



New apartment breaks ground

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# Rocky Mountain Goat

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When Erik Myggland (left) joined the Soldiers of Odin, he was sworn in by then-leader Kazimir Nowlin, but only after being grilled on whether he was a racist or anti-muslim, he says. The Canadian Forces is investigating why Myggland’s affiliation with the Three Percenters of BC and the Soldiers of Odin didn’t result in his expulsion from the Rangers sooner. /PHOTO SUPPLIED BY ERIK MYGGLAND

## Canadian Armed Forces to expel local Ranger

By ANDRU MCCracken

The Canadian Armed Forces is investigating why a member of the Valemount Canadian Rangers’ wasn’t expelled sooner for his affiliation with the Three Percenters of BC and the Soldiers of Odin.

Erik Myggland had been with the Valemount Rangers for about 10 years. Myggland no longer lives full time in Valemount, he now lives in Alberta, but regularly commutes here for work.

Myggland gained notoriety after an August 25th article in the CBC named him as an example of troops being involved in far-right groups.

Captain Graham Kallos is the public affairs officer in the 3rd Canadian Division Headquarters of the Department of National Defense which is in charge of the 4th Canadian Ranger Patrol Group.

“The Canadian Army [has created] a team to conduct a summary investigation into the command climate and processes at the 4th Canadian Ranger Patrol Group,” he said.

“We are expecting them to outline their findings in a report that will be delivered in late November or early December.”

But there is no question that Myggland is on his way out of the rangers.

“Myggland will be released in due course,” said Kallos.

CONT’D ON P14

**Irene Berndsen**

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see **LISTINGS ON BACK PAGE**

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is approaching!

SEPTEMBER 25<sup>TH</sup>

OCTOBER 15<sup>TH</sup>

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# Don't be on the **FENCE** re: safe driving



By ANDRU McCracken

Stephanie Price was headed out with her husband and some friends to check out potential camping sites down Kinbasket Lake when she came across a driver in a grey older model Chevy Truck coming towards her fast in her lane.

It was at a particularly treacherous corner at 6k at about 3 pm on August 31.

“Luckily I wasn’t going very fast or he would have smucked us,” said Price. She noted he had a beautiful grey pitbull in the back of the truck.

When they returned to town, she saw the truck hadn’t stayed on the road long.

Her friends jumped out of their vehicle ahead of her at about 4.5 km and they slid down the bank to see if anyone was hurt or they could help. The same Chevy had left the road and was high centred on a gate post. The roof and hood were smashed in.

“He’s lucky he didn’t go further up where it just drops out,” said Price.

The driver and dog were nowhere to be found.

Corporal Jake Joslin of the Valemount RCMP detachment said the owner of the truck was later issued a ticket for “Drive without Due Care” and “Fail to Remain at Scene of Accident”, both of which are \$368 tickets



## 72 new \$10/day childcare spaces for Valemount

By ANDRU McCracken

The Province has announced funding for 72 new childcare spaces in Valemount that should be available for Spring 2022.

For Lina Thompson, the Executive Director of the Robson Valley Community Services (RVCS), the need for more childcare has been apparent since she moved to the valley.

“I’ve been harping on this for four years. The first thing you do as a parent is ask where is the childcare centre,” she said. “The thing I am most excited about is it will be a \$10 a day daycare for parents.”

Thompson said that the new spaces will help organizations recruit new staff, help families relocate to the valley and allow parents to go back into the workforce if they choose to.

The Province thinks so too.

“For too long, families in these communities have found it difficult to find child care and these new projects will provide much-needed relief,” said Katrine Conroy, Minister of Children and Family Development. “These new child care spaces in Prince George and Valemount mean more families will have access to this vital service, allowing more parents to participate in the community and economy.”

There will be 24 preschool spaces, 24 school-aged spaces and 24 group multi-age spaces in the RVCS Children’s Centre on the ground floor of a new women’s affordable housing building on 5th Avenue and will be operated by RVCS.

Childcare is part of a suite of programs, including parenting courses, after-hours family drop-in programs and newly announced: prenatal support.

The facility is expected to open in spring 2022.

Thompson says reducing the barriers to child care in the Village of Valemount is critical to the economic and social health of our community.

“The Valemount Children’s Centre will provide a socially stimulating, multicultural and community-oriented environment to help kids grow, learn and prosper in a space devoted to holistically nurturing childhood development, while addressing the physical, relational, emotional and intellectual aspects of a child’s life.”

The funding comes from Childcare BC New Spaces Fund and so far it has created 700 new licensed spaces each month across the province.

“By working in partnership with local municipalities, Indigenous governments, non-profits, school districts and other partners, we are creating child care spaces that meet the unique needs of communities across our province,” said Katrina Chen, Minister of State for Child Care. “Together we are getting closer to our goal of giving B.C. families the quality, affordable child care they deserve.”

### Making the difference

Thompson said without timely help from the Columbia Basin Trust they wouldn’t have been able to apply to the program.

“They helped us secure Mikola Development as our building development team. The Village of Valemount has been pretty progressive and helpful,” she said.

Owen Torgerson, Mayor of the Village of Valemount, said he values the commitment from the Province.

“The \$2.88-million investment by the Province and the potential for \$10-per-day child care will be of true benefit to parents. This will make a real difference for all families to ensure healthy early years for children.”

Thompson said that the spaces will create at least five direct jobs providing childcare and will complement spaces already offered by the Valemount Children’s Activity Centre and the Canoe Valley Community Association.

“One of the requirements was that this was a new childcare centre. It could not be a continuation or a transfer,” she said.

“RVCS is lucky we have quite a few fully licensed ECEs [Early Childhood Educators] already on board. We’ve run the supported child development program which supports children with any kind of special needs. We also have our infant development program to provide support to babies and moms that might have any challenges.”

She said the society has been providing childcare in McBride since 2003, they used their childcare experience to support the grant.



Lina Thompson, RVCS Executive Director

[www.valemount.ca](http://www.valemount.ca)

### 2020 WOOD STOVE EXCHANGE PROGRAM

The Village of Valemount Wood Stove Exchange Program is now accepting applications

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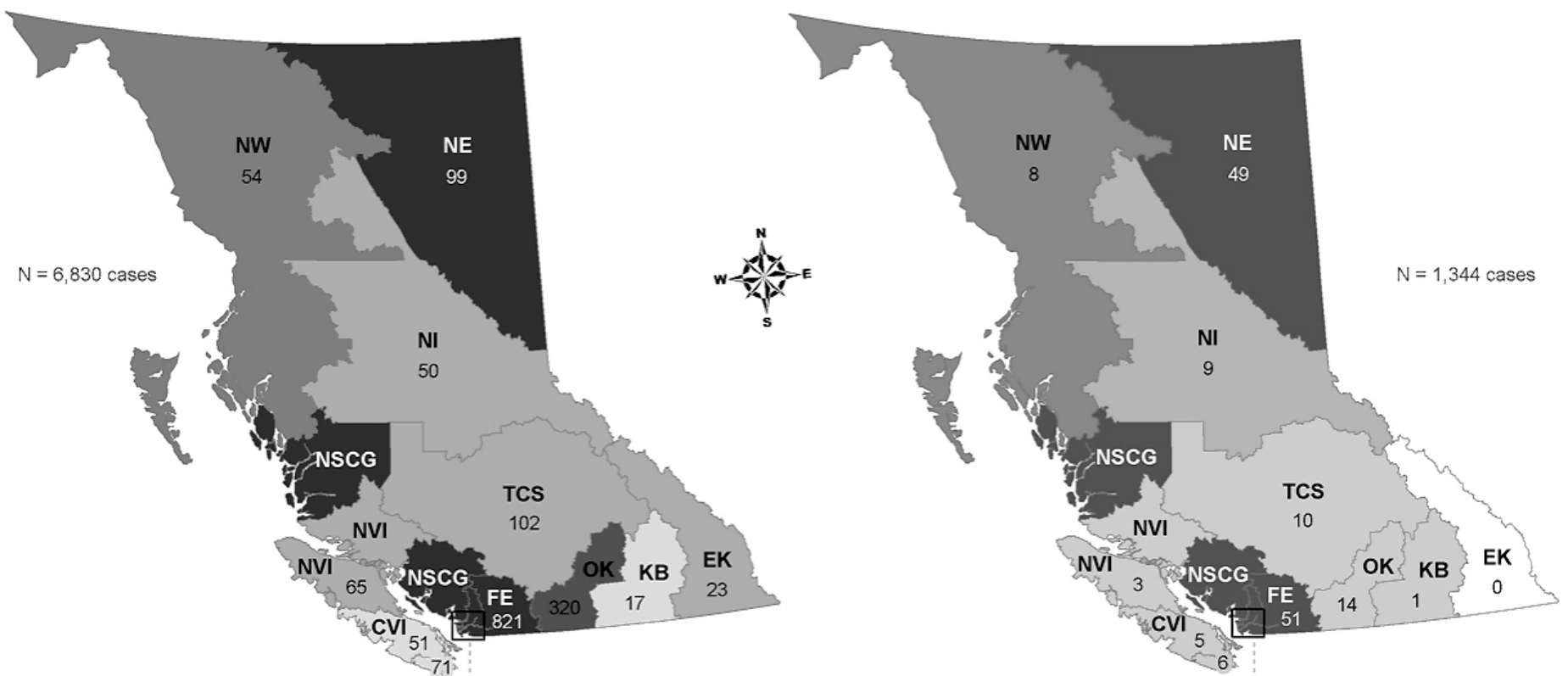


# COVID-19 cases triple in North, first northerner dies

## Geographic Distribution of COVID-19 by Health Service Delivery Area of Case Residence

**Cumulative total: cases reported Jan 1 to Sep 10, 2020**

Past 14 days: cases reported Aug 28 to Sep 10, 2020



The most recent cases in the North account for more than one third of all the people diagnosed with COVID-19 in Northern Health during the pandemic. Of those, people living in the Northeastern part of the region have been especially hard hit. Map and data compiled by BCCDC

BY FRAN YANOR / *LEGISLATIVE REPORTER*

After a summer spike of COVID-19 cases throughout the province, one Northern B.C. family suffered a 'tragic death' this weekend when a woman in her 70s became the first person in the region to die of the disease.

“Our thoughts and condolences go to the families and communities and the people who care for these loved ones who they have lost under these most difficult circumstances,” said Provincial Health Officer Dr. Bonnie Henry on Sept. 14, revealing that six British Columbians in all had died over the weekend.

According to Henry, the Northern woman died in hospital after contracting the virus at a community event, but wouldn't reveal where the woman resided or the event she attended.

As of Sept. 14, the total number of people diagnosed with the disease in Northern Health was 216. Of those, 184 cases had recovered, leaving 31 cases active. From July 1 through mid-September, COVID-19 cases increased 60 per cent provincially and 70 per cent in the North, where they doubled in the past month alone.

## Testing

Part of the increase was attributed to the summer testing strategy which encouraged everyone with symptoms to get tested, versus testing in the spring which targeted high-risk individuals such as health care workers, and urged all others with mild-to-moderate symptoms not to seek testing and to, instead, self-isolate at home.

The Province recently announced it was ramping up capacity to 20,000 tests a day in the fall. As a result, on Sept 11, Northern Health reported its highest daily test count so far in the pandemic when 290 people were tested, while the province also registered a daily high, administering 6,535 tests.

By contrast, testing in the summer averaging around 3,000 to 5,000 a day across B.C. and often below 100 tests per day in the North.

## Contact tracing

To fortify public health ranks ahead of influenza season and any potential second

wave of the pandemic, the Province has begun hiring the first of a total 600 new contact tracers. By September, contact tracing had accelerated to record levels in the North and provincially, according to data from Northern Health and the B.C. Centre for Disease Control.

For instance, as of Sept. 11, there were 28 active cases and 130 people being monitored by Northern Health officials (versus about 3,200 people under quarantine in B.C.).

“That doesn’t seem like a lot in many communities,” said Henry the previous day. “But we know the North is stretched, and the resources we have in public health to follow up with everybody is being stretched.”

A large portion of the late-August and September diagnoses and hospitalizations related to people who had attended an evangelical gathering a month earlier in Alberta, a community exposure in the Prespatou area, and a scattering of other clusters and cases across the region unrelated to any publicized exposures.

“What we’re seeing right now is people who were (secondary) contacts are now in that part of the incubation period where they’re getting sick,” Henry said on Sept. 10. “What we are thankful for is that we found the contacts and we’re confident that there’s not going to be in any other generation from those exposure events.”

While the cases in the North are 'concerning,' the impact on the health care system is manageable, said Henry.

## Hospitalizations

One of the important indicators also watched by public health is length of hospitalization stay and turnover of people admitted.

Although daily summer hospitalizations in B.C. were much lower than the worst of spring when they climbed upwards of 140 people, the summer daily highs are rising. Sept. 14 saw the highest number of people in hospital over the summer so far with 58 people, including 16 people in intensive care. Of those, seven people were in hospital in Northern Health, with three in ICU.

"The number has crept up. But it's been different people," said Henry. "So

there's been people admitted and gone home, then new people coming in for periods of time."

A big challenge is just having more virus transmissions generally.

With more cases, more people become ill, which spills over into long-term care homes, workplaces and direct contacts with family members and people in the community, Henry said. All of which leads to more people needing hospitalization.

Increased transmissions and hospitalizations are warning signs that go

together, she said.

“We need to take a step back and reset,” Henry said, “and make sure that we’re ready for the fall, and that we’re doing those things that we know work to protect our seniors and our elders.”

*Fran Yanor / Local Journalism Initiative /  
Fran@thegoatnews.ca*

## PUBLIC NOTICE

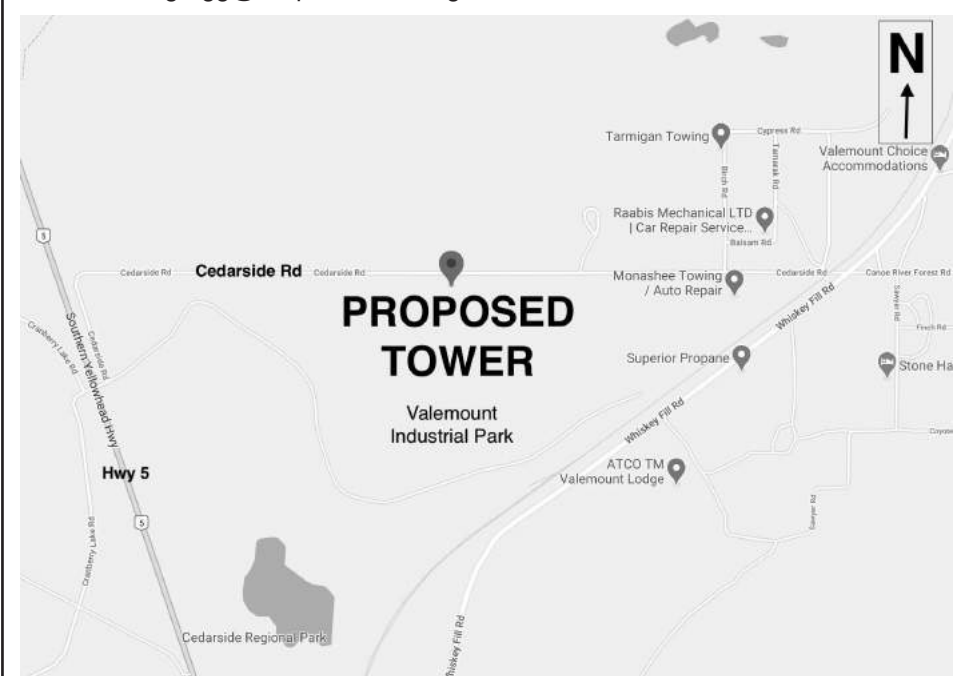
# PROPOSED TELUS TELECOMMUNICATIONS FACILITY 45-METER TALL SELF-SUPPORT TOWER STRUCTURE

**PROPOSED STRUCTURE:** As part of the public consultation process required by Innovation, Science and Economic Development Canada (ISED), TELUS is inviting the public to comment on a proposed telecommunications facility consisting of a 45-meter tall self-support tower and ancillary radio equipment situated on private land at the Valemount Industrial Park south of Valemount, BC in the Regional District of Fraser-Fort George.

COORDINATES: 52.802754, -119.246348.

ANY PERSON may comment by close of business day on October 19th, 2020 with respect to this matter.

TELUS CONTACT: Further information can be obtained by contacting:  
 Brian Gregg, SitePath Consulting Ltd.  
 2528 Alberta Street, Vancouver, BC V5Y 3L1  
 Email: [briangregg@sitepathconsulting.com](mailto:briangregg@sitepathconsulting.com)



# Editorial

## Less white, less black, much more grey



ANDRU MCCRACKEN, EDITOR

By Andru McCracken

Erik Myggland, the Canadian Ranger being tossed out of the military for his involvement in two hate groups, was literally my next door neighbour at one point and for a short time we served together on the Valemount Fire Department. I gather he was as excellent a ranger as he was a firefighter. He also taught my wife a self-defense class that she couldn't stop talking about at the time and I imagine she will use it if it's ever required.

If there's two things that I'd like to do in this editorial it's a) address Myggland and his actions as an actual person and not a caricature representing our deepest fears, and b) help abate the irrational misplaced rage at the 'left wing' media and failure of the liberal state.

Soldiers of Odin and the Three Percenters have unseemly elements. It's not a question. They're bad. The proof? Myggland won't speak for the group after his departure. The Soldiers of Odin were founded by a Finnish neo-Nazi. Maybe not every chapter marches to that exact drum though...

Before joining, Myggland searched the RCMP website to see if these groups were classified as hate groups. The RCMP keeps a list of terrorist organizations, not hate groups and the two groups mentioned above weren't listed. When Myggland joined them, especially in the case of the Three Percenters, they were nascent... amorphous... just being formed. Is it too much to imagine that the group's character was informed by Myggland?

Even the Anti-Defamation League allows that some

people joined the Soldiers of Odin because they are Norse Pagans in their 2016 report. I believe him when he says his mission wasn't discriminatory or islamophobic and that he culled and silenced members that traded in that.

Myggland is white and male like me, because of that I believe we both have massive advantages that help us throughout our lives and that we also take part in and we also unwittingly prop up systemic racism. But let's be clear: the CBC stories about Myggland aren't about white privilege and systemic racism. They're about gnarly old fashioned neo-Nazi white supremacy.

The blamed media

Myggland is down on the CBC for getting his story wrong. He also refused to talk to them. When he was involved in those groups, he asked the CBC to come out and document the good work they were doing. They wouldn't. Honestly, it's not the CBC's job to report on every good thing every group does, especially a group with a really complex backstory. They wouldn't whitewash the Soldiers or the Three Percenters. I say good on 'em. Myggland wanted them when he was on saint patrol, but when he was in trouble he didn't want to talk. How can he expect them to understand his story without talking?

Myggland said some nasty stuff about our Prime Minister. He called Justin Trudeau, on multiple occasions a 'treasonous bastard.' Because we don't live in a dictatorship, I'm going to dismiss this as overheated political rhetoric. Every call for assassination of any political figure, however - even on social media - should, in my view, be investigated. There ought to be consequences. I know very little about political violence, but where it reigns, so does chaos. Myggland's diatribe against our PM is bad form, forbidden for members of the military, and completely forgivable for every other Canadian. It's embarrassing that the CBC even reported this. They likely only did because a military reservist named Corey Hurren is charged with crashing a truck through the gates of Rideau Hall loaded with firearms and threatening to assassinate the Prime Minister.

I can totally accept that other people who don't

know Erik at all and see him as a leather vested, patch wearing, gun toting, anti-social public safety hazard. The CBC doesn't know Erik, and by extension the rest of Canada doesn't know Erik. They aren't his neighbour. They have judged him by his association and by the worst things he posted on the internet.

But it's worth noting that the worst things Erik posted on the internet, the craziest thing that the CBC could find, didn't threaten violence, didn't call for discrimination, and didn't fan the flames of xenophobia. If Erik is a Facebook Facist it was hidden from the investigators compiling dirt on him and up until a week ago, Erik's Facebook, instagram and twitter profiles were all public.

Erik challenges convention. He worships the Norse god Odin. While he has had heated discourse over Black Lives Matter, and I'm sure a conversation with him about systemic racism would be a tough one, he hasn't threatened anyone because of their status as a refugee, their views on race, much less because of their race.

Further Erik instructs women in self-defence including Indigenous women. That is awesome, and not something a lot of people have to contribute.

If he is a racist, if he beats immigrants and plots attacks on refugees and calls for violence against Muslims and other minorities, I'll gladly recant and help railroad my former neighbour out of town. I'm pretty sure he would too.

Erik is guilty because there are actual white supremacists and islamophobes plotting violence and chaos in other chapters of the Soldiers and Three Percenters (and possibly in his absence at the chapter he founded).

Could it be that the one guy who has the balls to stand up to racists in these problematic outsider organizations gets his name paraded through the media like a pariah?

The Department of National Defence needs to give clear specific instructions to its members. Name the groups that soldiers must not participate in. If you are going to publicly flog soldiers for their associations, you need to let them know how they can obey.

It's Myggland's name and reputation in the headlines.

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# Trespassing on rural lands not acceptable

Land owners beware! There are certain CN employees who are trespassing on private land checking out hunting opportunities!

On September 6, 2020, around 1 pm, a CNR truck was observed turning around in my yard located at 3429 Museum Road. The truck was seen by an occupant in the house at the time. The truck was white, CN logo on the side with a canopy on the back. No attempt was made by the driver to check in at the house. The truck exited my yard, turned left and proceeded North East to the back portion of my hay field. It traveled about 2/3 km across the field to a back corner. This just happens to be where I have a hunting blind located. About an hour or so later, time not certain, the truck was observed again by the occupant of the house as it was coming back from that portion of the field. This specific area is over 1.5 km from the CN tracks. A bit far to say they were checking things out for the CN.

CN does not have authorization to trespass on my property. No attempt was made by the occupant/occupants of the vehicle to attempt to establish contact with anyone at the house as to ownership or the right to enter my land. It was obviously a hay field, consisting of 160 acres of cultivated land. It is obvious the road to the main yard is private. The truck did travel over to where a hunter's blind is established and the occupant/occupants did spend approximately an hour or more in the area around the blind.

I do wish to have the occupant/occupants charged for trespass and I have filed a report with the local RCMP and they are investigating the matter.

To the CN employee who trespassed, be advised you were seen. To other CN employees who think they may want to trespass on my land. Stay off. You are not welcome and trespass charges will be placed.

Once the RCMP determines exactly who came on my ranch on the 6th, you will be charged with trespass. I suspect your employer, the CN will be displeased to find an employee, on company time, taking time out to case an area for hunting.

One last note. I am aware the vast majority of CN workers are excellent people and I am proud to call them friends and family. However, you have a bad apple in your group right now. This person is making all workers driving a white CN pick-up look bad. You really don't need that.

Respectfully,  
  
*Rodger Peterson  
McBride, BC*

# Global Thoughts

BY GWYNNE DYER

## Miracle Vaccine

Gwynne Dyer is a Canadian-born independent journalist whose column is published in more than 175 papers in 45 countries.



Nine of the world's biggest pharmaceutical companies have just promised not to apply for regulatory approval for any new Covid-19 vaccine before it has gone through all three phases of clinical study. Why would they do such a thing?

Obviously, it's the perception that other players in the same market may be cutting corners.

Usually the Trump administration's actions are viewed with weary resignation by the rest of the world, but it would still be a very big deal if the United States started distributing a vaccine that had not been properly tested. Yet the signs are that that's just what is going to happen.

Last month at the Republican national convention Donald Trump told the delegates and the country: "We are developing life-saving therapies, and will produce a vaccine before the end of the year, or maybe even sooner."

On 4 September, the US government's Centers for Disease Control and Prevention (CDC) told American health officials that "limited Covid-19 vaccine doses may be available by early November 2020."

More specifically, the CDC urged state authorities to consider "waiving requirements" and grant permits to McKesson Corporation so they can start distributing a vaccine by 1 November.

You don't need a weatherman to know which way the wind blows. The presidential election is on 3 November, two days later: that's long enough for the glad news to get around and floating voters to be swayed in favour of Trump, but too short for any defects in the rushed vaccine to come to light.

Donald Trump is going to liberate Americans from the curse of Covid just before the election. If the vaccine's miraculous properties subsequently fade, even if it kills large numbers of people, that won't matter. The votes will have been counted, and Trump will be back in office for another four years. That, at least, is the scenario that is currently envisaged by the people around Trump.

The nine pharmaceutical majors who felt the need to issue a "historic pledge" to uphold scientific and ethical standards were doubtless driven by this scenario. Even if there really has been an American breakthrough, they would still have to cope with the public's suspicion that Trump is cheating – and the mistrust that will also attach to any other early vaccines.

It is possible that the vaccine that Trump is about to unleash on the American public really does work and is safe. It would be a historic first – having a Covid vaccine ready for general use by next June or July would normally be seen as a remarkable achievement – but miracles do happen.

The problem is that they don't happen often, and if the full testing regime is not followed, you don't know if this is one of those times.

It's only because the AstraZeneca/Oxford University vaccine was going through the full third phase of tests, involving tens of thousands of individuals and many months of testing, that they spotted a bad reaction requiring hospitalisation on Wednesday and paused the tests. The American miracle vaccine will only start third-stage tests at the same time that it is made generally available.

Pauses like AstraZeneca/Oxford University's happen often in the development of a vaccine, and the pause will probably only be temporary. But even a very low-frequency bad reaction can be a mass killer when tens of millions of people are being vaccinated, and these are not desperately sick people willing to risk anything for a cure. They are people in good health, and you mustn't kill them.



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# Interim CAO, splash park update, CMH lodge withdrawn

By ANDREA ARNOLD

McBride Village Council met and Deputy Mayor Green called the meeting to order at 7:04 pm on Tuesday September 8, 2020. Present to the Zoom meeting was Councillors Frederick, Hruby and Smith. Also present was newly appointed CFO David Alderdice, outgoing CAO Sheila McCutcheon, to-be-appointed Interim CAO Heidi Frank, and one member of the public.

**New CAO**

Council passed the motion to appoint Heidi Frank as the Interim Chief Administrative Officer and Corporate Officer for the corporation of the Village of McBride, and

further authorized outgoing CAO Sheila McCutcheon to administer the Oath of Office to Frank for these responsibilities. Frank stated the Oath of Office.

Council also passed the motion authorizing Interim CAO Heidi Frank to be added as a signing officer for all Village of McBride Scotiabank and MFA banking and investment purposes.

### Public Works Update

Council passed the motion to receive the report from Public Works documenting their activities up until August 31, 2020. This is the first report to Council submitted by new Public Works Operation Manager, John Peterson.

**Tourism Committee terms of reference**

Prior to the next motion, Council retracted a letter from the public record from Russ Purvis. The letter advocated r creating a group supporting the Ancient Forest as a ation. The letter was made public at the last meeting it states that the information contained was confidential. The next motion pertained to Terms of Reference for a new Village of McBride Tourism Committee as presented by Russ Purvis, for information and further review. The purpose of the committee will be to advise Village Council in matters regarding tourism marketing, tourism promotion, and tourism product development. The proposal indicates that the committee would be comprised of 11 people representing many different community sectors, and all decisions and ideas will require approval by Council

CONT'D ON P7

www.valemount.ca

### Village of Valemount 2021 Permissive Tax Exemption

As per Section 227 of the Community Charter, the Village of Valemount would like to give Public Notice of Proposed Bylaw No. 831, 2020, being a bylaw to grant a permissive tax exemption to the following properties for the 2021 property taxation year. These taxes include municipal PLUS all other taxing agencies.

Description of Property	Organization	Description of Exemption	Estimated Value of Exempt Taxes
Lot A, Plan PGP11201 District Lot 7355 PID: 012-559-547, Folio: 97.000 Cariboo Land District	United Church of Canada	Buildings and Land	(2021) \$1,613.52 (2022) \$1,678.06 (2023) \$1,745.18
Lot 4, Plan PGP8948 District Lot 7356 PID: 010-571-370, Folio: 124.050 Cariboo Land District	Roman Catholic Bishop of Kamloops	Buildings and Land  <b>No exemption for Residential</b>	(2021) \$1,455.37 (2022) \$1,513.59 (2023) \$1,574.13
Lot 2 & 3, Block 2, Plan PGP10449 District Lot 7356 PID: 012-675-440 PID: 012-675-423, Folio: 159.000 Cariboo Land District	Valemount New Life Centre	Buildings and Land	(2021) \$1,713.94 (2022) \$1,782.50 (2023) \$1,853.80
Part Lot B, Plan PGP31083 District Lot 7356 PID: 005-229-618, Folio: 125.001 Parcel B, Plan PGP23940 District Lot 7356 Folio: 125.005 Cariboo Land District	Valemount Senior Citizen Housing Society  Leased land from Village of Valemount	Buildings and Land	(2021) \$8,074.05 (2022) \$8,397.01 (2023) \$8,732.89
Lot 8, Block 3, Plan PGP10449 District Lot 7356 PID: 012-675-563, Folio: 180.000 Lot 10, Block 3, Plan PGP10449 District Lot 7356 PID: 012-675-580 Folio: 182.000 Cariboo Land District	Provincial Rental Housing (New Seniors)	Buildings and Land	(2021) \$2,509.57 (2022) \$2,609.95 (2023) \$2,714.35
Lot A, Plan EPP68609 District Lot 9778 PID: 030-232-198 Folio: 252.500 Cariboo Land District	Valemount Lions Club <b>10% Exemption</b>	Buildings and Land	(2021) \$106.12 (2022) \$110.37 (2023) \$114.78
Lot A, Plan PGP14950 District Lot 9778 PID: 009-014-276 Folio: 265.100 Cariboo Land District	Royal Canadian Legion Valemount & District Branch No. 256 <b>10% Exemption</b>	Buildings and Land	(2021) \$404.51 (2022) \$420.69 (2023) \$437.52
Lot 9, Plan PGP21237 District Lot 7354 PID: 009-580-905 Folio: 435.012 Cariboo Land District	Valemount Curling Club <b>10% Exemption</b> Land is leased from Village of Valemount	Buildings only	(2021) \$351.47 (2022) \$365.53 (2023) \$380.15
Lot C, Plan PGP16682, Ditrick Lot 9778 PID: 026-108-500 Folio: 230.142 Cariboo Land District (BW519646)	Valemount & Area Recreation Dev Ass <b>10% Exemption</b>	Building and Land	(2021) \$334.64 (2022) \$348.03 (2023) \$361.95
Parcel A, Plan PGP9569 District Log 7356 PID: 013-899-783 Folio: 128.200 Cariboo Land District	Valemount Affordable Rentals Society <b>10% Exemption</b>	Building and Land	(2021) \$269.03 (2022) \$279.80 (2023) \$290.99
Lot 1, Block 6, Plan PGP10449 District Lot 7356 PID: 012-694-151, Folio: 203.100 Cariboo Land District	Fraser Fort George Regional District (Fire Department) <b>Automatic exemption</b>	Buildings and Land  Building owned by Regional Dist.	(2020) \$12,248.21 (2021) \$12,738.14 (2022) \$13,247.67
Lot 1, Plan PGP43828 District Lot 7354 PID: 024-468-240, Folio: 412.100 Cariboo Land District	Fraser Fort George Regional District (Arena) <b>Automatic exemption</b>	Buildings and Land  Building owned by Regional Dist.	(2020) \$41,643.92 (2021) \$43,309.68 (2022) \$45,042.07

### Cemetery Maintenance Reminder

The Village asks that the placement of mementos and floral tributes on grave spaces be limited, so as not to interfere with regular mowing and maintenance of the cemetery. If the size or number of items on a grave space is such that maintenance is affected, the items will be removed.

Residents are also reminded that the planting of flowers, trees or shrubs, or the installation of fencing or railings in the cemetery is not permitted other than by an employee of the Village authorized to do so, and all such items will be removed by Public Works staff.

If you have any questions, please do not hesitate to contact the Municipal Office at 250-566-4435. We thank you for your co-operation as we work to maintain the cemetery grounds to the highest standard possible.

**Chinook Salmon**

We are happy to announce that the Chinook Salmon were able to reach Swift Creek this year to spawn. They are now finished for the year. Please continue to keep clear of spawning grounds as to not disturb the eggs.



You may notice an increase of wildlife activity around swift creek due to the salmon. Please be bear aware if you are around Swift Creek.



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# McBride Council... Cont'd from P6

before implementation.

## Splash Park Update

Council passed the motion to receive a letter from the Splash Park Steering Committee presenting a possible grant available. CAO McCutcheon spoke briefly on the topic stating that she recently had a conversation with a member of the committee and relayed the following information to Council. At this point, the splash park steering committee plans on submitting a grant application to help fund the project. There is a deadline of October 22, 2020 for the Rural and Northern Communities Infrastructure Program, but due to the details needed for the application, they have decided to submit for the next intake. This will allow them a better chance of having a successful application. The grant does require some fundraising, and the committee hopes to work with the Village on the public washroom aspect of the proposal.

## CMH Heliskiing and Summer Adventures Lodge Application Withdrawn

Council received a letter from Dave Butler, Director of Sustainability, CMH Heliskiing and Summer Adventures regarding the withdrawal of an application to build a Heli-ski lodge in the Robson Valley, and moved to bring the letter to the Minister of Tourism and Minister of Forests, Lands, Natural Resource Operations and Rural Development, as part of the Union of BC Municipalities Ministry meeting topics. In the letter, Butler expresses disappointment at the situation, a feeling echoed by members of Council. He states they were given notices in July that there was a “fundamental conflict with the clearly-articulated public interest in caribou recovery and no specific items that could readily be addressed.” In order to prevent setting a precedent, CMH chose to withdraw their application before having it disallowed. Council further directed Administration to write a letter to Butler expressing their disappointment in the situation, their appreciation and support regarding the matter.

## Annual Report

Council approved the Village of McBride 2019 Annual Report as presented. Local governments are required to present an Annual Report at a public meeting stating goals and objectives, completed plans and future goals.

## Property Purchase

Council passed a motion to receive the report to Council regarding the possible purchase of the property at 100 Shantz Place. The purpose of the report is to advise Council on the final purchase dates, with intended future use for an affordable seniors and multi-family housing complex.

BC Housing will partner with non-profit organizations across the province to see approximately \$7 billion invested over 10 years for affordable housing administered through BC Housing. An official press release will be released regarding the purchase but had not been published by presstime.

## LED Lighting Upgrades

Council approved the receipt of the report “BC Hydro LED Street Light Replacement Projects” and further approved the street lighting LED colour temperature option one - the warmer colour option. Over the next two or three years, BC Hydro will be changing out the bulbs in streetlights across the province. These new streetlights will increase nighttime visibility, reduce light pollution and last longer with less maintenance. Light replacement is expected to begin later this year.

Council passed the motion to approve Permissive Tax Exemption Bylaw Option # 2: to proceed with the current Permissive Tax Exemption Bylaw No. 761, 2016 exempting Church properties for 2021 and prior to October 31, 2021 reviews the addition of non-profit societies in the new bylaw for 2022 and forward, at that time.

## Five-Year Financial Plan Amendment Request

Council passed the motion directing Administration and Finance to prepare an amended Five Year (2020-2024) Financial Plan Bylaw for Council’s consideration. Since the Five -Year Financial Plan Bylaw No 793.2020 was adopted in May 2020 there have been significant changes to the 2020 Operating and Capital Budgets. These changes could not have been planned for or anticipated, and warrant the amending of the bylaw. Events such as COVID-19, flooding, unprecedented turbidity as well as the development of a 10-year Tourism Plan and Age Friendly request for proposals (RFP) have contributed to the need for the amendment.

## In-Camera

Council passed the motion that in accordance with Section 90 (l) (a) personal information about an identifiable individual who holds or is being considered for a position as an officer employee or agent of the municipality or another position appointed by the municipality, and(i) the receipt of advice that is subject to solicitor-client privilege, including communications necessary for that purpose, Council moved into a Closed In-Camera Meeting.

The open meeting was recessed at 7:51 pm in order to conduct the Closed In-Camera Meeting.

# FALL ELECTION IN BC: To be or not to be?

By FRAN YANOR, LJI REPORTER

Despite what the Premier has said, and because of what he won't say, simmering speculation around a potential fall election in B.C. boiled-over in September after recent polling results revealed the NDP might win a majority if an election were called this year.

A summary on the non-profit Angus Reid website called the latest polling results ‘quite the irresistible opportunity’ for the B.C. government. Conducted at the end of August, the poll asked respondents who they would vote for if an election were called this fall. While one third of British Columbians said they would be uncomfortable voting in-person, 48 per cent indicated they would vote for the New Democrats, 29 per cent for the Liberals, 14 per cent for the B.C. Greens, 8 per cent for the B.C. Conservative Party and the remainder for other. Premier John Horgan also enjoyed the highest approval ratings of all the provincial leaders with 69 per cent of those polls approving of his job performance.

Polling also revealed some risks. Most British Columbians think the government has done a very good job during the pandemic, however approval ratings on the their handling of the opioid crisis and the pipeline protest issues were much lower.

Since the first opinion polls in early summer reflected the rising popularity of Premier John Horgan, the media have been asking whether he will call an early election.

From the onset, Horgan has kept his options open.

“We have been a day away from an election for the past three years,” Horgan said of his minority government at a press conference in July. “I’m going to keep doing what I’m doing as long as I have the support of the legislature.”

The government’s retention of power relies on continued support from the B.C. Greens, whose two MLAs give the NDP the slimmest of majorities. Without them, the government would lose its majority and have to call an election. The next election is mandated no later than October 2021.



Recent polling indicates a majority of British Columbians would vote for the NDP if an election were held this fall. Premier John Horgan (pictured here on Sept. 9, 2020) said he is focussed on economic recovery issues related to the pandemic but has refused to dismiss the possibility of an early election. / Province of BC photo

“This government has a full year left to govern and we are in the middle of a pandemic,” said Prince George-Valemount Liberal MLA Shirley Bond. “There is little rationale for the Premier to go to the polls other than wanting to try and secure a majority government.”

When near the end of the summer legislative session, Horgan was asked why the NDP would consider an early election in the middle of a pandemic if it’s not legally required, Horgan again sidestepped.

“What I have been focusing on every day is making sure that we’re providing the services British Columbians need,” he said, listing a ream of good works on the government agenda. “I’m going to stay on that track as long as I can.”

Several weeks later, Horgan was queried once more, this time on the Confidence and Supply Agreement (CASA) the NDP signed with the B.C. Greens in 2017 to form government. Did Horgan feel bound by that agreement, which included a commitment not to call an early election? Again, Horgan didn’t close any doors.

“We’ve had great success here... with a collaborative approach to governing, working with the Green caucus,” said Horgan. “Nowhere in that document do you see the word pandemic, so the world we live in today is not the world of 2017.” *Read more on our website*

# Wildfire smoke drifts from northern U.S.

By LAURA KEIL

Thick wildfire smoke blanketed the region this week, obscuring mountains and tinging the air with an acrid smell. The smoke is drifting north from fires in the U.S. including Washington, Oregon and California. Prince George Fire Centre Communications person Rachel Windsor said Sept 14th there were no wildfires in the Prince George Fire Centre adding to the smoke. There are several wildfires burning in B.C.’s Kootenays but the smoke from those appears to be drifting east, not north. You can see the current smoke forecast by visiting this website: [firesmoke.ca/forecasts/current/](https://firesmoke.ca/forecasts/current/) Particulate matter rose to 83 ppm in Valemount on Sunday with a 24-hour average of roughly 43ppm by Monday morning. In B.C. the province aims to have a PPM no higher than 25ppm averaged over 24 hours. See current air quality readings on the Goat’s website under the Weather/Air Quality menu



OPEN 7 DAYS A WEEK



HOURS

MON - SAT: 9 AM - 5:30 PM  
SUNDAY: 10 AM - 4 PM



Valemount IDA  
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## You're invited to our virtual Annual General Meeting

September 18, 2020

4 to 5 p.m. PT/5 to 6 p.m. MT

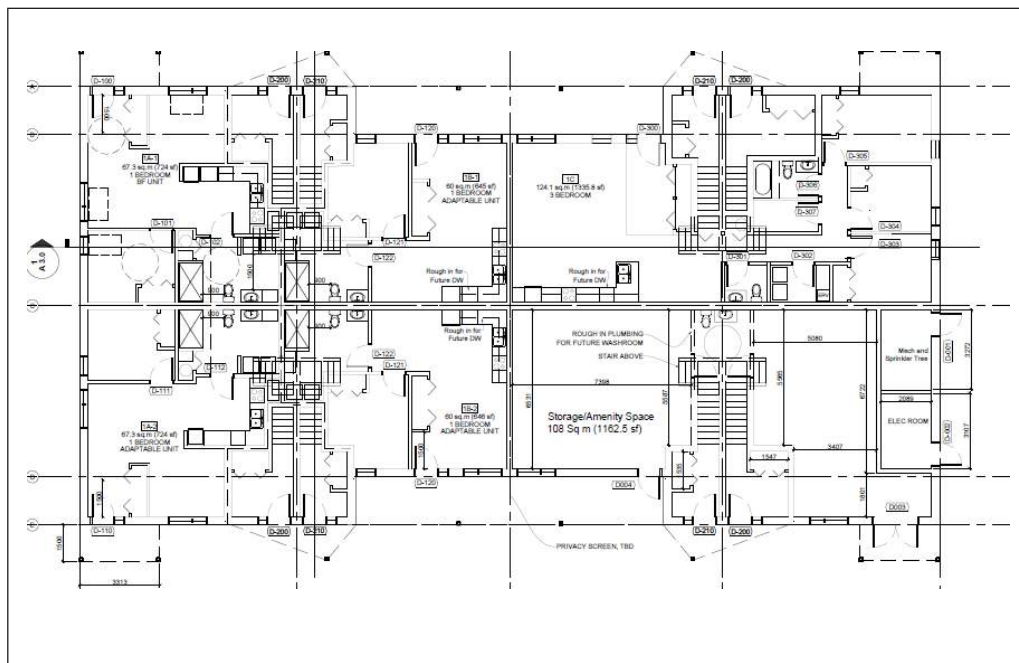
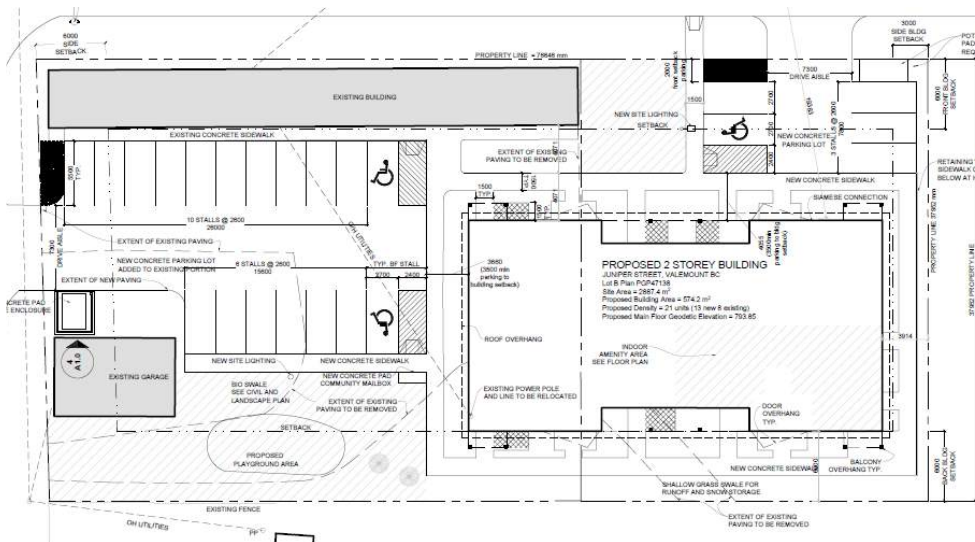
Attend this year's AGM from anywhere in the Basin. Ask questions about projects and initiatives in your community, and around the region.

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# 13 NEW RENTAL UNITS



By ANDRU McCracken

The Valemount Affordable Rentals Society has broken ground on a new \$4.27 million 13-unit housing project and integrated concrete forms are already being put into place on site. The project, located at 1295 Gordon Rd., will be a two storey apartment building with one, two and three-bedroom units.

The project was approved by BC Housing in 2018, and Treasurer Korie Marshall said that it took some time to get it moving.

"Everything takes longer than you think," said Marshall. She hopes that the units will become available in summer 2021.

Marshall said that the project continues to be needed.

"There is virtually no vacancy for rental units," she said. "I don't think our 13 units will satisfy the need for rentals."

Nine of the new units will be geared to income, meaning residents will pay 30% of their income to live there.

Marshall said four units will likely go to area seniors and one of the apartments will be wheelchair accessible.

### Keeping it affordable

Marshall said she is hearing tales of homes renting for \$3000 per month thanks to increasing demand for accommodation from pipeliners.

"I'm not saying it's not worth it or pipeliners don't have the means, and I don't begrudge someone trying to get the mortgage paid off, but if you have a \$14 an hour job, you can't afford \$3000 a month," she said.

"It's hard to run the Subway, Tim Hortons and the A&W with minimum wage staff if you don't have anywhere for them to live."

There is currently no waitlist for the new project.

"If people are interested, they can let me know, and I can help them get their application in when we are ready," she said.

The project is a partnership between the Province, the Columbia Basin Trust, Canada Mortgage and Housing Corporation and the Valemount Affordable Rentals Society.

"After years of inaction by the previous government, people across B.C. have had a hard time finding safe, affordable housing," said Selina Robinson, Minister of Municipal Affairs and Housing. "These new homes will help keep Valemount healthy and vibrant, and make sure people can stay in their community, close to friends, family and the services they count on."

The society is taking on a 30-year mortgage to finance the project, and they have a 60-year operating agreement with BC Housing.

### Local wins the bid

Doug Miller of Wild Montane Construction won the bid to build the building.

"We were selected because we put in a somewhat superior bid, we were competitive and had the design elements and the commitment I made to VARS was we would use all the qualified local contractors that we could," he said.

Miller said he wants to keep as many of the construction dollars in town as possible.

The building is called a Step 4 project and it's one step below a passive house.

"It is very energy efficient and uses Integrated Concrete Form construction to mitigate train noise as much as possible," he said.

"It will be one of the more efficient projects I've built, because the code is stepping up the game, we have to meet that demand and I like to stay ahead of the curve."

### VARS existing rentals

Currently the Valemount Affordable Rentals Society has nine rentals - eight

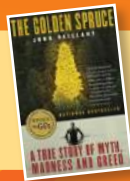
## New titles in store!

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A true story of myth, madness and greed  
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KIDS

### KIDS' TRAVEL JOURNAL

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# UNDER CONSTRUCTION



Breaking ground at the new 13 unit apartment on Gordon Road are councillor Donnie MacLean, builder Doug Miller, councillor Hollie Blanchette, VARS President Riette Kenkel, VARS Treasurer Korie Marshall, Mayor Owen Torgerson, councillor Pete Pearson, VARS Director Kitty Tinsley and MLA Shirley Bond. /ANDRU MCCracken



bachelor and 1-bedroom suites and one home.

“None of those units require income testing,” Marshall said “On our new project, we are going to be breaking even.”

“The house and 8 units are really the only way we can build up the organization and work towards more equity.

We don’t think our units are that expensive,” she said.

For example units at Juniper Square go for as low as \$650 and include heat, electricity and wifi and are furnished. The 2-bedroom house they own rents for \$1075 per month.



Caption

“None of those units require income testing,” said Marshall.

She said the smaller units are filling a niche role in the community.

“If somebody doesn’t want to get tied into a year lease, or if it is a three month job in Valemount, it’s an option that’s not widely available in Valemount.”

At the opening, president of the society Riette Kenkel said she was excited to see the project move forward.

“We haven’t let our size or our newness shtu us down. We’ve worked hard in the past few years to make our dreams become realities and we’ve had incredible support

from so many, including community members, volunteers, our consultants, our contractors, and of course BC Housing, CMHC, Columbia Basin Trust, the Regional District of Fraser Fort George and the Village of Valemount. Thank you.”

Member of the Legislative Assembly Shirley Bond was there to help turn the soil, for the symbolic first shovel. It was MLA Bond’s first trip to the valley since her husband Bill passed away in May.

“For me, it’s the story of how a small group of hardworking, dedicated people can make something amazing happen. [...] This is incredible when you stop and think about the need for affordable housing in communities large and small. This is a fantastic example of what can happen when people really work together,” she said.

The project’s total capital budget is approximately \$4.27 million.

The Province provided \$1.34 million to the project through the Building BC: Community Housing Fund.

The Canada Mortgage and Housing Corporation provided \$300,000 through the Federal Bilateral Canada Community Housing Initiative Grant.

Columbia Basin Trust provided \$169,400 to the project.

The Village of Valemount waived \$25,493 in development costs.

VARS provided the land for the project.

Rents are projected to range from \$375 to \$1,250 per month: two units are for people with very low incomes (such as residents on income assistance): \$375 to \$660 per month; seven rent-geared-to-income units are for people with low to moderate incomes (\$33,000 to \$48,500): approximately \$532 to \$761 per month; and four affordable market units are for people with moderate incomes (\$74,150 to \$113,040): approximately \$840 to \$1,250 per month.

# CAREERS



## Financial Systems Staff Position

Since 2008, the Valemount Community Forest has become known as an efficient and progressive community forest model in British Columbia.

We are now looking for a reliable, self-motivated individual to work in the VCF office. The successful candidate will enjoy a balanced mix of office work.

### Duties Include:

- General office administration for both the Valemount Community Forest LP and the Valemount Industrial Park LP
- Company accounting/payroll/financial systems
- Working under a safe certified system
- Working under an Environmental Management System

### Ideal Candidate Qualities:

- Demonstrated excellence in written and oral communication
- A willingness to learn; energetic with a positive attitude
- Ability to foster an effective teamwork environment
- Accounting experience; SAGE software program an asset
- Ability to prioritize workload, multitask and manage time effectively
- Excellent computer skills

Applicants will send a resume, a cover letter with contact details and references, in confidence to: **Craig Pryor, Manager, Valemount Community Forest LP**  
c/o P.O. Box 1017, Valemount, BC. V0E 2Z0, [cpryor@valemountcommunityforest.ca](mailto:cpryor@valemountcommunityforest.ca), no later than **September 21, 2020.**

Thank you for your interest; however, only those applicants invited for an interview will be contacted.



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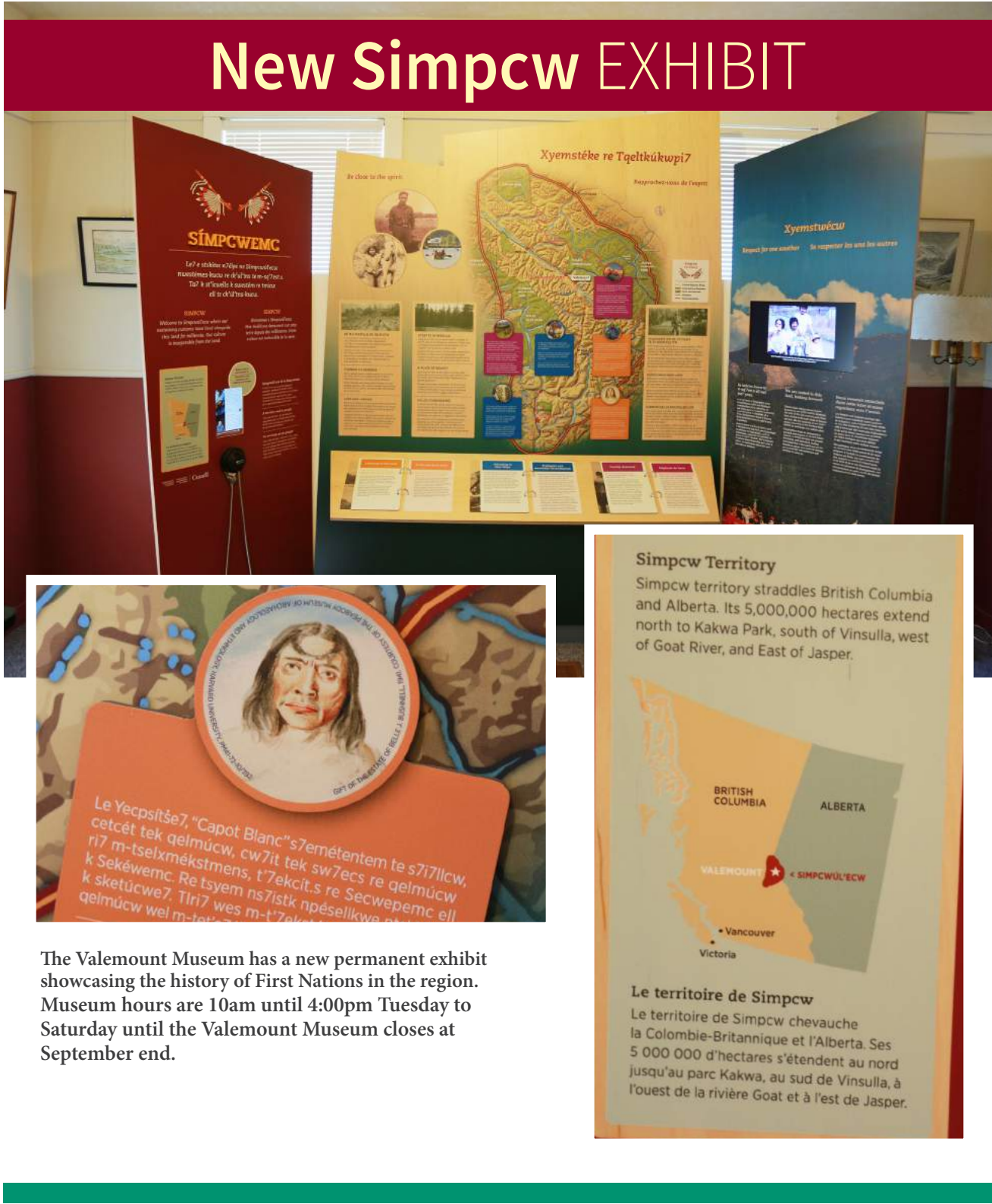


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# New Simpcw EXHIBIT



The Valemount Museum has a new permanent exhibit showcasing the history of First Nations in the region. Museum hours are 10am until 4:00pm Tuesday to Saturday until the Valemount Museum closes at September end.

BY ANDRU McCracken

There is a new permanent Simpcw exhibit at the Valemount Museum and if you are under the impression that First Nations people never settled here, you'll have the opportunity to hear first-hand from the descendants of those who did.

Because of the 1916 relocation, First Nations' have been overwhelmingly absent in local history. Before 1916, local settler history itself was barely recorded and often poorly at that.

With a long absence, enforced with the permit system that required indigenous people to get a permit to leave the reservation in Chu Chua to return home to the valley, and being prevented from settling here, colourful stories of 'why indigenous people didn't settle here,' were invented.

The exhibition makes short work of those invented stories and provides insight into what the descendants of the indigenous people of the area are doing now.

The exhibit combines audio, images and story to great effect.

A grand opening is planned for the fall, but you can visit the exhibit any time from 10am until 4:00pm Tuesday to Saturday until the Valemount Museum closes at September end.



## Hire an Apprentice

Wage subsidies available for 17 trade areas, now including cook and baker.

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# Gardening with Pete

## Putting Foods By

It seems every year around September and October, the kitchens, porches, sheds and basements of gardeners are full of vegetables, fruit, herbs, etc all calling for attention at the same time!

“Putting food by” for the upcoming winter months can take many forms and at times seem like so much work, but in the cold days of February and March, home grown food is really appreciated for its superior flavour and also for the dollars we save.

Each fruit or vegetable has its own “best method” for preservation and each person can have his or her own special way of putting things by.

Many things need a “curing period” of very warm and dry conditions before going into long-term storage. Onions, garlic, pumpkin, squash, etc. will keep much longer if they are totally dry and kept warm until at least Christmas.

Most root crops such as potatoes, carrots, beets and rutabagas (winter turnips) are best left in the ground until the frost kills the tops. If they are well hilled before the frost comes, a few light frosts only serve to sweeten the carrots and rutabagas. Letting the tops die down before harvesting also puts all the nutrients from the tops into the root (as nature intended) and will “mature” the roots so they keep better. If potatoes are harvested about a week or two after the tops die down, the skins will be set on

them better and they will not be injured by digging and handling.

Cabbage also takes on a sweeter taste if allowed to be hit by a few light frosts. The “winter” or late cabbage will keep for months in a cold, damp place like a root cellar if hung upside down by the long stem cut at ground level. Some suggest pulling the root and all, but you have to be careful to wash off the soil before hanging or the soil will drop onto the leaves and cause rot.

Most vegetables that will not keep for long periods can be dried or frozen. Investing in a food dehydrator is a long-term investment. We are still eating dried pears (a great snack for the children) that were dried over a year ago. Stored in a dark cool place in the basement, they can be brought up in small quantities to be munched on when we “just can’t wait for supper”.

A few years ago, someone showed me a great method for freezing corn on the cob and it seems to work just fine for me. With a sharp knife, cut off a few inches of the husk from the “silk end” (the pointed end). Then carefully peel off the husks until there are only about one or two layers left to cover the kernels. Cut off any excess stem and put it directly in freezer bags and freeze as soon as possible. To use them, just take out as many cobs as you need and run them under the hot water tap until the husks and silks can be rubbed off. Drop in boiling water or a steamer for 10



Pete Amyoony has lived, worked & gardened in the Dunster area for 35 years. He tries to deal with the “down to earth nuts and bolts of organic gardening” in his columns.

– 15 minutes and you will have corn that tastes like it was just harvested.

For every hour invested at this time of year in “putting food by” you will be reminded for the rest of the year just how good local and home-grown food can be.

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## Jupiter’s Planetary Permission Slip

The reversal of Jupiter and other planetary liberations will fly a permission slip into the week. Do your feelings. Emote. If happy, then feel the joy and dance on. Talking about why and trying to sort out the recipe diminishes the good feeling. The same goes for negative feelings. When you’re sad, angry, ashamed, just call it that, feel it and work it through. Don’t muddle things up by intellectualizing with a story or an explanation.

**ARIES** (March 21-April 19). You could say “past mistakes,” or you could instead say “past behaviors” and leave out the air of judgment. After all, you were doing your best and learning what works, just like you’re doing now. When you judge yourself, you’re buying into someone else’s opinion -- probably an old one you

heard long ago. **TAURUS** (April 20-May 20). It’s easier to make decisions from calm spaces that provide a neutral backdrop and the best “lighting” (whether physical, intellectual, emotional, spiritual or other) for your particular choices. Such environments can be rare. You’ll experience and take advantage of the opportunity within them this week.

**GEMINI** (May 21-June 21). Feelings come in clusters. Joy can spark playfulness, and then curiosity, and then wonder. Sadness can spark anger, hurt, shame. Some small feelings spiral into bigger ones. Your emotional intelligence will allow you to dance with all that’s happening, sidestepping known triggers, inviting your favorite partners, too.

# HOROSCOPES



## BY HOLIDAY MATHIS

**CANCER** (June 22-July 22). Those who know you well might observe a wild glint in your eye because you’re cooking something up. The funny part is that you are sometimes not even aware of your complete idea until you’re already acting on it. When it works out, it will be because your intent is pure and in line with the highest good for all.

**LEO** (July 23-Aug. 22). Instead of worrying whether the end justifies the means, just forget about the end. Focus fully on how you’re doing things, the spirit in which you approach it, the goodness in your intent. Truly, the outcome won’t make a bit of difference. What matters is making the most loving choice you

know how to make in the moment.

**VIRGO** (Aug. 23-Sept. 22). It’s not that people are willfully working at cross-purposes to your own. They just happen to be traveling the same road, coming from the opposite direction and headed to where you’ve already been. Nothing is inevitable about this. You don’t have to crash, scrape or stall in impasse. Stay alert. Grace is possible.

**LIBRA** (Sept. 23-Oct. 23). Your confidence is below what it could be, considering all you’ve accomplished to get where you are. Often, posturing is irrelevant to your dealings, but this week, swagger matters. A little ego goes a long way. Showing you know your value will bring to you the reward you deserve.

**SCORPIO** (Oct. 24-Nov. 21). Probably, you cannot change how you feel, but you can change what comes next -- namely,

your behavior. Automatic reactions can be curbed, retrained, approached differently. Different courses of action are considered and new habits formed. That’s what you’ll work on, and be tremendously successful in, this week.

**SAGITTARIUS** (Nov. 22-Dec. 21). The first time you talk to a potential (fill in the blank, friend/boss/client/partner) it’s going to be both thrilling and nerve-wracking. Because you’re willing to bear that type of adrenaline surge, all kinds of opportunities will open up for you, most notably, the chance to dive into a powerful attraction.

**CAPRICORN** (Dec. 22-Jan. 19). The obvious points of contention will be a gift. Once you understand where the disagreement lies, you can get creative. You’re not fighting against each other so much as the rigid perspectives that keep you gridlocked. What happens when you assume you are on the same side?

**AQUARIUS** (Jan. 20-Feb. 18). You want to set things right, but how should you approach it? Resolve inner conflict, and you’ll create peace with others. Or, seek peace with others, and something will click internally for you to create a sense of calm acceptance. Any way you go, you’ll get there, so the only way to go wrong is not to go at all.

**PISCES** (Feb. 19-March 20). The fictional story ends with a happily-ever-after. The real story is a series of happily-momentarily scenarios, between interludes of normal life, contentedness, neutrality and, here’s hoping, not too many plunges into darker tones. Keeping reasonable expectations of relationships will help matters enormously this week.

**THIS WEEK’S BIRTHDAYS:** This age will bring you bright insights and subsequent plot changes as you follow new creative visions into a different style of being. In many ways, you are lighter, taking many things less seriously, though doubling down on the importance of things like family, physical health and doing what’s necessary to make your life easier and more productive. Family additions, possibly in pet form, and the expansion of personal assets will be features of 2021.

Write Holiday Mathis at [HolidayMathis.com](http://HolidayMathis.com).  
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## SUDOKU

2	8			1			4	7
	6			4				
		7	5			8		
		1			6		8	
7	9		1		8		6	4
	3		2			9		
		3			5	1		
				3			5	
5	7			2			9	3

### HOW TO PLAY

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.



1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
	23						24				25	26	27	
				28		29	30		31		32			
33	34	35		36			37	38		39				
40			41					42	43					
44						45					46			
47				48	49			50			51			
52				53		54	55			56		57	58	
				59				60	61					62
63	64	65				66				67				
68						69				70				
71						72				73				

## CROSSWORD

1	2	3		4	5	6	7		8	9	10
11					12				13		
14					15				16		
			17	18					19		
20	21					22	23				
24					25	26			27	28	29
30					31				32		
				33					34		
35	36	37				38	39				
40					41	42			43	44	45
46					47				48		
49					50				51		

### Across

- Crater
- Derive, with "from"
- C.F.O.'s deg., perhaps
- Be incorrect
- Specialty
- Ready for action
- Rap sheet letters
- Weight measurement
- Like a bass voice
- Between tenor and mezzo-suprano
- College grad. school
- Tooth that won't bite
- Out of the ordinary
- Large open vessel for liquids
- Thanksgiving finale
- Strong coffee
- Masterpiece
- Pitied

### Down Cont.

- Sitter's headache
- Ordnance item, for short
- Muzzle
- Tall runner
- PC program
- Strung souvenir
- Crown
- 1960s-'70s ice ace

- Creole vegetable

- Eager
- Annoying problem
- Attorneys' org
- Fulfilled
- "The Lion King" sound effect
- Scratch
- It might make you sweat
- Rabbit fur
- It's kept in a pen

### Down

- Word with soup or shooter
- Bother
- Speak ill of
- Sushi bar beverage
- Alarm activator
- Scale-less fish
- Little Red Book author
- Fertilizer

- Wranglers alternative
- Philosophy
- Powerful wave
- Exhaust
- Physique, informally
- Before, for a poet
- Flit (about)
- Electrical resistance units



Answers on P13

## THE TOUGHIE

by Myles Mellor

Answers on P19

### Across

- Kind of cat
- Pool exercise
- Skater Lipinski and others
- Side squared, for a square
- Map or diagram
- Poem of lament
- Severed
- "\_\_\_ life!"
- Append
- Cuban imports
- Modify
- Workplace safety org.
- Onetime Jeep mfr.
- Rules on plays

- Weather map feature
- There are some big \_\_\_ with this project
- Tons
- Slangy denial
- It runs through California
- Ravel's "Gaspard de la \_\_\_"
- Maria Callas songs
- Titleist supporter
- Recorded
- Army training group
- Prof. helpers
- Theater box
- Leak

- Desserts
- Home run hitter
- "All right now" singers
- Lucy Montgomery character
- Attack
- Garrison
- University head
- Pre-Revolution leaders
- Lord of the Rings singer
- Secy.

### Down

- Algebra or trig
- Clamorous

- Courage
- Kubla Khan's region
- Org. for Annika Sorenstam
- Actor Guinness or Baldwin
- Place for a barbecue
- Hurdles
- Bright fish
- Regrettably
- Coffee order, abbr.
- Way back when
- Dict. listing
- "\_\_\_ is an island . . .": Donne
- Yellowfin tuna

- "\_\_\_ you" Mary J. Blige
- Syrup tree
- Greek Island
- College degree
- "Buona \_\_\_" (Italian greeting)
- "Not \_\_\_ bet!"
- Playground retort
- It's a part of life
- Foul moods
- \_\_\_ Lingus (Irish airline)
- Couple
- "Now \_\_\_ theater near you!"

- \_\_\_ Paulo, Brazil
- Camera setting
- Double agents
- Ages and ages
- Rum drink
- Blooper
- 2001 scandal subject
- Web mags
- Old lab heaters
- Big pig
- Eagle's roost
- "\_\_\_ good example"
- Posted a letter
- Pop \_\_\_
- Hung. neighbor
- Genetic info carrier



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### SUDOKU ANSWERS

2	8	5	9	1	3	6	4	7
3	6	9	8	4	7	5	2	1
1	4	7	5	6	2	8	3	9
4	5	1	3	9	6	7	8	2
7	9	2	1	5	8	3	6	4
8	3	6	2	7	4	9	1	5
9	2	3	4	8	5	1	7	6
6	1	4	7	3	9	2	5	8
5	7	8	6	2	1	4	9	3

### CROSSWORD ANSWERS

1	P	I	T	4	S	T	E	M	8	M	B	A
11	E	R	R	12	A	R	E	A	13	A	R	M
14	A	K	A	15	K	I	L	O	16	G	R	A
17	D	E	E	P	18	A	L	T	O			
20	A	L	U	M	22	C	O	G				
24	P	E	C	U	L	I	A	R	27	T	U	B
30	P	I	E	31	E	S	P	R	32	E	S	S
35	O	K	R	A	37	G	E	M	38	R	U	E
40	H	E	A	D	41	A	C	H	E	43	A	B
44	M	E	T	47	R	O	A	R	48	M	A	R
49	S	P	A	50	C	O	N	Y	51	I	N	K

### TOUGHIE ANSWERS

1	M	A	N	X	14	L	A	P	S	15	T	A	R	A	S
11	A	R	E	A	12	P	L	A	N	13	E	L	E	G	Y
14	T	O	R	N	15	G	E	T	A	16	T	A	G	O	N
17	H	A	V	A	18	N	A	C	I	19	G	A	R	S	
20	R	E	D	O	21	C	O	S	H	22	A	M	I	C	
23	U	M	P	24	S					25	S	O	B	A	R
26	S	A	N	A	27	A	H	E	28	P	N	O	P	E	
29	N	U	I	T	30	A	R	I	31	A	S	T	E	E	
32	O	N	T	A	33	P	E	34	R	O	T	C			
35	A	S	L	O	36	G	E	37	O	O	Z	E			
38	B	A	N	A	39	N	A	S	40	P	L	I	T	S	
41	A	R	O	N	42	F	R	E	43	A	N	N	E		
44	R	U	N	A	45	T	F	O	46	R	T	D	E	A	N
47	T	S	A	R	48	S	E	N	49	Y	A	A	S	S	T

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MON-FRI. Sept 28 - Oct 2, **BCCRN's Week of the Older Person Workshop Series:** from 10AM-12PM. Informative topics daily: Falls & Injury Prevention, Why preventative Health Matters, Protecting yourself against COVID, Elder abuse awareness, & Sleep to better health. Email or call Jana for the registration link, or for more information. [jana@rvcsbc.org](mailto:jana@rvcsbc.org) or 250-569-2266. Please indicate if you are interested in joining from your home computer, or would prefer to take part in a small group.

VALEMOUNT

SAT/SUN Oct. 24 & 25 - **CORE Hunter Training** - Cost: \$220.00 + GST = \$231.00. Please call 250 566 4601 to register Valemount Learning Center.

SAT. Sept 19: —**Trivia night at the Valemount Legion** more details to follow

SAT. Oct 3:—Outdoor Flea Market at the Valemount Legion (COVID protocols in place) Call Kerry 250.566.9945 for more information or to book your table

Oct 24: **3rd Annual Oktoberfest at the Valemount Legion** more details to follow.

FRIs **Valemount Family Place-** (0-5 years with their caregiver) is now in-person for the month of September, not on Zoom. Call 1-844-324-2004 to attend new and exciting themes each week in both communities. Social distancing protocols will be enforced.

SUNs, ongoing, **Pancake Breakfast** has returned to the Valemount Legion! 8am-11am. By donation. Social distancing and COVID-10 protocols in place.

## Myggland... Cont'd from A1

Kallos said a military directive CANFORGEN 016/18 (short for Canadian Forces General Message) put the matter in black and white.

“To ensure that Canadian Armed Forces reflects the Canadian ideals of diversity, respect and inclusion, and that it provides a workplace free from harassment and discrimination, the following conduct is prohibited [...] participation in an activity of, or membership in, a group or organisation that a CAF member knows, or ought to know [...] promotes hatred, violence, discrimination or harassment...”

Prohibited activities include those related to groups that a CAF member knows, or ought to know, promote racism, sexism, misogyny, violence, xenophobia, homophobia, ableism and discriminatory views with respect to particular religions or faiths...

CAF members shall ensure that their online activity, whether on - or off - duty, does not reflect discredit on the CAF [...] It would be prohibited for a CAF member to post anything on a social media site of an organization that is known to promote discriminatory views”

A CBC story brought Myggland's affiliations to light and now the chain of command is following up.

“The reason they are investigating right now is to conduct a summary investigation into why it took so long to get the administration caught up with Mr. Myggland. We're looking deeper into the circumstances of the unit and what's happening out there,” said Kallos, from his office in Edmonton. “Being online, wearing the patches. It is unacceptable. It is black and white. If in doubt, a member is expected to seek guidance.”

Kallos doesn't have a list of organizations that forces are forbidden to join.

The organizations in question are notorious in other jurisdictions for spreading hate and sometimes turning that to action.

In 2017, a 23-year-old Oklahoma man plotted a vehicle bomb attack on a bank in downtown Oklahoma City, and later said he subscribed to “III% ideology.”

In 2018, three men were arrested in connection with the bombing of the Dar Al-Farooq Islamic Center in Bloomington, Minnesota. The bombing was non-lethal. One of men involved, former sheriff's deputy Michael B. Hari, had connections to the Three Percenters.

In an interview with the Goat, Myggland said he was asked by his commanding officer to meet with the Canadian Armed Forces Counterintelligence Unit.

MCBRIDE

WED. **McBride Family Place-** (0-5 years with their caregiver) is now in-person for the month of September, not on Zoom. Call 1-844-324-2004 to attend new and exciting themes each week in both communities. Social distancing protocols will be enforced.

- Sept 23 -Weather. Mud pie kits and Rainbow coffee filters

- Sept 30 - Orange Shirt Day. Wear orange! Read along with Char and talk about why we recognize this day

SAT Sept 26th, 11 to 4. Join us for the first ever **Dome Creek Fall Market** Located at both the hall and rec

DOMECREEK

centre, we will have new and used yard sale items, fresh veggies and eggs, home baking, crafts, Watkins, Epicure, and more. Tacos-in-a-bag and pop available for purchase. Epicure fund-raiser for our McBride neighbours affected by the mud-slide (contact Robin Levant for more info.) We are looking for more vendors! If you'd like to set up a table, please contact Kaitlyn Svistovski (on FB) or Laura Trimble (at [latrimble@outlook.com](mailto:latrimble@outlook.com)).

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collecting Dunster Stories & Such for our Fundraiser Book. We would love you to share your Dunster Memories! Email submissions to [gridless@hotmail.com](mailto:gridless@hotmail.com)

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Myggland categorically denies the Three Percenters of BC was racist while he was organizing.

“If I wanted to be in a hate group, they exist. I don't do that,” he said. “I have not done anything unethical. I'm not racist or hateful.”

Jason Devine of Anti Racist Action based in Calgary called the Soldiers of Odin proto-facist.

“The essence of facism isn't tied to any one symbol, it's the logic of the actions,” said Devine. “They are actively involved in anti-immigration policies. There is no way around it.”

“If Myggland was at any time involved in the Three Percenters, these are people that are literally preparing for a war. People in this militia movement see the state as failing them and that the white community is under attack and the idea is we have to arm ourselves and be ready.”

“When you have it in your mind you are out to save the world and it depends on you, it's a heady, toxic mix.”

Devine doesn't doubt that Myggland censured and expelled egregious racists from these groups. He said even neo-Nazi groups go through purges.

“You just got rid of [those] who didn't know how to speak in coded language,” he said. “You might tell off-colour jokes with your closest peers, but if you can't reign it in at the right place and right time...”

Evan Balford, executive director of the Canadian Anti-Hate Network said that the Three Percenters is explicitly anti-muslim in words and action.

Balford reports that US members of the Three Percenters said the group got their start defending anti-Muslim rallies and marches.

Myggland said that any group that allies itself on the right is labelled 'alt-right' and neo-Nazi, but Balford said this is categorically wrong.

“There are plenty of other right wing gun groups. Whatever people's feelings are when it comes to us as an organization, we only care about groups that have demonstrated they spread hate,” he said.

“If a new organization wanted to practice with shotguns and learn how to freeze dry goods, we have no problem with that. What we have trouble with is xenophobia.”

While Devine and Balford had information about the threats posed and actions taken by the Soldiers of Odin and the Three Percenters, neither had specific data on Myggland.



# Province outlines reasons to get **flu shot** this fall



Photo from Pixabay

By FRAN YANOR / LEGISLATIVE REPORTER

B.C.'s Provincial Health Officer is encouraging everyone over six months old to get a flu shot, which she described as safe and effective.

"We all want to stay healthy during this coming season, more so than ever," said Dr. Bonnie Henry. "This year in particular, we want everybody in the population to consider getting the influenza vaccine."

Initially, symptoms of influenza can be similar to those of COVID-19 and getting immunized will help distinguish between the two.

"So that we're not having to go get tested, trying to figure out what it is," Henry said.

Getting a shot will also help reduce the burden on the healthcare system.

"Influenza can exacerbate some of those other conditions we have," said Henry. "We know influenza makes younger people and older people and more severely ill and can lead to

hospitalization."

Last year, several strains of influenza circulated, including one that affected the very young and another that was particularly hard on older people, she said.

## Flu campaign

Influenza season generally begins in Canada about October and peaks in December and January. Every year, the Province launches a fall flu campaign encouraging people to get immunized. This year there is added urgency, and an extra \$374 million to cover enhanced public health measures and an expanded vaccine campaign.

"Our fall influenza campaign is going to be on a scale that we have not yet seen," said Henry. The government ordered an extra 450,000 shots and will have more than 2 million vaccines for British Columbians during the 2020-21 influenza season.

Because people living in the Southern Hemisphere experience influenza before those in northern countries, their

outcomes can often be an indicator of what's to come for Canadians. This year, those in the south were the first to live through a combined season of COVID-19 and influenza. The results seem to indicate that stringent public health measures work.

"They had a relatively mild season," said Henry. "Partly we think that's because their immunization rates were very high and partly it's because of the circulating strains that they received."

In addition, public health measures that work for COVID-19 also help protect against other respiratory diseases like influenza, Henry said. "We need to continue doing the things that we're doing," she said. "Like washing our hands, covering our mouths, and staying home when we're sick."

## Vaccines

Vaccines will be provided to physicians and pharmacists and will be available at public health clinics and a variety of healthcare settings.

On top of the 2 million

regular flu vaccines, an additional 45,000 higher dose flu shots, called Fluzone-High Dose, will be available for residents of long-term care and assisted living facilities. Fluzone is specially formulated to protect people over 65 from influenza.

When asked if he intended to get a flu shot this year, Premier John Horgan was emphatic. "Absolutely. I have been getting a flu shot every year since I became a certain age," he said.

Last year, Henry and Horgan got their shots together. "I don't know if your dance card's filled, Dr. Henry?" Horgan said, turning towards the Provincial Health Officer who was standing off-camera. "Maybe we'll do it again."

Presumably Henry didn't shut him down.

Horgan continued. "I fully intend on not only getting an influenza vaccination, but encouraging as many people as possible to join me."

*Fran Yanor/ Local Journalism Initiative  
Fran@thgoatnews.ca*

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# 7,000 **new jobs** in long-term care

By FRAN YANOR / LEGISLATIVE REPORTER

A new recruitment and training program will hire 7,000 workers for the long-term care and assisted living sectors, the B.C. government announced Sept. 9.

The additional staff will help keep residents safer and facilitate more visits between family and seniors in residential care, the Province said.

"Fundamentally, that's what the plan is about," said Health Minister Adrian Dix.

About 2,000 people will be hired to work with infection prevention and control specialists to enhance care, conduct COVID-19 screenings and ensure best practices for residents of long-term care and assisted living facilities, said Deputy Minister of Health Stephen Brown.

The government will also fund a Health Career Access Program to hire and train 5,000 additional health care aides, cleaning and food service staff beginning in October-November.

The additional staff are intended to increase capacity and support 'best practices' in the long-term care and assisted living sectors, Brown said.

"The staff working there have done an absolutely incredible job over the past few months," said Brown. "We're working with them to look at how we can support... best practice in the care of the residents."

## Learn on the job

Working with the health authorities and private sector operators, the \$44 million Health Career

Access Program will allow people to train and learn on the job, and be fully qualified care aides within 12 to 18 months.

"Training will be paid for by the Province as an incentive for individuals to think about a long-term career in this important sector," said Brown.

After months of lockdown in seniors' residential facilities in the spring when residents weren't allowed any visitors, public health began allowing one visit per resident, per week, beginning June 30.

The first changes to visitation were modest to ensure facility staff were able to manage visits without a spread of infection, said Dix. "I think care homes have managed the visitation policy very well."

But the pandemic will be with us for another year, said Dix. The additional resources are intended to provide a higher level of support for residents in the meantime. The jobs training program will ease pressure off existing staff who have taken on extra duties, such as those related to infection control measures, and visitor and staff health screenings. All of which should allow more visits to residents while maintaining public health protocols, helping to normalize life within long-term care during an abnormal time.

"It's not just a question of protecting people from infection – whatever that infection may be – but also allowing people to live well," said Dix. "That's part of what increasing staffing will do."

*Fran Yanor/ Local Journalism Initiative / Rocky Mountain Goat / Fran@thgoatnews.ca*

## ROBSON VALLEY COMMUNITY SERVICES

### SEPTEMBER PROGRAMMING

Some events are delivered via ZOOM. To join, please email [events@rvcsbc.org](mailto:events@rvcsbc.org) or call 1-844-324-2004 to obtain the ZOOM link and password.

#### FAMILY PLACE

Join us outdoors and enjoy stories, songs, interactive games to do with your kids. New theme each week. Wednesdays in McBride & Fridays in Valemount from 9am-12pm.

#### ORANGE SHIRT DAY

In light of truth and reconciliation, Orange Shirt Day brings awareness and education of the Canadian Residential Schools. Keep an eye out for recognition events the last week of September.

#### PEMMICAN MAKING

Watch our website and social media pages for upcoming video on pemmican, a traditional food of indigenous people.

#### WEEK OF OLDER PERSONS WORKSHOP SERIES

Sept 28: Falls & Injury Prevention  
Sept 29: Prevention Health Matters  
Sept 30: Protecting Yourself Against Covid  
Oct 1: Elder Abuse Awareness  
Oct 2: Sleep to Better Health  
Call Sheri for Valemount at 250-566-9107 or Jana for McBride at 250-569-2266 to sign up for any of these Zoom workshops. We may be able to accommodate in-person viewing.

#### ADULT LEARNING ASSISTANCE

Need help with navigating adult learning platforms or beginning your online education? Call Jill at 250-566-9107 or email [jill@rvcsbc.org](mailto:jill@rvcsbc.org).

#### HARVEST TIME

Join RVCS staff in the Valemount Community Garden located behind the highschool where you can help yourself to the bounty of produce. Wednesdays 12pm-2pm





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