's mate, in a sitcom
- Caravan's stopover
- "Ghostbusters" character
- Crosspiece
- Recognize

- Cornerstone abbr.
- Noted Florida theme park
- Group of eight
- Portuguese city
- Construction girder
- Up in \_\_\_\_ (outraged)
- Gets the ball rolling?
- Toledo's state
- Actress Garbo
- Way up
- Concise in speech
- Parsley or sage
- Not many
- Tag
- Electric starter?
- Craps roll

- Goddess with a European capital named for her
- Love in Rome
- Political buff's channel
- Prime-time hour
- Cockoooint, etc.
- Fencing sword
- Sedimentary material
- Diamond stats.
- Magenta and carmine
- Roasting chamber
- Bakery selections
- Critical

Answers on P13



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3	6	7	4	9	2	8	5	1
9	8	5	3	7	1	4	6	2
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7	2	3	1	6	5	9	8	4
6	5	4	2	8	9	1	3	7
8	9	1	7	3	4	6	2	5

CROSSWORD ANSWERS

1	A	B	A	2	A	S	P	S	7	M	O	W
11	L	E	X	12	Y	O	Y	O	13	R	N	A
14	A	T	E	15	E	S	A	U	16	R	E	G
17	S	A	L	S	A	18	L	E	I	19	O	G
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23	A	M	A	T	E	24	U	R	25	C	H	I
26	R	A	C	E	27	P	I	P	E	T	T	E
28	T	O	R	T	29	A	E	O	N	30		
31	O	L	D	32	N	E	33	W	E	34	L	
35	P	A	N	36	R	A	N	G	37	E	M	U
38	A	N	Y	39	A	L	O	E	40	T	I	C
41	D	A	M	42	W	E	R	E	43	S	T	Y

TOUGHIE ANSWERS

1	O	B	O	E	2	P	R	O	W	3	D	O	E	R	S			
11	O	R	L	Y	12	R	E	P	O	13	H	A	G	U	E			
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17	S	C	A	R	E	18	W	O	N	19	G	E	R	I	N	G		
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23	C	O	B	R	A	24	H	O	H	O	25	A	R	T	E			
26	T	R	E	M	B	27	L	E	W	28	I	T	H	29	F	E	A	R
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VALEMOUNT & MCBRIDE

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**WEDs: Family Place Drop In Program** from 9:00-12:00-If you have questions, are looking for parenting resources, or just need to chat, you can join us virtually or in person. Call to pre-register for any of the events below, and for more information. McBride-Charlene 250-569-2266 / Valemount-Sharon D 250-566-9107

**TUES. Apr 27: Community Coffee Chat** - from 3:00-3:30PM- Join us virtually via ZOOM from 1:30-2:30pm from your home device, for a casual conversation to hone in on your ZOOM skills! Today we will be discussing and sharing information about common scams and frauds that everyone should be aware of. Contact Jill to obtain the ZOOM link. [jill@rvcsbc.org](mailto:jill@rvcsbc.org) or call 1-844-324-2004.

**WED Apr 28 (McBride): 12-2:30pm / FRI. Apr 30 (Valemount):12 - 2:30pm. Car Care Workshop** This Basic Vehicle Care Class will show you how to inspect your vehicle on a regular basis and is a great way to keep up on basic maintenance.This Class will teach you skills to help you identify and recognize when to take your vehicle to a professional; which will help you feel more confident, less overwhelmed by vehicles. Contact Charlene to sign up for this class in either

McBride or Valemount! call 250-569- 2266 or email [charlene@rvcsbc.org](mailto:charlene@rvcsbc.org)

**FRI. Apr 30: Senior’s Tech Café, 10:00AM - noon.** Technology getting you down? Do you need some basic help with your personal device? Join us in person in McBride or Valemount, for assistance and 1:1 support with your devices. 15 minute timeslots available, and you can book in for more than one! Contact Charlene in McBride, and Jill in Valemount. Email [charlene@rvcsbc.org](mailto:charlene@rvcsbc.org) or [jill@rvcsbc.org](mailto:jill@rvcsbc.org) or call 1-844-324-2004.


VALEMOUNT

**THURS Apr 22: Get Your Hands in the “Earth-Day”**- Come by the Valemount Community Garden between 2:00PM-4:00PM. Learn about the Community Garden, healthy soil, and help us prepare the beds for planting this spring. There will be games and learning opportunities for children and adults. Covid guidelines will be followed. Please come wearing a mask and respect physical distancing. Contact Rebecca at [Foodsecurity@rvcsbc.org](mailto:Foodsecurity@rvcsbc.org) or (778) 763-1319 if you have any questions.

**THURS Apr 22 - Macrame Earring making class.** Come learn with Sharon as you create your own macrame earrings! For 18+ adults. Join us in-person at the RVCS Classroom at 99 Gorse St, or via ZOOM. Call 250-566-9107 for more information and up for either the in-person or virtual class. Limited spots. Call and sign-up soon. COVID protocols in place.

**WED May 5 - Our first InCar Bingo** (Licence # 128259) in the Legion Parking Lot - all COVID protocols and BC Gaming regulations apply. More details forthcoming. Call Sandy 250-566-1153

VILLAGE OF MCBRIDE



**Notice of Public Consultation**  
**2021 - 2025 Five-year Financial Plan, and**  
**2021 Tax Rate Bylaw**

The Village of McBride 2021-2025 Five-Year Financial Plan and 2021 Tax Rate Bylaws must be adopted prior to May 14, 2021.

A public consultation opportunity will be provided prior to adoption of the bylaws at the May 11, 2021 Regular Council Meeting.

The Public Consultation meeting will be held at **7:00 pm on April 29, 2021 via Zoom**. Anyone wishing to participate can request a Zoom link by emailing [McBride@McBride.ca](mailto:McBride@McBride.ca) or calling (250) 569-2229 by 4:00 pm on April 28, 2021.

In addition, the public can also e-mail their feedback to [McBride@McBride.ca](mailto:McBride@McBride.ca) by **8:00 am on May 3, 2021**, which will be provided to Council for the Special Council Meeting on May 4, 2021.

The first reading for Five-Year Financial Plan and 2021 Tax Rate Bylaw will be presented at the Regular Council Meeting on April 27, 2021. The Agenda will be posted to the Village’s website by 4:00 pm on April 23, 2021 for all interested members of the public.

The Village welcomes all public feedback for the 2021-2025 Financial Plan and 2021 Tax Rate Bylaw.

**FRI May 7 - Burger Nights return** and will run every Friday throughout the summer. Homemade loaded Cheeseburger, Fries & coleslaw \$12.00. Regular Menu items also available.

**SAT May 15 - Outdoor Garage Sale** in the Legion Parking Lot. Further details will be released soon Please call Kerry to book your table. 250-566-9945.

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CONSERVATION SERVICE REMINDS THE PUBLIC TO SECURE ATTRACTANTS AS BEARS EMERGE FROM HIBERNATION

SUBMITTED BY THE CLEARWATER CONSERVATION OFFICE

It’s a message conservation officers try to get out early and often at this time of year: Secure potential food sources as bears will be emerging from their winter hibernation. They are looking for accessible food sources.

The Conservation Officer Service reminds you to secure the attractants around your home and businesses to stay safe this season. During these challenging times we cannot neglect our responsibility to protect the environment and keep our communities safe from human-wildlife conflicts. Take responsibility and do your part to secure attractants. Do not present opportunities for bears to become habituated and or food conditioned.

If you must store your garbage, ensure that it is in a location that is secure and inaccessible to bears, or take it to the transfer station. If you rely on residential garbage pickup services, only put out your garbage on pickup days, garbage or containers must not be set out the night before.

Ensure that pet foods are never left outside and if you’ve had bird feeders up all winter, it’s important to clean and remove them, as well as the ground underneath them. Even the discarded shells are an attractant to bears. Do not keep freezers outside and ensure that


all barbecues and outdoor eating areas are kept clean. It’s also a time to start thinking about how you will manage your fruit trees and berry bushes, as well as securing your beehives, livestock, and livestock feed sources. Remove excess fruit from trees and don’t allow fruit to accumulate on the ground when it starts to ripen, use electric fencing around gardens, fruit trees, beehives, livestock, and livestock feed.

Conservation officers will be conducting neighbourhood audits to ensure people are doing their part and are not leaving attractants available for bears to access.

As part of these audits, you may see Conservation Officers in your neighbourhood and other areas, checking to see if attractants such as garbage, pet foods, and bird feeders have been secured or removed. Conservation Officer will also be ensuring that businesses are securing their dumpsters by keeping lids closed and locked, and in some cases, advising business owners to look at ensuring that their dumpsters have metal lids and locking mechanisms to prevent bears from accessing them.

Failing to secure attractants can result in fines, or a Dangerous Wildlife Protection Orders being issued under the Wildlife Act.

You can report violations or conflicts with wildlife to the RAPP 24 hour hotline - Report All Poachers and Polluters hotline. RAPP 1-877-952-7277.



VILLAGE OF VALEMOUNT  
Let the mountains come to you  
250.566.4435

**Successful projects 2021**  
**COMMUNITY INITIATIVES AND AFFECTED AREAS PROGRAMS**

The Village of Valemount and Columbia Basin Trust have approved 6 projects for a total of \$174,270. Recipients are as follows:

Organization	Project Name	Grant
Valemount and Area Recreation Development Association	Valemount Bike Park 2021 Additions	\$40,380
Royal Canadian Legion Valemount Branch # 266	Bar Upgrades	\$3,000
Robson Valley Spay and Neuter Society	Health Pets, Healthy Community	\$5,000
Valemount Childrens Activity Society	Infant Toddler Space Expansion	\$10,665
Valemount Senior Citizens Housing Society	Valemount Cares - Phase 2	\$86,775
Valemount Climbing Club	Valemount Climbing Gym - Phase 1	\$28,450

ourtrust.org/cipaap

A PROGRAM OF  
Columbia Basin trust



# McBride Elks afloat for another year



By ANDREA ARNOLD

The members of the McBride Elks have made it through a rough year. At a time when plans should be in full swing for the annual Pioneer Days weekend, the group is continuing to maintain a minimum level of activity due to provincial health orders.

“We are struggling through,” said club Treasurer Al Birnie. “However, costs are down due to the hall not being used. Expenses are covered for the next year. We are not going under at this point.”

The club has been able to continue serving the community by providing meals to families affected by the mudslide and flooding last summer, Christmas hamper distribution and helping community members when the need arises.

Through the annual gaming grant the club receives, their support for students, youth sport and the food bank has also been maintained.

The Elks Hall is in need of some repairs, and although the club does not have the money on hand, they have, or will be applying for, money from other groups through grants. As these requests are successful, work will be completed.

“Money from the Regional District will be used for repairs on the furnace,” said Birnie. Other renovations are planned, but are on hold until more money can be granted.

The group, albeit small, meets through zoom, or in small groups for more important discussions.

“We will see what happens next spring,” said Birnie. “We are hopeful for the future.”

# Public urged to use caution with outdoor burning

SUBMITTED BY PG FIRE CENTRE

Given the current and predicted weather conditions within the Prince George

Fire Centre, the BC Wildfire Service is encouraging members of the public and industry

personnel to exercise caution when conducting any outdoor burning.

The weather forecast is calling for a drying trend across most of the Prince George Fire Centre, and in particular around the Peace Region. As the temperature increases, the grass cures and dries, becoming extremely flammable, especially in windy conditions.

There are currently no open burning prohibitions in effect within the Prince George Fire Centre. However, it is the responsibility of the individual to ensure that burning is done in a safe manner in accordance with regulations. Before lighting any fire, it is advised to monitor the upcoming weather forecast and check with your local

governments to see if any local burning restrictions are in place. Anyone conducting an outdoor burn must adhere to the following precautions:


- Ensure that adequate resources are on hand to control the fire and stop it from spreading;
  - Never burn in windy conditions. Weather conditions can change quickly, and the wind may carry embers to other combustible material and start new fires;
  - Create an appropriately sized fireguard around the planned fire site by clearing away twigs, grass, leaves and other combustible material, right down to the mineral soil;
  - Never leave a fire unattended;
  - Make sure that any fire is completely extinguished, and the ashes are cold to the touch before leaving the area for any length of time
- Anyone wishing to light a Category

3 open fire must obtain a burn registration number ahead of time by calling 1-888-797-1717. A burn registration number is not required to light a Category 2 open fire. For more information regarding the Ventilation Index and Open Burning and Smoke Control Regulations, please visit: <https://www2.gov.bc.ca/gov/content/environment/air-land-water/air/air-pollution/smoke-burning/ventilation-index>

Everyone is encouraged to follow the FireSmart principles and ensure that the land on which they live and play on is protected against wildfires. For more information and resources, visit: <https://firesmartbc.ca/> To report a wildfire, unattended campfire, or open burning violation, please call 1 800 663-5555 toll-free or \*5555 on a cell phone. For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, visit: <http://www.bcwildfire.ca>

BOOK YOUR AD WITH US!

Contact us at  
250- 566-4606 or  
[goatnewspaper@gmail.com](mailto:goatnewspaper@gmail.com)



REGIONAL DISTRICT  
of Fraser-Fort George

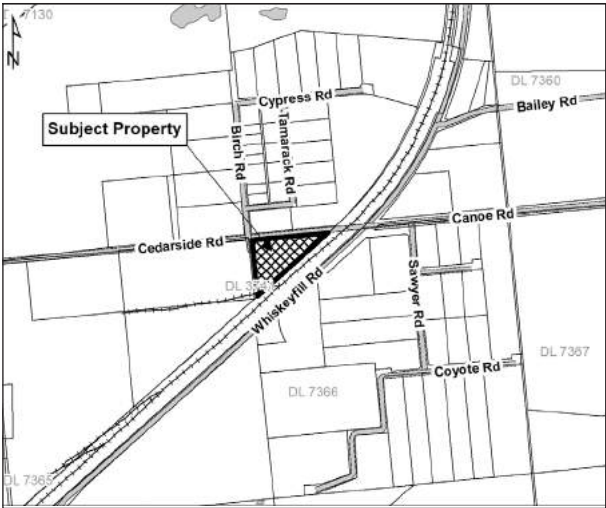
NOTICE OF PUBLIC  
CONSULTATION

TEMPORARY USE PERMIT No. 245

**What:** Consultation regarding Temporary Use Permit No. 245

**Owner:** Evelyn Wisk and Douglas Jensen

**Proposal:** The purpose of Temporary Use Permit No. 245 is to permit a Towing Company use with accessory Storage/Warehousing use of impounded/towed vehicles on the subject property for a three-year period. The subject property is zoned Industrial 3 (M3) per Zoning Bylaw No. 2892. The subject land is legally described as That Part of The North East 1/4 Of District Lot 7366 Cariboo District Lying North And West Of District Lot 7341 As Shown On Plan CG172 and located at 3050 Birch Road.



**How can I participate and provide comment?**  
Anyone who believes that their interest in land is affected by the proposed Permit shall be afforded a reasonable opportunity to submit written comments prior to the Regional District Board considering issuance of the Permit.

**Submit written comments:** Written comments will be accepted by the Regional District until 12:00 p.m. on **Friday, May 7, 2021** by:  
**Email:** [developmentservices@rdffg.bc.ca](mailto:developmentservices@rdffg.bc.ca)  
**Hand/Mail:** 155 George Street, Prince George, BC V2L 1P8  
**Fax:** 250-562-8676

*Any material received will become public information.*

**Need more info?** A copy of the proposed Permit and any relevant background materials are available for review by the public on the Regional District's website at <http://www.rdffg.bc.ca/services/development/land-use-planning/current-applications/> or at the Regional District office, by appointment only, Monday through Friday, 8:00 am to 4:30 pm, between April 19, 2021, and May 20, 2021. To make an appointment contact the Regional District at [developmentservices@rdffg.bc.ca](mailto:developmentservices@rdffg.bc.ca) or at 250-960-4400

**Decision by the Regional District Board:**  
Following the public consultation, the Regional District Board will consider issuance of Temporary Use Permit No. 244 on Thursday, May 20, 2021 during the Regional District Board meeting which starts at 1:30 p.m. in the Regional District Board Room located at 155 George Street, Prince George, BC.

**Who can I speak to?** Daniel Burke, Planner II, 250-960-4400

NOTICE TO OUR PATIENTS

Northern Health has updated the physiotherapy services covered by public funding to the following:

- Post-surgery (Joint-replacements, tendon and ligament repairs, etc.)
- Post-fracture
- Post-cardiac events (heart attacks)
- Post-stroke

*\* Doctor's referral required for services covered by public funding. Direct billing is available for Worksafe BC, ICBC and some extended health benefits*

Jasper Physiotherapy and Health Centre services extend to anyone residing in the Robson Valley area, from Blue River to Crescent Spur.

In-person appointments at the Valemount clinic and homecare visits are available in Valemount. COVID-protocols are followed.

McBride patients can be seen virtually. Video-conference can be set up in the hospital as needed.

To book an appointment call 780-852-2262.





Visit my website to see all of my featured listings: [www.valemountmcbridelistings.com](http://www.valemountmcbridelistings.com). A great resource for you property search in the valley.

Shelly  
Battensby  
REALTOR

DIFFERENT  
BETTER

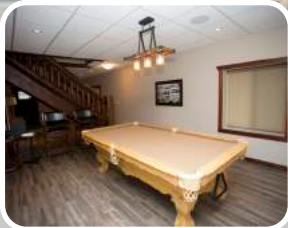
1205 Canoe View Place VALEMOUNT



\$929,000



Kitchen/Dinning Room



Game Room

This executive level home is perfect for those with discerning tastes. Located at the end of a quiet street and backing onto Starratt Wildlife Sanctuary, the 3 level home sits on 0.65 acres and features 5 bedrooms, 3 baths, and a great room with stunning mountain views. Warm, welcoming, and modern, this 5 year old home will check all your boxes and give you the lifestyle you've been looking for.

3255 Dore River Road MCBRIDE



NEW  
LISTING

\$404,900



Family Room



Riverside Seating

This 3 bedroom, 3 bath home commands picturesque river views and lush garden-scape. The spacious floorplan is great for entertaining while the large partially finished basement provides opportunity for a secondary suite, great family space, or a dream man cave. With a south facing patio, mature fruit trees and a riverside coffee spot, you'll feel like you are living in your own private oasis.



RE/MAX  
CORE REALTY

CELL: 250-566-1086  
OFFICE: 250-645-5055



MCBRIDE

Lot 2 E Horseshoe Lake Rd

- 6.6 acre parcel in the village
- adjoins nature reserve
- rural but in the village
- near proposed seniors complex

\$69,000



MAP



STREET VIEW

ASPIRE REALTY

Irene Berndsen



ireneb@royallepage.ca  
ireneb7397@gmail.com  
[www.mountainviewrealty.ca](http://www.mountainviewrealty.ca)  
TEL: 250-569-7397

SERVING MCBRIDE, VALEMOUNT  
AND THE ROBSON VALLEY

2018  
MLS AWARD  
WINNER



MCBRIDE

625 King Street

- zoned R4 - multi family
- alley and street access
- large lot .64 acre
- excellent location

\$69,000



MCBRIDE

956 4<sup>th</sup> Avenue

- neat, clean and move in ready - recent reno's
- open living area
- 3 bedrooms
- fully fenced back yard.

\$117,000



MCBRIDE

906 Airport Road

- 2 Bdrm, 2 Bthrm, plus den
- double garage plus workshop
- 1/2 ace lot
- fenced back yard

\$299,900



MCBRIDE

944 4<sup>th</sup> Avenue

- good location
- lots of character
- bring your tools - and ideas
- turn this house back into a home

\$59,000

SOLD!